SEPTEMBER

Rose Clippings

PRESBYTERIAN CHURCH OF THE ROSES *Reaching Out with Nurturing Love to All*



Boomers Picnic at Rincon Valley Community Park "There were 15 of us and we had a wonderful time catching up on what we did over the summer and/or during the Pandemic. We are all anxious to resume church activities (following Covid safety protocol) and looking forward to September's Boomers Planning Meeting." - Lindsay Olsen



Deacons helping at Redwood Empire Food Bank on the First Fridays. SIGN UP TO HELP! See more on page 10.

Rose Clippings Newsletter Vol. 59, No.7 (707) 542-4272, office@churchoftheroses.org

OUTDOOR CHURCH SERVICES Sundays @ 10 am ZOOM & Livestreamed on Facebook and <u>www.churchoftheroses.org</u>

<u>Please check the weekly email for updates</u> <u>as restrictions may change.</u>

Join our Friday mailing list—email office@churchoftheroses.org

Listen to Pastor Cindy's Sermons on KSRO 103.5 FM. Sundays 6:30 am-7 am or on



https://www.ksro.com/show/presbyterian-church-of-the-roses/

SEPTEMBER CALENDAR

9/03_Helping at REFB
9/04_SACRED SPACE @ 5 PM in the Rose Room
9/06_Labor Day Holiday (no MHS Breakfast)
9/09_Choir and Bells practice resumes
9/15_Soul Feast Lectio Divina Zoom Class begins
9/19_Pedal for Protein Ride
9/21_PW Bible Study by Zoom
9/25_Boomers Planning Meeting & Potluck 1 pm
9/26_PCOR Players Drama
10/01_Helping at REFB
10/02_SACRED SPACE @ 5 PM in the Rose RM. Tuesdays Seniors Exercise Class 10:30 am

PARENT NIGHT OUT IS CANCELED



By Rev. Dr. Cindy Alloway

Now that is a depressing quote by Ben Franklin isn't it? He also came up with the saying: "A penny saved is a penny earned!" And "Time is money." But this one about death and taxes is his most famous of all his "Franklin Proverbs."

According to the Constitution Daily, a blog from the National Constitution Center, the context of the quote is from a letter that Ben Franklin wrote to his friend, French scientist Jean-Baptiste Le Roy, "Our new Constitution is now established, everything seems to promise it will be durable; but, in this world, **nothing is certain except death and taxes,"....**

Then he concluded with a note about acceptance of his mortality: "My health continues much as it has been for some time, except that I grow thinner and weaker so that I cannot expect to hold out much longer."

We are more aware of our own mortality these days, too. The pandemic is stretching into its second year. We are losing more friends and loved ones to Covid 19. Our way of life is still altered in major ways. Life continues to feel uncertain. Underneath it all is a sense of loss of the way things used to be.

Accepting our losses will help us cope with the daily struggles in this era. Loss of jobs. Loss of friendships. Loss of freedom to travel. Loss of a sense of security in our health and financial future. The emotional toll of the loss of "normal life" affects our wellbeing.

How do we deal with chronic loss? We can learn from those who deal with chronic illnesses.

The following excerpt is from an article titled: <u>Grieving Your Losses</u> by Bruce Campbell (who provides therapy for people with chronic fatigue syndrome). These suggestions also help those grieving losses brought on by the pandemic.

STRATEGIES FOR MOVING THROUGH GRIEF

Illness brings loss, which takes some time to process. What can help you move through your time of grief?

First, recognize that you are grieving: Feel the emotions, the sadness. Try to understand what specific losses you are experiencing. Then pray and seek ways to make your daily living feel better.

Keep structure in your life: Having a routine provides a sense of stability and familiarity, counteracting the feelings of disorientation and uncertainty brought by loss. Writer Gail Cassidy suggests that routine also offers a distraction from loss. "Do not make any unnecessary major changes in your life during times of loss, as they can further add to the existing instability and anxiety."

Avoid stress: Having to adjust to the many changes brought by illness is traumatic. In a situation in which you are already overloaded emotionally, it's best to avoid people and situations that add more stress. Gail Cassidy suggests you "stay away from negative people and situations that trigger negative emotions."

Acknowledge loss: Some people report they found it useful to make a public declaration of loss. One person wrote a Christmas letter to friends to explain why they hadn't heard from him. The letter said, in part: "I am sobered by the realization that I will have to adjust to living a life with greater limits than before." He

reports writing the letter helped him accept his limits and, paradoxically, increased his resolve to improve.

Respond positively to self-pity: Almost everyone with chronic illness occasionally feels sorry for themselves. It is normal to have a brief "pity party." Here are five ideas for dealing with self-pity:

- Recognize self-pity is a part of serious illness: Just as symptoms wax and wane, so do emotions. Acknowledging that self-pity is happening can take some of its power away.
- Predict good coping. You might say something like: "I'm feeling sorry for myself." Then say something consoling like: "I've felt this way before and it's always blown over, so I trust it won't last this time either."
- Rest: Strong emotions are sometimes triggered by fatigue and other symptoms. In those instances, rest may help alleviate both physical symptoms and emotions.
- Connect with others: Reach out via phone, email or in-person contact. Sometimes just being in touch can change a mood.
- Help others: Shift your attention off yourself onto what you can do for your family, friends or others beyond your life.

Going to church and getting more involved in activities that are positive and helpful to others helps to overcome a sense of loss.

Join a church committee! Buildings and Grounds (Gary Smith), Membership (Kim Seamans), Fellowship (Deborah Baker), Adult Education (Linda Burille), the Children's ministry (Diane Osten), and the Church & World committee (Norm Smith) all need more members to expand the good work they are doing in the church and beyond.

Please consider joining a committee by calling the elder in charge to find out how you can help. These committees often become like a small support group for the members. We are here for each other in many ways and getting together to serve the church is a great way to deal with the losses inherent in life during a pandemic. Look for new ways to find the light in the darkness of loss. Trust God is near.

"Truly, it is in darkness that one finds the light, so when we are in sorrow, then this light is nearest of all to us." (Meister Eckhart)

FABRICS FOR WORLD COMMUNION SUNDAY

World Communion Sunday is Oct 3. Help us to decorate our Communion Table with beautiful fabrics you have collected on your travels.

Bring the fabric

pieces you would like to display to the office by Tuesday, Sep. 28. Be sure to safety pin a tag with your name to a corner of the fabric. You may collect your fabric after worship Oct. 3.

Help us make a rainbow of colors to celebrate the diversity of this world.



SESSION ACTIONS

The August 24, 2021 Session meeting was a full and productive one. In addition to the COVID-19 mandates approved (see the Reopening Committee's article for more information), we took some further notable actions.

First of all, Session approved a muchdeserved raise for our Office Administrator, Ruth Canniff. In addition to all of her "regular" duties such as handling the phone, greeting visitors during office hours, typing all of the bulletins, keeping our website updated, managing the church calendar, and editing the monthly Rose Clippings, Ruth is now overseeing the food/ purchasing supplies for the Montgomery H.S. Breakfast Program, and she is also now our Facilities We are indeed Whew! Manager. blessed to have such a dedicated and talented person on our staff.

The Membership Committee has been working for months on a new sign for our front lawn and were pleased to be in a position to present a final product Session; unanimously to it was approved. Thanks to generous contributions from several members, most of the cost is being covered. Watch for the bright new look soon.

Session approved new members, Ellen Bowen and Leticia Outah by reaffirmation of faith and approved the baptism of Leticia Outah, Mia Outah and Elijah Outah on Sunday, 9-19-21.

PCOR REOPENING COMMITTEE NEWS

The COVID-19 virus and variants have provided information and situations that change daily.

The Reopening Task Force continues to meet weekly to assimilate the latest information and determine how to proceed for the health and safety of the congregation and groups that use our facility.

On August 24 the Session voted and adopted the following.

To mandate that all church employees be vaccinated for COVID-19, and if not vaccinated, to submit proof of COVID-19 PCR tests weekly.

To mandate that all volunteers involved with interpersonal interaction with children, youth, seniors or vulnerable populations shall be masked and vaccinated for COVID-19. If not vaccinated, the volunteers shall show proof of a negative PCR test administered within 72 hours prior to volunteer activity. Masking shall be in accordance with Sonoma County Public Health guidelines.

We are happy to report that our pastors, office staff, Children's Program Coordinator, and custodian are all vaccinated, as are all Montgomery High School breakfast volunteers and Sunday School volunteers.

The following website is recommended to find current COVID-19 information and answers to frequently asked questions. <u>https://socoemergency.org/</u><u>emergency/novel-coronavirus/testing-and-tracing/</u>

There is also a listing for all the COVID-19 testing sites around Sonoma County. It is recommended that appointments be made for testing.

Beginning Saturday September 4, and every Saturday following, there will be a **pop-up COVID-19 testing site** at Knox Presbyterian Church 1650 W 3rd St Santa Rosa, CA 95401 between the hours of 8 AM- 5 PM. Appointments are highly recommended, call 888-634-1123.

The Sonoma County Hotline is 707-565-4667 Monday – Friday from 8:00 AM – 5:00 PM.

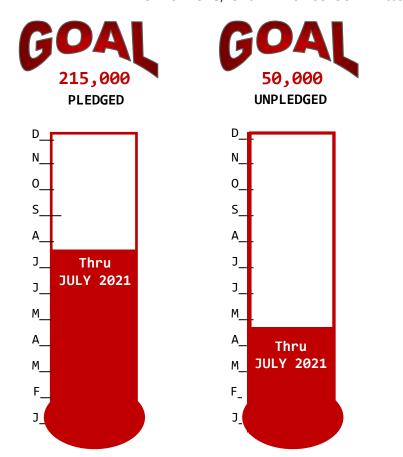
Spanish only line is 707565-4901.

FINANCE

No news is often good news! Well....nothing is going on in finance! We're through 7 months of our year and tracking very close to expected revenue which is lower than we'd like but it was anticipated and budgeted with the expectation that inperson worship would be slow to come back this year. We believe in-person worship drives unpledged revenue in that you make donations into the basket when at church for service but less so when you're not going to church. This we think explains why we are materially behind revenue expectation from unpledged giving.

You might remember the budget reflected a \$50,000+ loss for the year. But, baring a catastrophe, I'm reasonably confident that our annual results won't reach that primarily because we are holding down expenses. Example, total expenses through July 2020 \$204,336 total expenses through July 2021 \$164,142. Our loss through July stands at \$1,893 vs a budgeted expectation of \$28,684! Thank you expense control!!

As always, if you have any question about our finances or need help in setting up planned estate gifts to the church or how to shelter taxable distributions from your IRA give me a call. Chris Nelle, Chair Finance Committee



ROSEBUD PRESCHOOL

We are three weeks into our fall session. We started the year with 5 four year old's, 14 three year old's, and 7 two year old's. We are figuring out the rhythms of this new group of kids. Later in the fall, we will add four additional two year old's bringing our total enrollment to 30 children - 24 a day. This allows us to keep a teacher child ratio of 1 to 6. This ratio is particularly important this year.

We are working with children many of whom did not have much social interaction beyond their families for the last year and a half.

We are also happy to announce that we have found a new director. Karen Arena will join the school on September 20th. She has been a director at a larger school in Rohnert Park and was looking to reduce her hours to spend more time with her two year old son. She liked what she saw at Rosebud and the School Board agreed that she will be a good fit with the Rosebud staff and program.

Susan will stay until the end of September to help with a smooth transition and will then be available afterwards for any questions that arise.

Susan Jenkins, Director

CHURCH & WORLD

According to UNICEF. A <u>magnitude 7.2</u> <u>earthquake struck southwestern Haiti</u> on Saturday morning, August 14, 2021. The quake was felt in the nation's capital, Port-au-Prince, but the epicenter was detected about 80 miles west near Saint-Louis-du-Sud.

Serious damage, injuries and casualties have been reported in the Grand'Anse, Sud and Nippes departments, affecting an estimated 1.2 million people, including 540,000 children. At least 1,900 have died and more than 9,900 were injured, according to Haiti's civil protection service. Many are still missing. More than 115,000 houses have been damaged or destroyed, along with public infrastructure, including hospitals, schools and bridges.

Your Church and World committee has set up a "Haiti EQ Relief Fund" to offer financial help to earthquake victims in Haiti. Session approved this action Aug 24th.

The moment for mission was highlighted in August by Pastor Cindy. We hope to raise \$1,000 so we can issue a check to Partners in Health, (<u>www.pih.org</u>). As the largest nongovernmental healthcare provider in Haiti, PIH



Earthquake: Your Urgent Support Needed

deploying staff and supplies, and providing trauma and emergency care. PIH was created and is run by Dr. Paul Farmer, author of the Pulitzer Prize winning book about <u>Haiti: Mountains Beyond</u> <u>Mountains.</u>

We are asking for donations to be made payable to Church of The Roses during the month of Sept with a note "Haiti EQ Relief Fund".

On behalf of your Church and World Committee and the Haiti EQ Victims - Thank you in advance for your generosity and kindness.

Norm Smith, Chair Church & World Committee

MUSIC

Greetings and a very happy September to all. I am sure that we are all very excited about football season beginning this month, but even better is the beginning of our choir season. That's right! Both our Chancel Choir (7:15 pm) and Bellissimo (6:00 pm) begin rehearsals on September 9th and will soon be enhancing our worship services with their dulcet tones.

You are cordially invited to join one or both of our ensembles and help us "Make a Joyful Noise to the Lord"!!

CHRISTIAN EDUCATION



ADULT BIBLE STUDY COMING SOON.

We will be resuming our study of the New Testament with Professor David Brakke, The Ohio State University, in October.

Starting on Monday, 10/4 at 7:00 PM, we will pick up for 7 sessions on the Gospels. As we have with our last class, this will be a combination of in-person in the Rose Room and Zoom, for those of you who would prefer to stay at home. Each session is ½ hour video and ½ hour of group discussion, which is always lively, as we seek new insight on the scriptures.

Please add us to your calendar, and we hope to see you then.

OFFICE HOURS

The office is open on <u>Tuesdays and Wednesdays</u> <u>from 9 am to 3 pm</u>



WORSHIP COMMITTEE

Fall is approaching. The leaves are starting to turn. The nights are getting cooler. Time moves forward. But that also means:

- Sacred Space will be filling your soul on Sep. 4
- Communion Celebration on Sep. 5
- Chancel Choir tunes in on Sep. 12
- Bellissimo will soon be ringing their way in
- The new PCOR Players are rehearsing for their debut on Sep. 26

So much going on!

So whether we are worshipping outdoors or in, the faithful folk on the Worship Committee have you covered. A BIG thank you to the committee members who make this all happen. You are Rock Stars!!

SCRIPTURES AND SERMONS

September 5th (communion Sunday) Scripture readings: Psalm 146 and James 2: 1-10, 14-17..

Sermon: Is your Faith Dead?

September 12th Scripture readings: Psalm 19 and Mark 8:27-38 Sermon: Taking Risks to Save Lives

September 19th - Baptism Sunday Scripture readings Psalm 54 and Mark 9:30-37 Sermon: Giving Up Your Place

September 26th Scripture readings: Luke 17: 11-17 Dramatic reading by Drama troupe. Sermon: Showing Gratitude Is Hard

DEACONS

Here it is the September already. For the past 12 months the Fellowship Committee has prepared Joy Bags and delivered them. The follow-up calls by the Deacons have been interesting and rewarding. The cookies by Diane have been mentioned in almost every call. Thanks to the Fellowship Committee for all the love and effort to keep our congregation connected.

On August 28th the Deacons hosted the reception for Gwen Christiansen's memorial service. It was an inspiring service honoring Gwen, who had been an active member of the church for so many years. In addition to the crew in the picture, Diana Anderson and Robert Osborne joined for clean-up.



We have delivered granola bars and fruit to the Boys and Girls club, across the street for the summer program that is in session. This will continue throughout the school year. We will be talking with the Director to see if there are other ways our congregation can be of assistance to their program.

Everything we deliver is greatly appreciated.

On Friday, August 6th from 2-4 several of the Deacons along with Diane Osten volunteered at the Redwood Food Bank. This month we sat and tied knots in the mess bags. In September, we



will probably fill them with apples, carrots, onions or maybe celery. We never know where we will be assigned.

Please consider helping REFB with the Deacons on Friday September 3rd, October 1st, November 5th or December 3rd. It is only 2 hours and we have a good time. The food bank would like volunteers to register in advance (it is an easy program). <u>https://refb.volunteerhub.com/show</u>.

Barb Basham, Moderator

AMAZON GIVES! IF YOU'RE SHOPPING ON AMAZON GO TO AMAZON.SMILE AND CHOOSE US AS YOUR CHARITY! At check out, always make sure that you



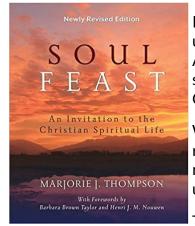
Parent Night Out has been canceled due to concerns about Covid.

We continue to offer activity tables at Sunday worship!

Does God really speak to me? Does Jesus' gift of the Holy Spirit apply to Christians today? How do I learn to listen to God?

"SOUL FEAST" LECTIO DIVINA ZOOM CLASS

A new class will be offered in September in which we will explore these questions as we discover our Spiritual Journey. Our spiritual journey is discovering our true identity with God with the help and grace of the Holy Spirit for the sake of the World.



Reviewing simple prayer practices, we will progress to listening to God's Word for us through a practice called Lectio Divina, which means Sacred or Divine Reading. Another fun creative way of praying is to imagine ourselves as a character in a specific scripture passage. This will lead us to explore other ways of responding to God through movement, poetry, art, and music.

We will contemplate how God may be leading us to discover new gifts and ways of responding and serving God in whatever situation we find ourselves in during these new and stressful realities of physical limitations, COVID, fires, drought and social unrest.

This class will be facilitated by Rev. Lynne Vandercook, Joanne Del Castillo, and

others. It will be offered on Zoom on Wednesday evenings, 7pm, with occasional times of meeting together as a group. This will allow those who are caretakers, home bound folk and those who do not like to drive at night to tune in and participate when possible.

You will need a Bible, a notebook for journaling and drawing. It is highly recommended that you have the book <u>Soul Feast</u>, the 3rd edition, by Marjorie Thompson. Please read the first chapter prior to the class. The book is available online. If you have any questions, please call Lynne at (530) 815-1065.

Watch for the Zoom link as we get closer to the start day of the class, Wednesday, Sept 15 at 7pm.

Joanne Del Castillo has received training at the Jesuit Retreat Center in Los Altos to accompany individuals or groups in the experience of The Spiritual Exercises of St Ignatius. She has been active in parish ministry for more than 40 years. She has been a Law Enforcement Chaplain and a Hospital Chaplain. She is married and has 3 children and 5 grandchildren.



Fall Gathering 2021 Saturday, October 16, 2021 9:30 to 11:30 a.m. on Zoom We are sorry to report that the in person PWP Fall Gathering planned at Church of the Roses is no longer possible because of Covid restrictions. The good news is that we can still worship together, talk about how we can keep PW alive during these difficult days and even get to see the author of our new Horizons Bible Study: What My Grandmothers Taught Me introducing the study live in her delightful Australian accent!

Our Treasurer Vicki Hautala will bring us up to date on our mission work. This is all possible through the wonders of

technology from the safety of your own home. Tune in with the ZOOM LINK below. Bring along your own coffee and goodies and join us. Join Zoom Meeting: <u>https://us02web.zoom.us/j/84868635608?pwd=TjcwelRHU2ovVjBpV0ljbmtlM3UzZz09</u>

PCOR PLAYERS



Church of the Roses is excited to announce we will be starting up a drama team, the PCOR Players, with the intention of offering a reading/skit/lesson interpretation during the worship service about once a month.

We would love to have you join our group!

To sign up email Joy Olsen (olsen@sonic.net) or Nita Pinney (pinney@sonic.net). We will be accepting requests for parts in our first production, to be performed on Sep. 26. Hope to be playing with you soon!

YOU'RE INVITED

Dismantling the Doctrine of Discovery & Exploring a Presbyterian Role in U.S. Boarding



Schools Saturday, Sept. 25, 2-4 pm on Zoom

Rev. Irvin Porter, Associate for Native American Intercultural Congregational Support Workshop Aims: Partner with Indigenous peoples, locally and nationally, to become more informed and proactively contribute toward God's peace and justice Understand and begin dismantling the Doctrine of Discovery, the religious framework used by the Church to justify the removal of Indigenous peoples from their lands, territories, and resources Explore the Boarding School Era and Presbyterian involvement

Please Register by September 20 with Pam Sommer at redwoodspresbytery@gmail.com



Coming up in September is our 2021 **Boomers Planning Meeting and International Pot Luck!**

Our theme is International / Share Your Ancestry with foods, stories and trivia. Costumes are optional, but please. . . . no French Maids!

Bring cool ideas for outings we can do and stay safe. Either outdoor and social distance or indoor following safety protocols of the establishment.

When: Saturday, Sept 25th, 2021 at 1:00 p.m.

Where: Joy and Lindsay Olsen's at 5220 Badger Rd in Rincon Valley. We will have standard paper plates, cups and plastic utensils - if something needs heated - I have a BBQ

What: Potluck with an International flair. Highlight your ancestry with a dish from your heritage. If you have an item that needs special attention, make sure to supply it (soup needs bowls/spoons, dips and spreads need crackers/bread, etc. plus a beverage of your choice.

Why: We need to plan our 2021/2022 calendar of activities that are Covid safe or allowable for indoor events for fully vaccinated people.

Please RSVP to Lindsay Olsen text: 707-515-9009 eMail at <u>olsenl2001@yahoo.com</u>

BOOMERS COVID REQUIREMENTS : All participating should fullv Boomers be vaccinated, wear a mask if required, and practice safe social distancing when needs call for it.

PRAYER REQUESTS

FOR THOSE WHO MOURN THE LOSS OF THEIR FAMILY AND FRIENDS

- * The family of Marilyn Hilen as they mourn her passing on August 12, 2021.
- * The family of Shirley Walton as they mourn her passing on July 7, 2021.
- * The family of Betsy Yeager as they mourn her passing on July 4, 2021.
- * The family of John Iodence as they mourn his passing on June 10, 2021.
- *The family of Luu Maxwell as they mourn her passing on May 7, 2021.

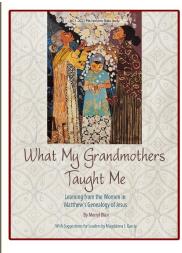
THOSE WITH HEALTH ISSUES

Bill Beaumont Dolores Borchers Patrick Butler **Tony Burille** Peggy Call Doreen Cowden Pat Currier **Dick Draper** Sam Gomes Michele Hare Phil Henry Janice Holmes Maryann Iodence Carolyn Kenworthy Margret Kram Vivian Mazeski Jessica Morse

Spencer Nauyen Nancy Pinney Lynette Randerson Rosa Rosillo Pamela Sage **Bob Simmons** Susan Smith Sharon Sorani Susie Vela Kay Vick Bob Weber Jill White Roger White Helen Wikle **Betty Witchey-Ryer** Christopher Yen's mom **Avery Yudice**

THOSE SERVING IN OUR MILITARY

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center, Chris Loranger serving in Afghanistan.



A New Presbyterian Women's Study

Tamar, Rahab, Ruth, Bathsheba, and Mary — Matthew names these women for a reason.

How might Jesus have heard the stories of his grandmothers? What might the young Jesus have felt as he heard about his family?

What might the stories of these women have added to his sense of identity, as part of a particular family in a particular time and place Have you thought about Jesus' grandmothers? What can these Grandmothers-of-the-Faith teach us?

Their stories will lead us into the gospel, the good news about Jesus Christ. By exploring these stories together, we will have a richer idea of what the good news is.

Study Books are available now. Order from www.presbyterianwomen.org/shop or call 800-533-4371 \$10.00 plus \$6.25 Shipping

Times: Sep 21, 2021 10:30 AM Pacific Time Every month on the Third Tue, 5 occurrence(s) Sep 21, 2021 10:30 AM Oct 19, 2021 10:30 AM Nov 16, 2021 10:30 AM Dec 21, 2021 10:30 AM Jan 18, 2022 10:30 AM

Join Zoom Meeting

https://us02web.zoom.us/j/88128992215? pwd=Z0gxL3NicWVkcWIkZ2hjcWY1cTIJdz09

Meeting ID: 881 2899 2215 Passcode: 158888 Dial into the meeting by phone: 669-900-6833



Zoom Book Club Thursday September 16 2:00 P.M.

Homecoming by Yua Cyassi

Traces the history of the descendants of two Ghanaian sisters with very different lives.

Jeanne has Copies



The BOOMERS PLANNING PARTY ~ MARK THIS DATE !

The Boomers are going to plan our 2021/2022 year with a fun Planning Event on September 25th. Our Theme is an International Pot Luck with foods, stories and trivia as we plan fun, safe activities.

When: Saturday, September 25th, 2021 at 1:00 p.m.

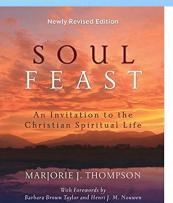
Where: Joy and Lindsay Olsen - 5220 Badger Rd in Rincon Valley (off Calistoga Rd.) What to bring: Potluck Dish with an International Flair plus beverage of your choice RSVP: Please RSVP to Lindsay Olsen with food ideas (*plus I need to arrange seating*)

text: 707-515-9009 or email <u>olsenl2001@yahoo.com</u> Covid Protocol: All Boomers participating need to be fully vaccinated & masks indoors.

See the Rose Clippings for more information Welcoming all active adults.

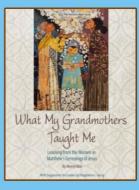
COMPUTER SAVVY? WE NEED VOLUNTEERS!

Our audio-visual team is in need of your skills to help fully staff for 3 volunteer positions each Sunday. Training will be provided. See Norm Smith or Phil Goede for more information.



SOUL FEAST Lectio Divina Zoom CLASS Begins 9/15

Look inside for more details.



Presbyterian Women

With Covid still among us we have decided not to meet yet at church but we invite everyone to join us on ZOOM for this engaging new Bible Study. Google <u>Introduction to What</u> <u>my Grandmothers Taught Me on</u> <u>youtube</u> to meet the charming Australian author Merryl Blair.

Tuesday September 21 10:30 AM on ZOOM!

Watch the church email for the Zoom link

VOLUNTEERS NEEDED! JOIN A MHS BREAKFAST CREW!



Are you available to help cook, prep, or wash dishes?

Fridays could use

another person!

Contact the church office if you would like to try it out! No obligation!

STRONGER SENIORS SUMMER EXERCISE



VIDEO CLASS

in the Rose Room TUESDAYS 10:30–11:30 a.m.





Fall Gathering 2021 Saturday, October 16, 2021 9:30 to 11:30 a.m. on Zoom