Rose Clippings

Rose Clippings Newsletter Vol. 57 No.8





From Top: Thanks go to the 2019 Pedal For Protein Team!: Seven New Members were recognized and some were baptized including two children. The Korean Congregation celebrated 4 years here! The Deacons provided a beautiful spread for their Buddy Day!

PRESBYTERIAN CHURCH OF THE ROSES Reaching Out with Nurturing Love to All OFFICE HOURS: Mon. Tues. Wed. 9-3 pm, Thurs. 10-2 pm



NOVEMBER At-A-Glance

Nov. 3 – Daylight Savings Time Ends **Nov. 3** – Sonoma County Developmental Training Workshop 1:30 pm Nov. 4 & 6 – Hatred in America Nov. 7 – Exploring the God Idea 10:15am **Nov. 8** – PNO with Parent Support Group **Nov. 10** – Vision Loss Forum 11:30 am with Bob Sonnenberg of the Earle Baum Center **Nov. 11** – Veteran's Day/NO MHS Breakfast **Nov. 12** – PW Quilting Nov. 15 – Camera Club Rose Rm 1:30 pm **Nov. 16** – Voyagers at REFB & Kaffe Mocha Nov. 17 – Stewardship Luncheon **Nov. 17** – MUSIC TO MY EARS Concert 1pm Nov. 19 – PW Bible Study & Luncheon Nov. 21 – Book Club Nov. 21 – BOOMERS–6th St. & Supper Nov. 24 — Hearing Loss Support Nov. 25-29 - NO MHS BREAKFAST Nov. 28 - THANKSGIVING

WEEKLY

Qi Gong Mondays @ 10:30 am Tai Chi Thursdays @ 11 am Beginning Watercolor Fridays @ 10:30 am

(707) 542-4272

Email: office@churchoftheroses.org Website: www.churchoftheroses.org

Dealing With the Unexpected

By Pastor Cindy

As I sit here in the church office, 4 days into the 2019 Kincaid fire evacuations, I realize that the best way to deal well with the unexpected events in life is to "go with the flow" of the Holy Spirit. We can't control the uncontrollable, so we respond as rationally as possible, assess the danger, adapt to the crisis, and survive the best we are able, while leaning on God and one another.

An article on a website titled: **Learn to Live Fully** states: "Most of us struggle with unpredicted adverse changes. Accept that no one is exempt from unexpected events in life. This acceptance will equip you to tackle eventualities."

Here is a brief guide for dealing with life's unexpected events:

<u>1. Lean on your faith to help you cope.</u> Pray and remember these encouraging words from Jeremiah and Peter about God's promises to us:

Jeremiah 29: 11

"For I know the plans I have for you,'declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 31:3-4

"I have loved you with an everlasting love; I have drawn you with unfailing kindness. I will build you up again.... Again you will take up your tambourines and go out to dance with the joyful." Pastor Cindy's secret to writing a good sermon, cat-chy quotes....



1st Peter 5: 6-7,10

"Humble yourselves, therefore, under God's mighty hand, God will lift you up in due time. Cast all your anxiety on God because she cares for you... And the God of all grace, who called you to eternal glory in Christ, after you have suffered a little while, will restore you and make you strong, firm and steadfast."

2. Accept the "unexpected" as a normal part of <u>life.</u> Unanticipated events happen. Be optimistic. Sometimes it helps to just put one foot in front of the other and go through the experience trusting that: "This too shall pass..."

3. Pray and make a plan ahead of time so you are ready when the potential event strikes. Such as: pack a "go bag" and have flashlight, radio, and water supplies ready for a power outage. Trust that you will get through it.

4. Don't deny your emotions. Feel them. Coordinate efforts with your community going through the same thing and try to get an objective perspective. See a counselor if your emotions are affecting your ability to cope. Lean on your church for assistance and guidance. We are in this together! God is good all the time!

> Ref:http://learn2livefully.com/how-to-deal-withunexpected-events-in-life/



On October 13th, we celebrated paying off our mortgage with a shredding of the mortgage ceremony by our members of 28 plus years. The following is a prayer of thanksgiving.

Holy God, you are so good! And we are very grateful for your blessings and faithfulness to the Church of the Roses over all these years. The PCOR has a bright future ahead and we are thankful for this whole congregation and their continuing efforts to help the love of God thrive here in this sacred place.

We give you thanks. Creator God, for giving us this opportunity to continue to grow without the burden of a mortgage. Help us use the resources you have given us to promote your love to the world in even more effective ways with this new found freedom we have been blessed with. And may we generously keep building up your church with the gifts and talents with which you have blessed each of us so that we can truly become the bright beacon of light and hope for this Santa Rosa region that you want us to be.

Receive our gratitude for the years through which you have led us and open us up to the future you promise. Grant us encouragement and perseverance for the work of your ministry here in this place and beyond. Give us such trust in your abiding Holy Spirit that we may find joy and peace and strength and courage to work for the building up of your kingdom of love here on earth.

Remembering all the faithful Church of the Roses members who have gone before us, may we continue to follow as they did, the way, the truth and the life of Jesus Christ, the head of our beloved church universal. Amen.



WORSHIP & ARTS COMMITTEE

We are looking for fall foliage, pumpkins, and other gourds to decorate the sanctuary for Thanksgiving. Bring your fall décor items to the choir room or to the room next to Cindy's office by November 23rd.

CAUTION: CHOIR IS ON THE MOVE!

Following the anthem during Sunday services, the choir will be moving from the chancel into the congregation. Pastor Cindy will no longer have to preach to folks sitting behind her, and the choir will get to be part of the congregation for the latter part of the service.

FLOWER RATES

To accommodate taxes, the cost of sanctuary flowers is going up to \$40 and \$55.

Advent begins Dec. 1st!

Kay Young Worship Committee

It is time to put Action into Your Compassion The Light of the World Community Spiritual Care Services is offering a workshop for Church Leadership and Lay People How to welcome and accommodate people with disabilities Into your faith community Sunday, November 3

from 1:30-4:30 pm at Church

Exploring the God Idea



FIRST THURSDAYS 10:15 am—Rose Rm. Join us for a self-led discussion. Questions: Ray Alden or Pastor Cindy

Coming Soon!

We are planning to place Sermons by Pastor Cindy Alloway

On KSRO Radio 103.5, 94.5 & 1350 Saturday, 7:30 a.m to 8 a.m.

We seek supporters & advertisers from Sonoma County businesses.

Suggestions? Call Barbara at 707-538-3836

Pastor Cindy's Sermons

are currently available in print and online at our website: www.churchoftheroses.org. We also have audio CD's of the worship services available ! Give us a call or ask your Deacon if you would like us to mail you a copy.



CHRISTIAN EDUCATION

We are examining hatred in America through the oral histories of immigrants who arrived on our shores fleeing violence, persecution and hatred in their own mother countries only to find hatred in America. Their stories of perseverance and belief in the goodness of the core values of most Americans and in the moral strength underlying those values is inspiring.

PARENTS- Reminder: we have a quiet room in the back of the sanctuary so you can hear and see the service while your little ones play. The older children can join us in the Sunday School Rooms. We have an upcoming PNO on Nov.8th. Please RSVP to the office if you're interested in a Parent Support Group during the first half.

> Tony Burille, Christian Education Chair

MEMBERSHIP



Please help us welcome our new members!

They are from left to right: Ed and Marilee Marcoux, Scott and Terry Swehla, Jillian and Ben Bryant (daughters Maya and Macie), and Rich Osborne.

Lifetouch Directory Photos Update:

Due to the October wind event and evacuations, we are postponing the directory photos until



January 2020. Thank you for your understanding.

Bill Morgan, Membership Chair



Friday, Nov. 8th 5:30-7:30 pm

RSVP to office@churchoftheroses.org if you are a interested in attending a 1 hr **Parent Support Group** during the first half of PNO.

A COMMUNITY OF SONG



A Concert by Music To My Ears

Sunday, Nov. 17@1pm

PRESBYTERIAN CHURCH OF THE ROSES 2500 PATIO CT. SANTA ROSA, CA 95405

FREE COMMUNITY CONCERT! A COMMUNITY OF SONG Sunday, November 17, 2019 at 1:00 p.m. Vocal music students and Faculty from Music To My Ears, a local music education center.

The second concert of the Roses Signature Concert Series will present A COMMUNITY OF SONG, Sunday, November 17, 2019 at 1:00 p.m.

The concert will feature vocal music students and faculty of Music To My Ears, whose repertoire includes music ranging from musical theater, popular music to opera. Music To My Ears is a local music education center specializing in private lessons in voice and instruments with group instruction in acting, dancing, theater arts, and performance skills.

Located in Cotati they provide fun and enriching musical experiences for children and adults.

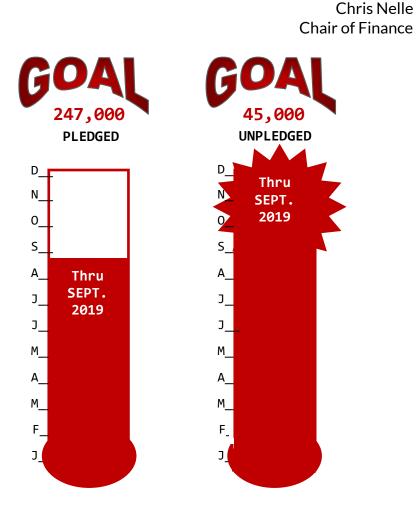
FINANCE

Thru 9/30, operations are \$29,495 positive thanks to the receipt of 2 very nice one time, non-recurring gifts totaling \$29,000. So, normal operations were essentially at breakeven.

We have kicked off this year's Stewardship Campaign. Please give very strong consideration to increasing your giving. The ongoing needs of the Church aren't getting any less expensive and like most older buildings stuff is wearing out and needing replacement. Now unlike some churches, we're blessed and possess nice reserves so we don't have to worry. But, we can't just use them all as we need to make critical equipment replacements or make major repairs to our old building. We can use some but blend that with occasional capital drives or through accumulating operating surpluses.

Hate to bore you with financial shop talk but I'm hoping the more you understand our needs you will (as you've always done) do what needs to be done.

Never hesitate to ask me anything about the Church finances.



MUSIC

With Thanksgiving nearly upon us the text to the old spiritual come to mind: "I Thank You Jesus, I Thank You, Jesus, I Thank-You Jesus My Savior God. For you brought me, yes you brought me from a mighty, a mighty long way!" The road to the Presbyterian Church of the Roses has brought many of us from a might long way indeed. Even those of us who have been lucky enough to live in this beautiful community all of our lives may have traveled through different faith expressions before our feet led us past the beautiful rose bushes and to the doors of our sanctuary.

Just one year ago I began a search for a new position as music director. Little did I know that my feet would soon be leading me right back to a community I love, in a city where I grew up and lived for 30 years. God has a way of surprising us and setting us on paths that we never expected to be on. But that is what makes life such a wondrous and glorious journey. Let us all be thankful for life's unexpected surprises, and the gift of our faith community at Church of the Roses to share them with.

Your music director,

Myles Ellis

ROSEBUD PRESCHOOL

October was a busy month so it is nice to have a quieter November. We will spend time talking about being Thankful and will enjoy watching the leaves fall. The school is closed on Veteran's Day and three days for Thanksgiving. This month we will receive our final rating for Quality Counts Sonoma County. This is the culmination of months of work required to recertify every two years.

Susan Jenkins, Director

OCTOBER IS BREAST CANCER AWARENESS MONTH

Breast cancer screening in women changes in type and frequency depending on risk factors and age. Breast cancer screening includes breast exams - self-exams and clinical. The risk of breast cancer increases with age. The age at which testing no longer helps reduce death from breast cancer is unknown. Early detection is important in the success of breast cancer treatment; the earlier it is found, the more easily and successfully it can be treated. Tests used for breast cancer screening include breast exams (self and clinical), mammograms, digital breast tomosynthesis (3-D mammogram), and magnetic resonance imaging (MRI).

BREAST CANCER INCIDENCE AND RISK FACTORS

Can occur at any age, through most common in women older than 50.

Lumps or changes may be benign (noncancerous) or malignant (cancerous). Some noncancerous breast changes include mastitis or fibroadenomas. Many breast problems are first discovered by women themselves.

Women at high risk for breast cancer include: women who test positive for the BRCA1 or BRCA2 gene, or have 2 or more close family members who have had breast cancer prior to age 50.

The risk of breast cancer goes up with age, esp after age 50, which is why the recommendation is to have regular mammograms at ages 50-70.

BREAST SELF-EXAMS (BSE)

Make sure you know what your breasts normally look and feel like; when you know what is normal for you, you will be better able to notice changes. Most breast problems or changes are benign.

BSE involve checking your breasts for lumps or changes. Some experts don't recommend BSE, while others recommend them on a regular basis. It's your choice to do them. Even if you choose to do BSEs, talk to your health care practitioner about having regular mammograms as well as CBEs.

If you are still menstruating and having regular menses, the best time to examine your breasts is usually 1 week after your menstrual period starts, when your breasts are least likely to be swollen or tender. If your menstrual cycle is irregular, or if you have gone through menopause or a hysterectomy, examine your breasts on a day of the month that's easy to remember.

Some recommend doing the exam while showering, when soapy, as the fingers slide easier on the breast tissue. It's a good idea to do the exam first standing in front of a mirror, and then lying down so that the breasts are evenly distributed over your chest.

Check the entire breast by feeling all of the tissue from the collarbone to the bottom of the bra line, and from and including the armpit to the breastbone. Use the pads of your 3 middle fingers - not the fingertips, using the opposite hand to feel the opposite breast. You can use an up-and-down pattern, or a spiral pattern.

Move your fingers slowly in small coin-sized circles, so you don't miss any place. Use 3 different levels of pressure to feel all the breast tissue. Light pressure helps feel the tissue close to the skin surface; medium pressure, the deeper tissue, and firm pressure, to tissue close to the breastbone and ribs. Avoid lifting your fingers away from the skin as you feel for lumps, unusual thicknesses, or changes of any kind. Include the nipples in your exam, and ensure there is no discharge.

If you find a particular lump, and it's also the same in the other breast, it's likely normal. It takes practice to do an exam. If you have fibrocystic breasts (many normal lumps), it may make the exam more challenging.

BREAST CHANGES that should be reported to your health care practitioner:

Any new lump (painful or not); unusual thick areas; sticky or bloody nipple discharge; any changes in the skin of the breasts or nipples (puckering, dimpling); any unusual increase in the size of one breast, or if one breast is usually lower than the other.

CLINICAL BREAST EXAMS (CBE): A CBE is done by a health practitioner, and includes feeling your breasts and under your arms to check for lumps or other unusual changes. Women with breast implants should have regular BCEs

The US Preventive Services Task Force(USPSTF) recommends a clinical breast exam every 3 years, starting at age 20.

MAMMOGRAMS

A mammogram is an x-ray of the breast that can often find tumors too small to feel. Standard mammograms use film to record images of the breast; however, most mammograms now are digital mammograms. There are 2 types of mammograms: A screening mammogram looks for sign of breast cancer before any symptoms appear. A diagnostic mammogram looks for breast cancer in women who have symptoms.

Mammograms can find some breast cancers early. They may miss some breast cancers. They may have false positive results, in which case you may go through much worry and need additional testing (another mammogram, a breast ultrasound, or a biopsy) to ensure you don't have cancer. Mammograms may find cancers that are harmless (over diagnosis), which may never grow or spread, therefore requiring further testing/treatment (surgery, radiation, chemotherapy) that may not be necessary.

Digital mammograms are 3-D mammograms (digital breast tomosynthesis) use x-rays to create a 3-D image of the breast. It can be used alone or with a digital mammogram.

The American Cancer Society (ACS) recommends annual mammograms from age 45-54, then every 2 years until health is good and they are expected to live 10 or more years. The ACS also states that women should have another option based on their values and preferences - annual screening ages 40-44, and women ages 55 and older.

The USPSTF recommends a screening mammogram every 2 years for women ages 50-74. For women ages 40-49, the balance of benefits and harm is not clear. The decision to start regular screening prior to age 20 should be individual, based on a woman's values, her health history, and her preference.

If you are 75 or older, talk with your health care practitioner about mammography as a regular part of your health care plan.

MRI: May be used for screening for women with a high risk of breast cancer.

May be helpful for women who have breast implants or for women whose breast tissue is very dense.

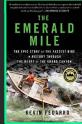
Resources: Find out about personal risk level at <u>www.cancer.gov/bcrisktool</u>







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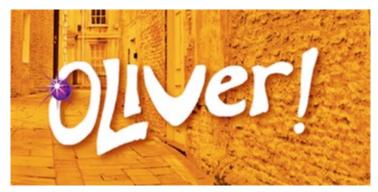


Book Club November 21 3:30 p.m.

The Emerald Mile by Kevin Fedarko

The fastest boat ride through the Grand Canyon





Join us to see the well-beloved musical Oliver! at the Sixth Street Playhouse on Saturday, Nov. 23. We will be attending the 2 pm matinee performance, then go for an early supper afterwards.

"Food, glorious food! Hot sausage and mustard! While we're in the mood cold jelly and custard!"

Many Boomers have already purchased their tickets, but there may still be seats available for independent purchase. Just go online and order up your ticket for Saturday, Nov. 23, 2 pm performance and join us for the show: <u>https://www.6thstreetplayhouse.com/2019</u> -20-season/oliver/?no_cache=1

"Consider yourself at home! Consider yourself part of the family! We've taken to you so strong; it's clear we're going to get along! "

If you already have season tickets and are scheduled for another date, consider changing your dates to join our group. We'd love to have you come and play.

"I'd do anything for you, dear, anything, for you mean everything to me."

So here it is:

Date: Nov. 23 Time: 2 pm Location: Sixth Street Playhouse Other comments: Dinner afterwards, location tba RSVP or More Info: Lindsay or Joy Olsen (olsen@sonic.net) by Nov. 18

VOYAGERS HELPING

REDWOOD EMPIRE FOOD BANK

Sat. Nov. 16 from 9am-12pm



Questions? Contact Diane Pierce or Diane Osten

Join us at Kaffe Mocha for lunch!



Friday, Nov. 15 @ 1:30 pm

in the Rose Room

Let's talk technology, techniques and compare photos from Armstrong Woods!

Beginning Watercolor

with Diana Anderson Fridays Oct.11- Dec. 13 10:30 am - 12:30 pm in Classrooms

\$5 per class donation. Contact church for \$15 supply list.

PW QUILTING FOR HOSPICE & CHILDREN'S HOSPITALS 2nd & 4th Tuesdays of the month 10:30 am - 2 pm Bring a sack lunch!



Come check it out! We are in need of MHS Breakfast Volunteers. Try it and see if it's a fit for you!

PRAYER REQUESTS

Those mourning the loss of a friend or family member

 For the family of Sue Thomas as they mourn her passing on October 27, 2019. A memorial will take place at the church on Thursday, Nov. 7th at 2 pm.

Those with health issues

John Baker Bill Beaumont Karen Bowles Bob Bunting Patrick Butler Peggy Call Patricia Currier *(Joy Olsen's mom)* Wes Cox Dick Draper Barbara Flannery Ray Foreaker Janice Holmes Sarah Hilen Marilyn Hilen Ellen Marks Vivian Mazeski Jessica Morse Jeanette Nichols Carolyn Kenworthy Debbie Seat Bob Simmons Phil Sitzman Jim Taylor Sr. Bob Weber Helen Wikle Betty Witchey-Ryer Avery Yudice

Those serving in our military

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center, Chris Loranger serving in Afghanistan.



PRESBYTERIAN CHURCH OF THE ROSES



NOVEMBER 2nd





Volunteers needed BUILDINGS & GROUNDS

Landscaping, lightbulbs, sweeping, mopping, equipment repair and more! Any and all help is appreciated! We meet Tuesdays 8:30-1pm. Stop by! Donuts provided.

amazonsmile

You shop and Amazon gives 0.5% of profits to our church! Log into amazonsmile before you shop and select Presbyterian Church of the Roses as your charity of choice!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY THANKSGIVING! The office will be closed Nov. 28th. Have a safe & happy holiday!					Office Closed 10:30 AM Begin- ning Watercolor 7 PM Gamblers	2 6:30 AM Korean Pray- er 8 AM Girl Scouts Unit Activity 5 PM <u>SACRED</u> <u>SPACE</u>
3 Daylight-Saving Time Ends 8 AM Korean Worship 9 AM Learn Ukulele 10 AM Worship 11:15 AM Plan Sacred Space 1:30 PM So Co Dev. TRAINING 3 PM Sonoma Dev Ctr Worship 6 PM CoDA	4 7 AM MHS Break- fast 9:30 AM Adult Social Club 9:30 AM Hatred in America 10:30 AM Qi Gong 7 PM Boy Scouts #135	11:30 AM Health Min	6 7 AM MHS Break- fast 9:30 AM Adult Social Club 10:30 AM Staff 11:15 AM Pre-k Bowen 7 PM Women's Al -Anon	7 7 AM MHS Breakfast 10:15 AM Explor- ing the God Idea 11 AM Tai Chi 12 PM COM? 12 PM Noon Prayer 5 PM Worship Com. 6:10 PM Bells 7 PM A.A. 7:15 PM Choir P	7 AM MHS Break-	9 6:30 AM Korean Pray- er
10 8 AM Korean Worship 9 AM Learn Ukulele 10 AM Worship - Healing and Wholeness 11:30 AM <u>VISION LOSS FORUM</u> & light luncheon with Bob Son- nenberg of Earle Baum Center 3 PM So Co Dev Ctr Worship 6 PM CoDA	11 NO Breakfast Rosebud closed Veterans Day 9:30 AM Adult Social Club 9:30 AM Hatred in America 10:30 AM Qi Gong 7 PM Boy Scouts #135	12 7 AM MHS Breakfast 8:30 AM B&G 10:30 AM PW Quilting 6 PM Deacons	13 7 AM MHS Break- fast 9:30 AM Adult Social Club 10:30 AM Staff 11:15 AM Pre-k Bowen 6:30 PM 4H 7 PM Women's Al -Anon	Breakfast 11 AM Tai Chi 12 PM CPM 12 PM Noon Prayer 6:10 PM Bells 7 PM A.A.	7 AM MHS Break- fast 10:30 AM Beginning Watercolor 1:30 PM Camera Club Rose Room 7 PM Gamblers	16 6:30 AM Korean Pray- er 9 AM Voyagers @ REFB 9:30 AM Handicapa- bles 1:30 PM SET UP
 17 8 AM Korean Worship 9 AM Learn Ukulele 10 AM Worship 11:15 AM Healthy BP Screening 11:30 AM Stewardship Luncheon 11:30 AM Writing Group 1 PM <u>MUSIC TO MY EARS:</u> <u>Free Community Concert</u> 2:30 PM Facility use - Fijian Fellowship Ministry ? 3 PM Sonoma Dev Ctr Worship 6 PM CoDA 	18 7 AM MHS Break- fast 9:30 AM Adult Social Club 9:30 AM Hatred in America 10:30 AM Qi Gong 5 PM Finance Com. 6 PM Cub Scouts 7 PM Boy Scouts #135	19 7 AM MHS Breakfast 8:30 AM B&G 10:30 AM PW Bible Study and Luncheon 12:30 PM Personnel 6 PM Boy Scouts Board 7 PM Christian Ed. Com.	20 7 AM MHS Break- fast 9:30 AM Adult Social Club 10:30 AM Staff Mtg. 11:15 AM Pre-k Bowen 7 PM Women's Al -Anon	Breakfast 11 AM Tai Chi 12 PM Noon Prayer 3:30 PM Book Club 6:10 PM Bells		23 6:30 AM Korean Pray- er
0		26 NO Breakfast 8:30 AM B&G 10:30 AM PW Quilting 5:30 PM C&W 7 PM Session Meeting	27 NO Breakfast 2 Rosebud closed 9:30 AM Adult Social Club 10:30 AM Staff 7 PM Women's Al -Anon	Thanks Giving Day	Office Closed 10:30 AM Beginning Watercolor	30 6:30 AM Korean 1 PM Chelsea & Bajun Wed- ding

CHURCH OF THE ROSES WOULD LIKE TO THANK THESE BUSINESSES FOR MAKING OUR NEWSLETTER POSSIBLE



of the folks whose ads can be found on this page every month. Please show your appreciation for their support by patronizing these businesses. Thank You.

CHURCH OF THE ROSES / 117

STEWARDSHIP VISION LOSS FORUM LUNCHEON November 10th @ 11:30 am Light lunch in the Rose Rm. Nov. 17 Speaker Bob Sonnenberg 11:30 am from the Earle Baum Center **Presbyterian Women** A COMMUNITY OF SONG Tuesday Nov. 19 A Concert by **Bible Study 10:30** Music To My Ears Love Carved in Stone Lesson Three Sunday, Nov. 17@1pm It's PW Thank Offering Day PRESBYTERIAN CHURCH OF THE ROSES Salad Potluck at Noon 2500 PATIO CT. SANTA ROSA, CA 95405 SUBMIT ITEMS FOR THE NEWSLETTER AT THE OFFICE OR EMAIL RUTH@CHURCHOFTHEROSES.ORG.

RETURN SERVICE REQUESTED

2500 Patio Court Santa Rosa, CA 95405 Phone 707-542-4272 WWW.CHURCHOFTHEROSES.ORG

Distributed to all members and friends Rose Clippings, a monthly publication of the Presbyterian Church of the Roses