



ROSE CLIPPINGS



Join us as we embark on a new church year!

UPCOMING EVENTS

September 6	Music & Memory Documentary
September 8	PW Sewing
September 9	Cultural Literacy for Religions
September 10	Choir and Bells resume
September 15	PW Bible Study & Luncheon
September 17	Book Club
September 19	Bible Study Day at SFTS
September 20	Kerygma Bible Study weekly Kick Off the Church Year!
September 22	Office Volunteer Training PW Sewing
September 24	Favorite Film Series
September 27	Blood Pressure Screenings
October 10	Voyagers Clam Chowder <i>[at Bodega Bay]</i>
October 11	Stewardship Sunday
October 18	Free Community Concert featuring <i>Cantiamo Sonoma!</i>

Our Mission

- ⇒ Be an inclusive, caring Christ-centered community.
- ⇒ Follow the Holy Spirit's guidance as we live and proclaim the Good News of God's love, peace and justice.
- ⇒ Worship God with gratitude in a welcoming environment to bring glory to God.
- ⇒ Serve youth, families, seniors and singles who need God's love and compassion.



Above: Ushers and Greeters. *Thank you!* Below: Some of our new members at Pastor Cindy's home. *Photos by Cindy Goede*



One Moment In Time



by Pastor Cindy

I hope your summertime has been especially blessed! Mine has been busy and blessed. A few days with my grandson and his parents were heavenly! Kathryn and I had a relaxing vacation before she started law school at USF. Now my mother is visiting. So we feel blessed.

Sadly, I must report that our church has experienced the loss of several precious church members this summer and many memorial services were held: Sally Henderson, George Menchen, Sara Alden. As I write this article our beloved Joyce Beckner has just passed away. All of these long time members will leave a legacy as good and faithful servants to our church.

Yet, when we look beyond the sorrow we find there are often joys mixed in. In the planning of the services I have been blessed by getting to know their families and appreciated the grace that comes with ministering to them in their time of mourning.

In developing memorial services I am personally reminded how precious is the gift of life. With some memorial services I even sense a deeper comfort with the hereafter. I am reminded of the importance of giving of ourselves for others and keeping healthy relationships with family and friends.

We are experiencing eternal life now. Knowing that we are on a continuum of life that stretches into infinity is hard to grasp on a daily basis. But Einstein proved time is relative.

And our days on earth are just a brief moment in time compared to the thousands of years in eternity, according to the Bible. Psalm 90:4 states:

"A thousand years in your sight are like a day that has just gone by, or like a watch in the night."

The late Whitney Houston sang a song that became a big hit titled,

"One Moment in Time."

I want one moment in time

*When I'm more than I thought I could be
When all of my dreams are a heartbeat away*

And the answers are all up to me

Give me one moment in time

When I'm racing with destiny

Then in that one moment of time

I will feel, I will feel....eternity

Even though this is a beautiful song as Christians we don't agree with the lyrics because we know that the answers are NOT all up to us, but up to God. When we release our lives to God we go with the flow of the Holy Spirit and we can be peaceful knowing God is guiding our "race with destiny."

My hope and prayer for you all is to remember and show with your lives this blessing in Ephesus recorded in Ephesians 3: 16-19

"I pray that, according to the riches of his glory, God may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God."



Stress is a condition or feeling experienced when a person perceives that "demands exceed the personal and social resources the individual is able to mobilize."

In other words, we feel stressed when we feel that "things are out of control". The best way to manage severe stress is to prevent it, or catch it while it's still low-grade stress and prevent it from becoming severe and chronic.

Statistically it has been found that around 73% of the total population of United States experiences symptoms of stress. The global annual expense to employers related to the treatment of stress related disorders is \$300 billion. Stress is a normal part of life, but unmanaged stress can increase the risk of heart attack and other chronic conditions such as obesity, high blood pressure, stroke, Alzheimer's, diabetes, depression, gastrointestinal problems, and asthma. It's important to determine your personal stress triggers and either avoid them or learn to handle them in a way that reduces your stress. Common causes of intense stress are death of a loved one, health issues, relationship problems, life changes or transitions, job loss, financial problems, legal problems, perfectionism, and more. Check out your score on the Holmes-Rahe life stress inventory. <http://celebratingyourjourney.com/The%20Holmes-Rahe%20Scale.htm>

Stress Related Symptoms: Stress causes changes in your body and your emotions including: *Difficulty sleeping or sleeping too much, Increased or decreased appetite, Changes in mental health – Depression / Anxiety, Anger issues, Irregular or fast heartbeat, Headaches, Stiff neck, tight shoulders and back pain, Fast breathing, Sweating, and sweaty palms, Upset stomach, nausea, or diarrhea.*

Develop a "stress relief toolbox": Come up with your own list of healthy ways to relax and recharge. Try one or more of these simple remedies each day, even if you're feeling good.

- Go for a walk.
- Spend time in nature.
- Play a competitive game of tennis or racquetball.
- Write in a journal.
- Take a long bath.
- Light scented candles. (Do keep an eye on them).
- Savor a warm cup of coffee or tea.
- Play with a pet.
- Work in your garden.
- Get a massage, facial or pedicure.
- Curl up with a good book.
- Listen to music.
- Watch a comedy.
- Call a good friend.

OTHER EFFECTIVE WAYS TO REDUCE STRESS

Recognize your stressors and change what

you can to lower your stress. Accept that there are some things you cannot control. *Re, thoughts and look at the big picture.*

Adjust your standards and focus on the positive. Before you agree to do something, consider whether you can really do it. It's OK to say "no" to requests that will add more stress to your life. *Stay connected with people you love.*

Make it a point to relax every day. You could read a book, listen to music, meditate, pray, do yoga or tai chi, journal, or reflect on what is good in your life.

Be active! Exercise burns off stress, reduces cortisol levels and elevates endorphins that will help you be better prepared to handle problems. Even as little as 10 minutes of exercise has been shown to elevate mood and reduce stress. The best benefit is obtained with 30 minutes of moderate exercise daily.

Eat a healthy diet. Start the day with a good breakfast and eat nutritious foods throughout the day. Reduce sugar, caffeine and alcohol intake. Avoid cigarettes / tobacco and self-medicating with drugs.

Try to get 8 hours of sleep per night. Join a prayer or support group. Find a hobby you enjoy and pursue your interests with joy; Come sing in the choir! LAUGH!

Some people have a hard time with stress because they are depressed. If you think you may be depressed, seek help from a doctor or counselor. Depression can be treated.

If you find it hard to shift your way of handling stress, consider taking a stress management class, reading a book on managing stress, or signing up for a few sessions with a therapist. Benefits of this investment can make a significant improvement in your health and the quality of life. The Resources below are very good. Please take time to take a look.

Resources:

www.helpguide.org/articles/stress/stress-management.htm
http://img.webmd.com/dtmcms/live/webmd/consumer_assets/site_images/media/pdf/hw/form_tp23272.pdf

References:

www.apa.org/news/press/releases/stress/2012/impact.aspx
<http://celebratingyourjourney.com/The%20Holmes-Rahe%20Scale.htm>
www.heart.org/HEARTORG/GettingHealthy/StressManagement/FightStressWithHealthyHabits/Fight-Stress-with-Healthy-Habits_UCM_307992_Article.jsp



Deborah Baker
MSN, ACPN, FNP-BC



Christie Page
RN, MSN

September is time to think about Vaccinations!

Recommended Vaccines for the Elderly

Did you know that your elderly loved one is more likely to die from the flu or pneumonia than they are to die in a car accident? The flu and pneumonia combine to rank seventh on the list of death among seniors 65 and older.

September is the perfect time to make sure that a senior (and yourself if you are younger than 65) is taking full advantage of the protection offered by vaccines. The CDC (Centers for Disease Control and Prevention) recommends the following vaccines for the elderly.

The Flu: The flu is deadliest among seniors 65 and up. While there are three different types of flu vaccinations available, the one recommended for seniors is the high dose shot. The higher dosage is said to offer

the elderly more protection than the traditional flu shot.

Pneumonia: Seniors are more likely to contract pneumonia. People 65 and older should get the pneumococcal polysaccharide vaccine (PPSV), which provides a protective effect against the 23 most common strains of pneumonia-causing bacteria.

Shingles: Shingles are more common (and severe) among the elderly. ANYONE over the age of 60 years should be vaccinated. Shingles present as a blistering, painful, skin rash, but may also cause fever, hearing loss and vision problems. A senior should get vaccinated, even if they've already had an outbreak of shingles.

Excerpted from Agingcare.com



Essence of the Rose Health Ministry Presents: Music, Memory and Aging

We are excited to present a documentary film on Sept. 6th after worship

"Al ive In side: The St or y of Music and Memory "

LUNCH OF SOUP, SALAD AND BREAD WILL BE SERVED.

Who doesn't know someone with dementia? According to the National Alzheimer's Association, in 2011 there were an estimated 5.4 million Americans of all ages with a diagnosis of Alzheimer's disease. Currently, 1 in 8 people over the age of 65 have Alzheimer's disease. By 2030, the number of people aged 65 and older with Alzheimer's disease is estimated to reach 7.7 million – a 50% increase from today.

This documentary is meant to be a primer in some of the newest research on music and access to stored memory in the brain that is retrieved through deep emotional connection with the music on multiple levels including, melody, rhythm, sound, kinesthetic and body memory. It is a film about the power of music and the social worker who uses it to "awaken" patients with dementia and Alzheimer's. It also sparks research into novel concepts in treating some of the most distressing symptoms of dementia. The film was critically acclaimed at the Sundance Film Festival last year.

Future Health Ministry plans include a viewing of the film "Still Alice" with Julianne Moore www.youtube.com/watch?v=ZrXrZ5iiR0o and a discussion of dementia and its multi-faceted issues. Beyond this, further plans will incorporate a discussion and workshop on Advance Directives for Health Care and POLST forms.

Please let us know of your desires for information on health and aging and we will continue to design programs to meet the needs of our congregation and community at large.

Deborah can be reached at:

dwolffbaker@gmail.com





Prayer Requests: *Please include in your prayers*

Those mourning the loss of a friend or family member

- Please pray for the family of Joyce Beckner as they mourn her passing on August 24, 2015.
- Please pray for the family of William "Bill" Smith as they mourn his passing.
- Please pray for the family of Genevie Grand as they mourn her passing on Aug. 6th.
- Please pray for the family of Sara Alden as they mourn her passing on July 21st.
- Please pray for the family of George Menchen as they mourn his passing on July 14th.
- Please pray for the family of Bill Fuller as they mourn his passing on May 31st.
- Please pray for the family of Amy Tompkins as they mourn her mother, Mary Deaver Slater, who passed away on April 18th.
- Please pray for the family of Sally Henderson as they mourn her passing, Mar. 13th.
- Please pray for the family of Art Borchers who passed away on February 8, 2015.

Please pray for those facing health issues

Pamela Sage
Judy Bello
Albert Reil
Alan Reil
David Downard
John Baker
Lorraine Nichol
Brooke Smith

Ed and Fay St. John
Marie Patchin
Mary Olson
Krissy Healy
Ron Kram
Joyce Beckner
Steve Cairns

Helen Burns
Helen MacKenzie
Sam Imbimbo
Ellen Marks

Those serving in our military

Sgt. David A. Dickens, USAF Jason Morse, US Navy Jason Imbimbo, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, U.S. Army, Fort Lewis, WA. David continues to serve in the Army as Chief of Cardiology at Madigan Hospital.



Helen MacKenzie is living in a Care Home at 5039 Parkhurst Dr. Santa Rosa, CA 95409.
Her new phone # is 539-6677.

Sara Wills Alden May 17, 1925 – July 21, 2015

Sara Alden, affectionately known by many as "Mamo," will be greatly missed. Her long battle with bone cancer led to leukemia and then suddenly turned for the worse. She passed on after a blessedly short but difficult forty-eight hours. She is survived by her husband, Raymond M. Alden, by their three children: son David W. Alden of Caspar, California, daughter Merritt Alden Booster of Santa Rosa, son John L. Alden of Seattle; by eight grandchildren, and by six great-grandchildren.

Sara was born in Battle Creek, Michigan to parents of the Deep South, primarily Fairhope, Alabama. Shortly before her seventh birthday, the family moved to Palo Alto, California, where her father was a physician, surgeon, and psychiatrist with the Veteran's Administration. She was a graduate of Palo Alto high School and Stanford University, and taught Spanish at Stanford and at Punahou School in Honolulu. She co-authored four novels, two published and two unfinished, and her studio/home is resplendent with paintings and needle-work that testify to her artistic interests and talent.

Church memberships of note include Central Union Church of Honolulu, Prairie Village Presbyterian Church of Prairie Village, Kansas, and Presbyterian Church of the Roses in Santa Rosa.

A remarkable woman, Sara Alden affected the lives of everyone who knew her.

COMMITTEE UPDATES



Worship Committee

SPECIAL SERVICES:

All Sundays are special, but some upcoming services will have a specific emphasis:

- August 30th—Faith and Healing Sunday
- September 6th—Communion
- September 20th—“Kick-off Sunday” (as in kick-off of new school year—not football)
- October 4th—Communion
- October 11th—Stewardship Sunday
- November 1st—All Saints Day and Communion
- November 8th—beginning of sermon series leading up to Thanksgiving
- November 29th—1st Sunday in Advent

USHERS: Nancy Taylor is looking for new ushers to add to our current ushering teams. For more information about ushering, meet Nancy in the narthex after worship on Sunday, September 13th.

LITURGISTS: There will be a training for new liturgists as well. Liturgists read scripture and lead prayers during worship. Jetta Saharoff has a list of some folks who are interested, but if you'd like to find out more about it, please make sure Jetta has your name. Look for date and time of training in the Sunday bulletin.



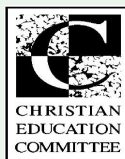
We have said goodbye to the last of our kids leaving for kindergarten and have welcomed eight new children so far. We still have another nine who will be joining us in the coming weeks. We are starting off the year getting to know about each other and learning the routines of the school. We closed for a couple of days for maintenance. We replaced the flooring in the Pre-K room with commercial grade vinyl, cleaned the lobby carpet and changed the office furniture.



Fellowship committee will proceed with the coffee hour after the service on Sunday. Thank you for who assisted with July and August. The committee welcomes all.



We did not meet in July or August but were busy compiling the pictorial directory and submitted it for printing to Life Touch.



September will bring new educational opportunities for adults at Church of the Roses. The *Cultural Literacy for Religion* Video Class will help us understand the many ways people experience and

practice their religious faith in our complex world. The classes will be held Wednesday evenings at 7:00 p.m. starting Sept. 9. If there is demand we will include a Wed. morning session. On Sunday mornings at 8:15 a.m a new *Kerygma Study* begins Sept. 20th on two Old Testament prophets, *Amos and Hosea*, whose messages really speak to the world we live in today. Our committee is also planning several interesting after church Forums beginning Sept. 27th with Pastor Cindy's account of her trip to the Seven Churches of the Book of Revelation.

Our Sunday School teachers are considering using the new and up to date PCUSA *Grace and Gratitude* curriculum for our expanding program for children.



Praise the Lord! It is time to start Chancel Choir and Bellissimo again! I hope that everyone has enjoyed our talented summer music singers and players! They have all truly blessed

us! And I hope you are all rested and/or found time to gallivant around. **We will start Choir and Bells on September 10th; Bells at 6:00 p.m. and Choir at 7:30 p.m. in the Sanctuary.** We invite everyone who is interested to join us, the more...the merrier!

The Choir will be joining the choirs of First United Methodist and Bethlehem Lutheran this December in presenting a joint Christmas Cantata. We will sing one performance at each church December 18, 19 and 20. Check back with us for more details.

The **Roses Signature Concert Series** looks to be very exciting this season. Listed below is the concert list (subject to change).

October 18 – Cantiamo Sonoma

November 15 – TBA

December 18, 19, 20 – Combined Church Choirs Cantata

February 28 – Redwood Chordsmen

March 13 – Santa Rosa Children's

April 10 – Sonoma State University Jazz Band

May 22 – New Horizons Swing Band

I'm looking forward to joining you in praise to the Lord! *Barbara*

Church and World



Christians and Muslims Work Together in Indonesia

An Update from the Adeney-Risakotta's
The Church and World Committee
 has recently allocated \$500 to the work of
 Drs. Bernie and Farsijana Adeney-Risakotta,
 Presbyterian Mission Co-workers in Indonesia

Farsijana celebrated her 50th birthday early in 2015 at her home in Indonesia along with her husband Bernie and 50 guests who were invited to share a gift of a story, song, poem, prayer, dance or scripture. A Muslim friend shared verses from the Qur'an. Farsijana and her friends prepared the birthday dinner; according to Bernie "her kitchen is something of a legend among our friends." Now her love of cooking "is becoming a means of ministry to the villages around our city through a new organization GriyaJati Rasa (House of Authentic Sense--HAS)."

Soon after the party, Farsi joined young people in a poor village to harvest cassavas from their gardens. Rather than sell these common root plants at a low price, she taught the young people how to earn much more by transforming them into saleable food—three kinds of Javanese cakes and four kinds of chips. As Bernie and Farsijana shared in their Spring Newsletter, "Food brings people together and can stimulate new visions for cooperation, using the common materials of

everyday life to reduce poverty and improve everyone's life."

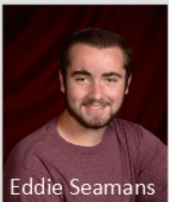
Farsijana's recent work with HAS has focused on five villages, and in the future the young people she taught will work among all of these villages to share their experience of processing cassava and making peace. After the young people and their leader learned to make cassava cakes, they took them to alienated young people so that they could all eat together and resolve conflicts.

To reinforce this vision, Farsijana has enlisted the assistance of Dr. Singgih Santoso, Dean of the Business School at Duta Wacana Christian University who is holding workshops on entrepreneurship and small business development for villagers. His colleagues and students are encouraged to go out into the villages and learn about the problems of villagers at their source. Later the Peace and Conflict Studies program at the University will also become involved in this two way process of learning and sharing.

Bernie's recent teaching assignments include classes at three universities: "History of Religions in Indonesia" (Universitas Gadjah Mada, "Indonesian Social Ethics" (Duta Wacana University), and "Political Ideas" (Universitas Muhammadiyah Yogyakarta).

Bernie's and Farsijana's newsletter concludes with their thanks. *We are grateful for all of you who know us and/or follow our journey. Some of you pray for us. Some of you support us financially through the PC(USA). Some of you love us. Thank you so much.*

Alice Crouch, Church and World



Eddie Seamans

My plan for the youth ministry is to connect with the kids who attend the Montgomery High School breakfast program. The kids in this program, from what I understand, know the church and many of its members, and I believe may be comfortable being a part of the congregation. I intend to go with the

strategies that were used last year; surveying what kids are interested in and collecting their contact information. Then I will organize activities based on the popular interests, and invite the kids who filled out the survey.



The Personnel committee is very pleased that Eddie Seamans has taken to his role as Director of Youth Activities with such enthusiasm and commitment. He regularly attends Sunday morning worship during which he participates in the service and trains on the sound board.

Eddie Seamans is a senior at Santa Rosa High School. He is the only child of Kimberly and Wayne Johnson. He has been a Sheriff's Explorer for the past 1 ½ years and is interested in criminal psychology. He enjoys satirical reviews, playing Airsoft and strumming his guitar. "Playing music helps my memory and focus," he says. Eddie's favorite thing about Sonoma County is the wide variety of restaurants available.

"I hope to create a core group of youth that enjoy hanging out in a spiritual, secure and fun environment so they keep coming back." We very much appreciate Eddie's contribution to Church of the Roses!

SEPTEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Coordinating Mtg 12:30 PM Fellowship Mtg 1:30 PM Membership Mtg	2 MHS Breakfast 10:00 AM Staff Mtg. 11:00 AM Bulletin Mtg. 5:00 PM - 7:00 PM Rosebud Staff Training	3 MHS Breakfast 12:00 PM Simply Friends	4 MHS Breakfast 12:00 PM Noon Hour of Prayer	5 12:00 AM Wayne & Pat Johnson Anniversary Potluck
6 Communion Sunday 10:00 AM Worship 11:15 AM Music & Memory Documentary	7 Labor Day MHS Breakfast Office Closed 10:00 AM Senior Exercise 7:00 PM Boy Scouts	8 MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Sewing 12:30 PM Personnel 4:30 PM Worship Committee 7:00 PM Deacon's Mtg.	9 MHS Breakfast 10:00 AM Staff Mtg. 11:00 AM Bulletin Mtg. 7:00 PM Cultural Literacy for Religions	10 MHS Breakfast 12:00 PM Simply Friends 6:00 PM Bellissimo Practice 7:30 PM Choir Practice	11 MHS Breakfast Patriot Day 12:00 PM Noon Hour of Prayer	12 Voyagers September Fiesta
13 10:00 AM Worship	14 MHS Breakfast Office Closed 10:00 AM Senior Exercise 7:00 PM Boy Scouts	15 MHS Breakfast 8:30 AM Buildings & Grounds 10:30 AM PW Bible Study & Luncheon 7:00 PM Christian Edu. Meeting 7:30 PM Boy Scouts	16 MHS Breakfast Rose Clippings Submissions Due 10:00 AM Staff Mtg. 11:00 AM Bulletin Mtg. 6:00 PM Bellissimo Practice 7:30 PM Choir Practice	17 MHS Breakfast 12:00 PM Simply Friends 3:30 PM Book Club 5:00 PM Finance Meeting	18 MHS Breakfast 12:00 PM Noon Hour of Prayer	19 Pedal for Protein day 1 Presbytery Meeting 10:00 AM - 3:00 PM Bible Study Day at SFTS
20 8:15 AM Kerygma Bible Study 10 AM KICK OFF SUNDAY 11:30 AM Stephen Ministry	21 MHS Breakfast Office Closed 10:00 AM Senior Exercise 7:00 PM Boy Scouts 7:00 PM PW Evening Bible	22 MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Sewing 1:00 PM - 3:00 PM New Office Volunteer Training 5:30 PM Church and World 7:00 PM Session Mtg.	23 MHS Breakfast 10:00 AM Staff Mtg. 11:00 AM Bulletin Mtg.	24 MHS Breakfast 12:00 PM Simply Friends 2:00 PM Favorite Film Series 6:00 PM Bellissimo Practice 7:30 PM Choir Practice	25 MHS Breakfast 12:00 PM Noon Hour of Prayer 1:00 PM Nominating Committee	26 9:30 AM - 1:00 PM Handicapped Pedal for Protein Last Day
27 Rose Clippings 8:15 AM Kerygma Bible Study 10:00 AM Worship - Boy Scout commendation 11:15 AM Healthy BP Screenings	28 MHS Breakfast Office Closed 10:00 AM Senior Exercise 7:00 PM Boy Scouts 7:00 PM Preschool Board Meeting	29 MHS Breakfast 8:30 AM Buildings & Grounds	30 MHS Breakfast 10:00 AM Staff Mtg. 11:00 AM Bulletin Mtg.	WE HAVE AN IMMEDIATE NEED TO FUND SECURITY CAMERAS. IF YOU CAN HELP, PLEASE CONTACT THE OFFICE. <u>THANK YOU!</u>		
						8

Painter - Artist

Marjorie Murray-Cortez
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mmurraycortez@att.net
mmurraycortez@earthlink.net



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PEDAL FOR PROTEIN 2

SEPTEMBER 20 – 26, 2015

Help us support North Coast food banks!

Every dollar raised buys \$3.00 or more of high quality protein food for the families, young children and seniors who could benefit greatly by having protein in their daily diets.

<http://www.imathlete.com/donate/BillNancyMorganPCoftheRoses>

(Or make checks payable to the Redwood Presbytery with Team PCOR in the memo)

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Bill & Nancy Morgan – Team PCOR



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Can you Smile?
Are you willing to help
on Sunday morning?
We need youto usher

There will be a brief meeting after church to hit the highpoints of ushering and show you just how rewarding and full of good fellowship it can be. Yes, substitutes are needed and appreciated but, especially, we need "regulars" who will commit to a given Sunday of their choice where spots have been vacated or need to be filled to make the magic number of 4.

Sunday, September 13
after church (at or around 11 a.m.) in the Narthex



Charter member, **Joy Steele**, celebrated her 90th birthday. Pictured here with **Pastor Cindy**, and daughter, **Nancy**.



We have a new cleaning service, **Jan Pro**. Pictured at left is the Cleaning Team Manager, **Humberto**.



OFFICE VOLUNTEER TRAINING
Sept. 22 from 2 – 3 pm
New office volunteers and those wishing a refresher course are invited.
Please RSVP by calling the office or emailing ruth@churchoftheroses.org

Send requests for weekly email announcements to ruth@churchoftheroses.org

Cultural Literacy for Religion

Everything the Well-Educated Person Should Know

WEDNESDAYS 7 PM starting SEPT. 9

Prof. Mark Berkson's Video Course: 24 lectures

Experience the breadth and depth of the world's religions from all angles—historical, theological, and cultural.



24 engaging lectures, award-winning Professor Mark Berkson of Hamline University will take you on a tour of our world and its religious cultures. From India to East Asia to the Middle East to the United States, your journey will introduce you to the beliefs, symbols, and practices of other traditions, and it will provide you with new insights into your own. This class is a good way to learn about the panoply of religious faiths that are part of the world we live in, sometimes in our own families. It will also be a good class to invite your friends and neighbors to attend. You may come to lectures that particularly interest you if you can't make it to every class.

Cultural Literacy for Religion: *Everything the Well-Educated Person Should Know*

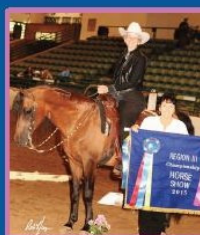
The Christian Ed Committee is happy to announce a fascinating new video class with a very long title starting on Wednesday nights at 7:00 in the Rose Room. It's your chance to experience the breadth and depth of the world's religions from all angles—historical, theological, and cultural. Over the course of

Presbyterian Women

Tuesday Sept. 15

Bible Study 10:30 a.m.

Salad Potluck 12:15 p.m.



Songs and Windsong Barbara McElroy

PW begins a new year of study and fellowship on **Tuesday, Sept. 15 at 10:30 a.m.** The *Horizons Study* for this year is *Come to the Waters* by the Rev. Judy Fletcher, examining some of the many Bible passages that feature water. Study books(\$10.00) are available in the office. On **Sept. 19** San Francisco Theological Seminary is offering an opportunity to meet the author herself. A car pool will be available for those who would like to go. **Register on the SFTS website.** The \$35.00 fee includes lunch. Our **Sept. 15th luncheon** will be a salad potluck. Please bring a small salad to share. Bread and dessert will be provided. Our speaker for the day will be **Barbara McElroy**. We have asked her to tell us about our new hymnal and teach us some of the great hymns. We've also persuaded her to tell us about her wonderful horse *Windsong* who helps her win all those championships!



**Easy Senior Exercise!
Every Monday
at 10 am in the Rose Room**

VOYAGERS SEPTEMBER FIESTA

Come and Join the Voyagers for a Mexican fiesta themed Potluck Picnic! This big event will take place on the poolside patio of the home of Lisa and Tim Skelly.

5 pm Appetizers, wine and conversation
6 pm Dinner and more conversation
6:45 pm Dessert followed by
Charades around the fireplace (if we can remember how to play).

The Skelly home is at 3945 Parker Hill Road, Santa Rosa. The house is about 1 block south of Fountain Grove on Parker Hill Road. The house phone is 575-8181.

The callers will let you know what food to bring so find your favorite Mexican recipes (or markets) Bring your own wine and layered clothing as we will be outside unless it gets too cold. Any questions call Kay (Webb) Young (280-0731) or Una Skelly (490-6945).

Subscribe to
Pastor Cindy's Blog!



UPCOMING EVENTS

Book Club

Thurs. Sept. 17 3:30 P.M



Major Pettigrew's Last Stand by Helen Simonson

Copies in the Library

Bible Study Day at SFTS

Sat. Sept. 19
10 am - 3pm



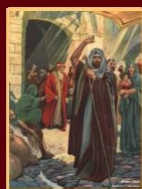
Presenting the Rev. Judy Fletcher, author
of this year's *Horizons* Bible Study:

Come to the Waters

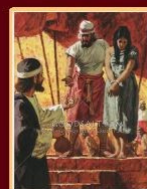
\$35.00 Fee includes lunch

Register on the SFTS website

or mail check to SFTS c/o Janel Stewart



A Bible Study for
our time.



Amos & Hosea:

Boundaries, Tough Love, Amazing Grace

Sunday Mornings 8:15

Starting September 20

Favorite Film Series

Thurs. Sept. 24 2:00 p.m.



The Second Best Exotic Marigold Hotel

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retirees to India.**

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