

# May

## Rose Clippings

Vol. 56 No.4



Margie Donaldson (above) was recognized for her 50 year anniversary of being a member of the Church of the Roses. She is one of 11 members who have been here 50-59 years! Read her article inside!



Janice Holmes (left) has been a member of our church for 51.5 years! See the list of the names inside!

4-28 Habitat for Humanity Homeownership Information 10 am

4-29 **Free Community Concert:**  
**SR CHILDREN'S CHORAL ACADEMY 2 PM**

5-2 Late Start MHS Breakfast

5-5 *Helen Mackenzie Memorial 1 pm. Sacred Space in sanctuary 6-7 pm*

5-6 **Deacon Buddy Day** after church in Bowen Hall

5-7... **MHS IB/AP Testing in Bowen Hall** (Do not enter if there is a sign on the door. Enter via the office or Campbell Court.) **7,8,9,15,17**

5-12 Boomers Sugarloaf Observatory & Hike 10:30 am

5-12 Voyagers Burgers & Bocce 3-5 pm. Contact Jim and Kay Vick.

5-13 Forum: The Marshalls on Adventure to Portugal & Morocco 11:30

5-18 PRESBYTERY MEETING 10 am

5-20 **Free Community Concert: SONG OF SONOMA 2 pm**

5-26 *Betty Thornton Memorial 11 am*



**SIGN UP FOR VBS Day Camp**  
June 11-15, 9-12 noon  
Ages 4-11, \$10/\$25 family  
Volunteers Needed!

**HELP!**  
June 2nd  
is  
**Church  
Clean-up  
Day!**

**A BIG THANK YOU**  
To everyone who helped with the Spring Fling, especially Cindy Goede, our amazingly talented volunteers, and vendors! It was a beautiful success!

**Presbyterian Church of the Roses**

*Reaching Out with Nurturing Love to All God's People*

OFFICE HOURS: Mon. Tues. Wed. 9-3 pm, Thurs. 10-2 pm

(707) 542-4272

office@churchoftheroses.org

# LOOKING FORWARD TO PENTECOST

by Pastor Cindy

*"When the Advocate comes, whom I will send to you from the Father, the Spirit of truth..., will testify on my behalf. You also are to testify because you have been with me from the beginning..... I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send it (the Holy Spirit) to you. (John 15:26-27; 16:4b-7)*



Wow! Can you imagine walking beside Jesus, sometimes holding his hand...(Jewish men held hands when they were close friends in those days.) What a treat it would have been to be able to gaze into his brown eyes and feel the peace and wisdom deep in your soul while listening to Christ's amazing words! Then suddenly you hear this: "I am going to him who sent me...but I will send the Holy Spirit, the Advocate to you."

How heartbroken the disciples must have felt knowing that their special personal time with Jesus was about to end. And how confusing it must have been to hear that an Advocate/Spirit of

truth was coming to be with them. This is what we celebrate at Pentecost!

The word "pentecost" literally means: fiftieth day. Jews celebrate on the fiftieth day after the 2nd day of Passover a holiday called either the "Festival of Weeks" or the "Feast of Shavuoth" every year. We celebrate Pentecost on the same day. It is a harvest celebration for God's provision and sustenance similar to our country's Thanksgiving holiday.

My hope for our church is that we appreciate the gift of the Advocate/Holy Spirit who helps us discern the truth, and experience the peace, love, and joy inherent with faith in Jesus Christ. Presbyterians consider the Holy Spirit as an equal part of the Trinity of God along with Jesus. Yet, it is hard to physically see the Holy Spirit. The best way to see it is to show the power of the Holy Spirit. We can demonstrate its power in our actions when we proclaim truth, love, hope and faith in God by caring for one another as Jesus showed us in his way of healing peace.

May you come to church and celebrate Pentecost in a big way with us on May 20th! We won't have tongues of fire, but we will have a contagious amount of joy and peace as we celebrate the gift of the Holy Spirit who advocates and cares for each one of us. Let's all sing: "Holy, Holy, Holy!" not just in church but with our lives!

*Join us for Sacred Space Saturdays in the Sanctuary 6-7 pm. May 5th, June 2nd*

*Sacred Space*

First Saturdays of the Month 6-7 pm



Meditative, Creative, Intimate



**We would like to thank our  
HARDWORKING B&G Crew  
as they update and beautify  
our church. Their dedication  
is inspiring! THANK YOU!**

## COMMITTEE UPDATES

### BUILDINGS & GROUNDS

B&G has been working steadily on painting, and the renovation of the two Campbell court bathrooms. Thank you to all the people who have donated to the capital fund! Our goal is to be ready for the Presbytery meeting on May 18th, and have all the improvements completed by then. Resurfacing the bathrooms by Miracle Tile will be done the week of April 23. The following week, starting Monday April 30th, Conklin will begin installing the new carpet. We want to complete all painting prior to the carpet installation.

Steve Fenner, Chair

### ROSEBUD PRESCHOOL

We are waiting for our butterfly larvae to arrive and are planning our garden. We are also watching our apple trees as they bud and are keeping watch for flowers. It seems like the school year just started but we are already planning our Pre-K Celebration and End of Year Potluck that will happen in May.

Susan Jenkins, Director

**Roses Signature Concert Series invites you  
to attend a free concert of the  
SANTA ROSA**

**CHILDREN'S CHORAL ACADEMY**

**on SUNDAY, APRIL 29 AT 2:00 p.m.**

**It will be an hour of beautiful music!**

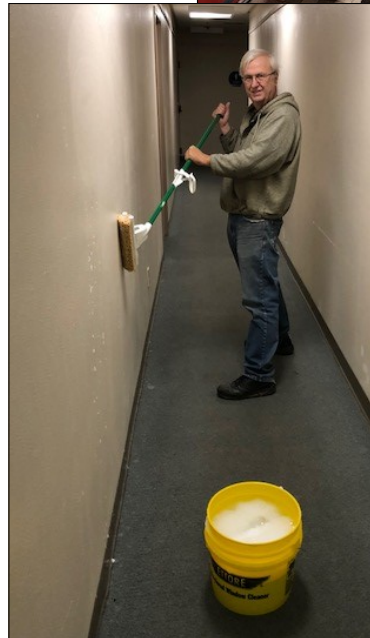
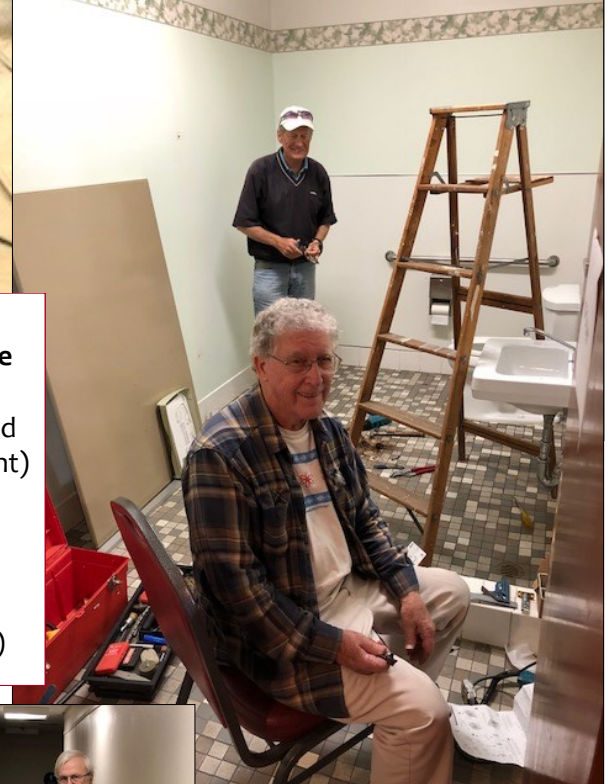
**Barbara McElroy, Concert Coordinator  
Lesley Pillsbury, Roses Concert Committee**

*THESE GUYS ROCK!*



**Steve Fenner  
and Chris Nelle  
(above)**

**Gary Smith and  
Bob Wills (right)  
Dave Nelson  
(below), Hal  
Sneath and  
Chris Nelle  
(bottom right)**





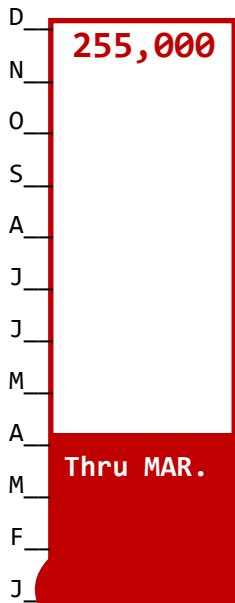
# FINANCE

Through our first quarter, period ending 3/31/18, we are tracking to budget. Nothing of any significance to report, e.g. revenue is what we budgeted for as are expenses. Reserves remain healthy and from the finance perspective things are good. A big thank you to those who have contributed to our capital drive and we could use some more. So far we have raised almost \$16,000 and that is enough to complete our "refreshment project" on our building. I hope you all like what you've seen so far. As I explained when the capital drive was unveiled, if we raised more than needed for the refreshment project we would likely provide Building and Grounds a financial green light to do some other deferred maintenance on our building, e.g. new rain gutters, fix some dry rot, etc. As always, if you would like any further detail on our Church finances, please ask me at church or call me 527-0576.

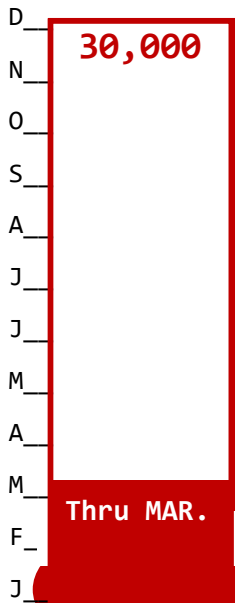
Oh, one more reminder.....our hope is that over and beyond your current giving level we would very much appreciate it if you could remit to the church the "per capital" tax or assessment levied upon us by the Synod for each year. For 2018, it's \$30.21/Member. If each of us pays this then the church doesn't have to use any of its operating budget to pay, which is our preference. Thank you.

Chris Nelle, Chair

GOAL  
PLEDGE



GOAL  
UNPLEDGED



## April in Paris Photos!

Thank you to ALL the volunteers and vendors who made the Spring Fling a **SUCCESS!** *Photos by Jami Knuthson*







*New Member, Jamie Yen with his mother and Pastor Cindy*

## MEMBERSHIP

In April, we recognized four new members! Please help us welcome Denese Cox, Craig Hays, John Iodence, and Jamie Yen.

Bill Morgan, Chair

## CHRISTIAN EDUCATION

**Vacation Bible School is just around the corner and we will need a lot of volunteers!** Register your child online or at the office! If you're interested in helping out, please contact Diane Osten.

There will not be any Monday or Wednesday study classes in May.

Tony Burille, Chair  
Diane Osten, Co-Chair

## 50 years a member!



Fifty years ago, on Easter Sunday of 1968, my family, Wally, myself, daughter Claudia, and my sons Keith and Kirk joined Church of the Roses. Sadly, Wally died in 2006 after being a very active member. Our three grown children live elsewhere with their own families. I'm blessed with five grandchildren and six great grandchildren!!

**Margie**

**Donaldson**

I have been active at the church these fifty years. I sang in the choir for a least 25 years and worked once a week as a receptionist in the office. I held an Elder position and became a Deacon two different times. I've been on many committees and still serve on the Church and World Committee. I served with the telephone prayer chain for many years.

Our daughter Claudia was married here in 1971 to Carl Walker. Our son, Kirk, was in an almost fatal car accident in 1972 when he was 18 and a student at SRJC and thankfully recovered. I came close to dying in 1994/1995 due to heart stuff, all the time Church of the Roses prayed for us. This church has kept me grounded with beautiful friendships. We have loved our ministers; Bill Bowen, Frank Hamilton, Wayne Johnson, Tom Nolan, John Cushman, and our wonderful current Pastor Cindy Alloway, whom we are blessed to have with us.

My husband Wally drew the portrait of Pastor Bill Bowen which is hanging near the kitchen in Bowen Hall. I've moved perhaps 30 times in childhood and youth and as a military wife. So, I'm extremely proud of my 50-year membership in our beloved Presbyterian Church of the Roses. I'm trying to live my life in gratitude as I will turn 92 on the 15<sup>th</sup> of May.

## MEMBERS FOR 50+ YEARS!

**Phil Henry—58 years**  
**Sue Maddox—58 years**  
**Mike Sepulveda—57 years**  
**Dan Bargar—55 years**  
**Margart Kram—53 years**  
**Nancy Hansen—52 years**  
**Lenore Foster—51 years**  
**Janice Holmes—51 years**



# ALCOHOL AND MENTAL HEALTH

by Felipa Jones

**Alcohol has been part of society and culture for centuries.** People drink for a variety of reasons - to change the way they feel, to relax, to celebrate, to forget, to have a sense of belonging, or to mask symptoms of mental health disorders (like depression and anxiety). In Sonoma County, wine drinking and micro brews are almost a way of life! Alcohol use is closely related to our entire health (physical, emotional, mental, and spiritual).

**In the short-term, alcohol may have a temporary positive impact in mood;** however, in the long term, it can cause problems. Mood disturbances that alcohol misuse can lead to include depression, memory loss, anxiety, and feelings of shame. Drinking lowers inhibition, and it can disrupt the body's ability to rest and get rid of the toxic effects of alcohol in the body. This can cause problems with sleep and lower energy levels. In addition, alcohol can reveal or intensify underlying feelings, such as memories or repressed feelings of painful or traumatic events.

**The relaxed feeling we get** when we have the first drink is due to chemical changes in our brain, which can make us feel more confident, less anxious, and less inhibited. As we drink more, more of the brain gets affected; instead of the pleasurable effect increasing, we can become angry, defensive, aggressive, anxious, and depressed.

**Alcohol use alters brain chemistry,** affecting chemicals that help transmit signals in between nerve cells or neurons called neurotransmitters and affecting our thoughts, feelings and actions. Alcohol is basically a depressant, decreasing the levels of serotonin in the brain, a key chemical involved in depression. With ongoing alcohol use, this depletion becomes cyclical, creating a vicious cycle - people feel depressed, drink more to relieve depression, and then get more depressed.

**When we drink, the perception of a situation** may narrow and we may not respond to all the cues around us. If we're prone to anxiety, and notice something that we interpret as threatening in the environment, we tend to focus on that while ignoring other cues. For example, we may focus on our partner talking to someone we're jealous of, while missing all the other people that have talked to them.

## ESSENCE OF THE ROSE HEALTH MINISTRY

**Alcohol can also damage our memory,** slowing down our brain processes and impairing our memory. After drinking a lot of alcohol, the brain can stop recording events, resulting in "black outs," where cannot remember what we did or what happened. Drinking heavily over a long period of time can also affect long-term memory, and may cause memory deficits even even on days without drinking.

**Alcohol misuse makes people more vulnerable** to mental health problems, and vice versa. When people have mental health problems and alcohol problems (dual diagnosis), the diagnosis and treatment become more difficult and challenging. People with mental health disorders are 50% more susceptible to addiction. They may have a harder time achieving and maintaining abstinence, and may even try to commit suicide. Often, people with mental health disorders are unaware of it, feeling hopeless, depressed, angry, or impulsive. They may find themselves feeling lost, or may turn to unhealthy behaviors to attempt to numb their psychological suffering (self-medicating). As alcohol misuse escalates, it further affects the brain, causing psychological symptoms of anxiety, paranoia, memory loss, uninhibited or high-risk behavior, auditory and visual hallucinations, depression, and a sense of detachment from the surrounding world. These symptoms are also commonly seen in many mental disorders like bipolar disorder, clinical depression, schizophrenia, depersonalization disorder, or dementia. Breaking the cycle of alcoholism in the presence of mental disorder requires help from specialized professionals.

**Current alcohol consumption recommended** sensible limits are 3-4 units/day for men, and 2-3 units/day for women. One pint of beer (5% vol) is the equivalent of 3 units; one pint of lager (35 vol) is 2 units; one small glass of wine (12% vol) is 2 units, and one measure of spirit (40% vol) is 1 unit.

**Resources:** Local AA groups, Al-Anon Family groups

Mental Health Foundation - "Alcohol and Mental Health" - <https://www.mentalhealth.org.uk/a-to-z/a/alcohol-and-mental-health-disorders>

Alcohol and Mental Health - [https://dionysus.psych.wisc.edu/WebCMS/documents/Alcohol\\_and\\_mental\\_health.pdf](https://dionysus.psych.wisc.edu/WebCMS/documents/Alcohol_and_mental_health.pdf)

Alcoholism and Psychiatric Disorders - <https://pubs.niaaa.nih.gov>

The Vicious Cycle of Alcohol and Mental Health Disorders - <https://www.quitalcohol.com>

12 Steps of AA/The Alcoholic Anonymous 12 Step Recovery Program - <https://www.projectknow.com/research/alcoholics-anonymous-12step/>



## Church and World

The Church and World Committee is hosting an event on Saturday, April 28 when applicants for homes built by Habitat for Humanity will gather in Bowen Hall. Refreshments will be served as people prepare to register with Habitat volunteers in English and Spanish.

The Committee voted to award \$1,027 to Phillippe Kodjale toward his enrollment expenses at Santa Rosa Junior College. Phillippe, who has a 4 point grade average, needs another \$2,000 in order to be allowed to graduate from SRJC. His next step will be to apply to a four year college. The Committee would appreciate help from the congregation to raise the needed \$2,000 and to assist him in applying to a four year college/university.

Committee member Guy Cottle has initiated a birthday recognition for Montgomery High School students who sign up with information about their birth date. A birthday card and ten dollar gift certificate to the Juice Shack will be provided on a student's birthday. Note: just for those who sign up.

A total of \$508 was donated for this year's One Great Hour of Sharing offering.

Alice Crouch, Secretary

### **Wheelchairs/Walkers/Shower Chairs**

**We have too many! If you or a friend is in need of a cane, wheelchair, walker, or shower chair...come and get it!**

### **GRADUATE PHOTOS NEEDED by May 23**

Do you have a family member that is graduating from high school, or college? Send in the office or bring in their photo, name, and relation to you. We would love to announce it in the June newsletter.

## **PRAYER REQUESTS**

### **Those mourning the loss of a loved one**

- ◆ Please pray for the family and friends of Helen Mackenzie as they mourn her passing on March 23, 2018. *Her memorial will be May 5, 2018 at 1pm.*
- ◆ Please pray for the family of Joan Payne Huntoon who passed away Feb. 21, 2018. She was a charter member and an organist at Church of the Roses.
- ◆ Please pray for the family of Betty Thornton, who passed away on March 13th. *Her memorial will be Sat. May 26, 2018 at 11 am.*

### **Those facing health issues**

Jerry Alloway	Lucrecia Muñoz
John Baker	Marie Patchin
Jim Bauer	Carolyn Kenworthy
Judy Bello	Rhonda Patton Knoles
Barbara Blinn	Polly Post
Bob Bunting	Evelyn Radunich
Patrick Butler	Fred Recknagel
Kathryn Alloway Culver	Bob Simmons
Aileen Christie	Marguerite St. Juste
Margorie Alloway Dreger	Marisa Taylor
Dick Draper	Bob Weber
Ray Foreaker	Helen Wikle
Eric Hoche	Betty Witchey-Ryer
Ted McCarthy	Jill White
Gene Michel	Roger White
Jason Montsier	Jamie Yen
Jessica Morse	

### **Those serving in our military**

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center, Chris Loranger serving in Afghanistan.

### **Buying on Amazon?**

**Remember to start with *smile.amazon.com* so we get .5% donated from eligible Amazon purchases. Choose us as your charity!**



◀ VOYAGERS ▶



**BURGERS &  
BOCCE BALL**

**MAY 12  
3 - 5 PM**

OUR MAY EVENT IS BURGERS AND BOCCE. WE WILL GATHER FROM 3PM TO 5PM ON SATURDAY, MAY 12, 2018. We are aware that this is the day before Mother's Day. We hope that this is not a problem. Burgers will be provided as well as vegetarian burgers. Lemonade and water will be available. Other beverages are your choice. We will ask the attendees to provide appetizers, salads, and desserts. The phone number for your questions is 281-386-9945. The address is 1820 Amber Ridge Way, Windsor, Ca. The Gate Code will be provided when you reply to the caller.

We hope to see many Voyagers.  
JIM AND KAY VICK



**DEACON BUDDY DAY!**  
Don't miss our second annual Buddy Day on May 6<sup>th</sup>. Join us for good food, fun and fellowship at 11 AM in Bowen.

## MIND BODY HEALING CLASSES

### Tai Chi

**Sat. 10:30 am**  
with David Chung

**Mondays 11 am**  
SUPPORT GROUP

### Qi Gong

**Mondays 12 pm**

**QUILTERS NEEDED!**

**JOIN US 2ND & 4TH TUESDAYS**

# Join the BOOMERS SUGARLOAF PICNIC



**Observatory + Walk**  
**Sat. May 12th at 10:30 am**

**See the Rose Clippings for more information**

**Welcoming all active adults.**

## Boomers May Event

### Ferguson Observatory, Picnic and Walk

On May 12 Boomers are off to Ferguson Observatory at Sugarloaf State Park for the daytime events of their monthly Star Party. We will have the opportunity to view our closest star (that's our own sun, ya' know!) and learn about sunspots, prominences and flares, observing with both visible light and radio telescopes.

After appropriately nourishing our grey matter we will nourish our bodies with a brown-bag picnic lunch at the nearby picnic grounds, followed by a lovey spring-time walk around the Meadow Trail (approx. 2 miles - 1 short, steep section).

Sounds like fun? You bet! Here are the details:

**Date:** Saturday, May 12

**Time:** Meet at COR parking lot for car-pooling at 1030 am, or at Sugarloaf Parking lot at 11 am

**Location:** Ferguson Observatory at Sugarloaf State Park (directions below)

**What to Bring:** Water, your own picnic lunch, trekking poles if desired, an inquisitive mind

**Other:** Parking fee of \$8/car (\$7 senior)

**RSVP by May6:** Tony Burille,  
[slamarshall@sbcglobal.net](mailto:slamarshall@sbcglobal.net)

### Directions:

From Highway 12 east of Santa Rosa, turn on Adobe Canyon Road toward Sugarloaf Ridge State Park. Follow the road up the canyon. From the Park's entrance kiosk, proceed straight up the road, turning left into the parking lot.





Ok, say this three times really fast:

### How many Blessings can a Blessing Bag Bring as a Blessing Bag really Brings Blessings!

Boomers gathered together in Bowen Hall last Sunday, along with our Girl Scout Troop, to compile Blessing Bags for the homeless.

Well over 100 people-in-need will be thrilled to receive these Blessing Bags filled with water, food, and personal hygiene products. And each of us gathered there were blessed as well to be a part of the process.

A HUGE shout out to Linda Lance for her incredible organizational skills in arranging this great event, and for the sumptuous sandwich bar luncheon that followed. And thanks to our congregation for supplying the items for over 100 bags. These blessing bags may be picked up in the Church office – we recommend you keep them in your car and hand them out to people-in-need that you may meet. ~ Joy Olsen



### The Rev. Sue Fleenor will be preaching on MAY 13

The Rev. Sue Fleenor retired from pastoral ministry in June 2016 after serving three installed and five interim positions over the course 35 years. The last 17 years she had the joy and privilege of serving as pastor of Knox Presbyterian Church of Santa Rosa.

Sue lives in Santa Rosa with her long-time companion/spouse, Lynn Jones, who retired in 2016 after serving for 45 years as a preschool teacher and director. She was the start-up director for the Rosebud Preschool.

In September 2017 Sue walked portions of the Camino de Santiago de Compostella, an ancient spiritual pilgrimage across northern Spain. She will be reflecting on her sacred journey with stories and pictures. Sue writes: ***“Pilgrimage can be defined as a journey in search of spiritual well-being. Pilgrimage can also be defined as a sacred journey – a journey embarked upon with the intention of drawing nearer to the Divine and being transformed by that encounter. That was my intent and my hope on the Camino.”***

## Movies to Watch at Home



Movie  
Top Picks  
By  
Nita  
Pinney

We are used to seeing Johnny Depp as a Pirate of the Caribbean but in this 2004 Academy Award winning film he won a Best Actor Award for his portrayal of J.M. Barrie who created that famous pirate: Captain Hook. This film is the story of how he came to write his play *Peter Pan*. Kate Winslet plays the mother of the boys who were his inspiration. See the movie first and then you might like to experience the Spreckels production of *Peter Pan*. (May 4 -20 in Rohnert Park )



<b>MAY</b> Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
<b>29</b> <b>8 AM</b> Korean Worship <b>9 AM</b> Learn Ukulele <b>10 AM</b> Worship <b>2 PM Free Community Concert: SR Children's Choral Academy</b>	<b>30</b> Carpet Installation <b>7AM</b> MHS Breakfast <b>11 AM</b> Tai Chi Support Class <b>12 PM</b> Qi Gong <b>7 PM</b> Boy Scouts Troop #135	<b>1</b> Carpet Installation <b>7 AM</b> MHS Breakfast <b>8:30 AM</b> B&G <b>10 AM</b> PW Coord. Mtg <b>12:30 PM</b> Fellowship M <b>12:30 PM</b> Personnel M <b>1:30 PM</b> Membership <b>7 PM</b> Stephen Min.	<b>2</b> Carpet Installation <b>LATE START BREAKFAST</b> <b>10:30 AM</b> Staff Mtg.	<b>3</b> Carpet Installation <b>National Day of Prayer</b> <b>7AM</b> MHS Breakfast <b>12 PM</b> Com. on Ministry <b>12 PM</b> Noon Hour of Prayer (not in Rose Rm) <b>6 PM</b> Bells practice <b>7 PM</b> A.A. <b>7 PM</b> Girl Scouts <b>7:30 PM</b> Choir prac.	<b>4</b> Carpet Installation Office Closed <b>7AM</b> MHS Breakfast <b>7 PM</b> Gamblers An <b>7 PM</b> Korean Youth Group	<b>5</b> <b>6:30 AM</b> Korean Prayer <b>10:30 AM</b> Tai Chi <b>1 PM</b> <i>Helen MacKenzie Memorial</i> <b>6 PM Sacred Space in Sanctuary</b>
<b>6</b> <b>8 AM</b> Korean Worship <b>9 AM</b> Learn Ukulele <b>10 AM</b> Worship <b>11 AM</b> Deacon Buddy Day	<b>7</b> <b>7AM</b> MHS Breakfast <b>12 PM Qi Gong Video Class - ENTER THROUGH OFFICE</b> <b>12:30 PM MHS IB/AP Testing</b> <b>7 PM</b> Boy Scouts Troop #135	<b>8</b> <b>7AM</b> MHS Breakfast <b>7:30 AM MHS IB/AP Testing</b> <b>8:30 AM</b> B&G <b>10 AM</b> PW Quilt Sewing <b>12 PM MHS IB/AP Test</b> <b>6 PM</b> Deacon's Mtg	<b>9</b> <b>7AM</b> MHS Breakfast <b>7:30 AM MHS IB/AP Testing</b> <b>10:30 AM</b> Staff Mtg.	<b>10</b> <b>7AM</b> MHS Breakfast <b>12 PM</b> Noon Hour of Prayer <b>6 PM</b> Bells practice <b>7 PM</b> A.A. <b>7:30 PM</b> Choir prac.	<b>11</b> Office Closed <b>7AM</b> MHS Breakfast <b>7 PM</b> Gamblers An <b>7 PM</b> Korean Youth Group	<b>12</b> <b>6:30 AM</b> Korean Prayer <b>10:30 AM</b> Tai Chi <b>1 PM</b> SR Symphonic Chorus Event
<b>13</b> <b>8 AM</b> Korean Worship <b>9 AM</b> Learn Ukulele <b>10 AM</b> Worship - Guest Preacher Sue Fleenor <b>11:15 AM</b> S.S. Team Planning <b>11:30 AM</b> Forum: The Marshalls Adventures in Portugal & Morocco  <b>HAPPY MOTHER'S DAY!</b>	<b>14</b> <b>7AM</b> MHS Breakfast <b>12 PM</b> Qi Gong Video Class <b>7 PM</b> Boy Scouts Troop #135	<b>15</b> <b>7AM</b> MHS Breakfast <b>7:30 AM MHS IB/AP Testing</b> <b>8:30 AM</b> B&G <b>10:30 AM</b> PW Bible Study & Luncheon <b>5 PM</b> Finance Mtg <b>5:30 PM</b> Worship Committee <b>7 PM</b> Christian Edu. Mtg <b>7:30 PM</b> Boy Scouts Board	<b>16</b> <b>7AM</b> MHS Breakfast <b>10:30 AM</b> Staff Mtg. <b>5:30 PM</b> Rosebud Preschool Graduation	<b>17</b> <b>7AM</b> MHS Breakfast <b>12 PM MHS IB/AP Testing</b> <b>12 PM</b> Noon Hour of Prayer <b>3:30 PM</b> Book Club <b>6 PM</b> Bells practice <b>7 PM</b> A.A. <b>7 PM</b> Girl Scouts <b>7:30 PM</b> Choir prac.	<b>18</b> Office Closed <b>7AM</b> MHS Breakfast <b>10 AM PRESBYTERY MEETING</b> <b>11:30 AM</b> Ladies Who Lunch (away) <b>7 PM</b> Gamblers An <b>7 PM</b> Korean Youth Group	<b>19</b> <b>6:30 AM</b> Korean Prayer <b>9:30 AM</b> Handicapables <b>10:30 AM</b> Tai Chi
<b>20</b> <b>8 AM</b> Korean Worship <b>9 AM</b> Learn Ukulele <b>10 AM</b> Worship - Pentecost <b>2 PM Free Community Concert: SONG OF SONOMA</b>	<b>21</b> <b>7AM</b> MHS Breakfast <b>12 PM</b> Qi Gong Video Class <b>6 PM</b> Cub Scouts <b>7 PM</b> Boy Scouts Troop #135	<b>22</b> <b>7AM</b> MHS Breakfast <b>8:30 AM</b> B&G <b>10 AM</b> PW Sewing <b>5:30 PM</b> Church and World <b>7 PM</b> Session Mtg	<b>23</b> <b>7AM</b> MHS Breakfast <b>10:30 AM</b> Staff Mtg.	<b>24</b> NEWSLETTER items due <b>7AM</b> MHS Breakfast <b>12 PM</b> Noon Hour of Prayer <b>6 PM</b> Bells practice <b>7 PM</b> A.A. <b>7:30 PM</b> Choir prac.	<b>25</b> Office Closed <b>7AM</b> MHS Breakfast <b>7 PM</b> Gamblers An <b>7 PM</b> Korean Youth Group	<b>26</b> <b>6:30 AM</b> Korean Prayer <b>10:30 AM</b> Tai Chi <b>11 AM Betty Thornton Memorial</b>
<b>27</b> <b>Trinity Sunday</b> <b>8 AM</b> Korean Worship <b>9 AM</b> Learn Ukulele <b>10 AM</b> Worship <b>11:15 AM</b> Healthy BP Screenings <b>11:30 AM</b> Spirituality of Writing Class	<b>28</b> <b>NO BREAKFAST</b> <b>Office Closed - Memorial Day</b> <b>7AM</b> MHS Breakfast <b>12 PM</b> Qi Gong <b>7 PM</b> Boy Scouts Troop #135 <b>7 PM</b> Preschool Board Mtg	<b>29</b> <b>7AM</b> MHS Breakfast <b>8:30 AM</b> B&G	<b>30</b> <b>7AM</b> MHS Breakfast <b>10:30 AM</b> Staff Mtg.	<b>31</b> <b>7AM</b> MHS Breakfast <b>12 PM</b> Noon Hour of Prayer <b>6 PM</b> Bells practice <b>7 PM</b> A.A. <b>7:30 PM</b> Choir prac.	<b>1</b> MHS Senior Breakfast Office Closed <b>7 PM</b> Gamblers An <b>7 PM</b> Korean Youth Group	<b>2</b> <b>6:30 AM</b> Korean Prayer <b>8:30 AM All Church CLEAN UP DAY</b> <b>10:30 AM</b> Tai Chi <b>6 PM Sacred Space in Sanctuary</b>

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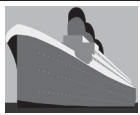
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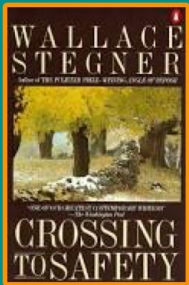
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# UPCOMING EVENTS



**Sunday Forum**  
**May 13 11:30 a.m.**  
 Don and Mickey Marshall  
 will share their  
 Global Volunteer  
**Adventures in Portugal  
 and Morocco**  
**Not just monkeying  
 around!**



**Book Club**  
**Thursday May 17**  
**3:30 p.m.**  
**Crossing to Safety  
 by Wallace Stegner**  
**A Novel about Friendship  
 by a great American Author**



**Sunday**  
**May 20**  
**2:00 p.m.**

## Song of Sonoma

**Sharon Carlson, Director**  
**Not your Grandmother's Barbershop!**

Admission is free. Donations are welcomed.



**PRESBYTERIAN  
 WOMEN**  
**Tuesday May 15**  
**Bible Study 10:30**  
**Lesson 9**

## Celebrate a PW 30th Birthday

Bring your 2018 BIRTHDAY OFFERING.

**Salad Potluck Luncheon 12:00**

SUBMIT ITEMS FOR THE NEWSLETTER AT THE OFFICE OR EMAIL [RUTH@CHURCHOFTHEROSES.ORG](mailto:RUTH@CHURCHOFTHEROSES.ORG).

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