# PRESBYTERIAN CHURCH OF THE ROSES

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# Rose Clippings

NEWSLETTER | MAY 2017 | VOL. 55 NO. 5



The Easter cross blooms with your garden flowers!



THIS SPRING WE WELCOMED NINE NEW MEMBERS! Norm Smith, Tonia DeClue, Jack and Shirley Walton, Dana Thomas, Chelsea Howard, Ken Thompson, Barbara Basham, and Sheri Cohn-Harvey (not pictured). WELCOME!



Ages 4-11



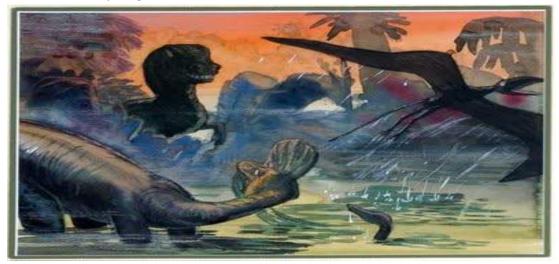


TICKETS ON SALE NOW! See inside for info

# Eastertide, Resurrection, and the Rite of Spring

by Pastor Cindy

Igor Stravinsky's ballet *The Rite of Spring*, is a masterpiece that changed modern music forever. According to an NPR report: "Stravinsky's music is famous for causing a riot at its premiere. It was a warm spring evening in Paris on May 29, 1913, and the well-heeled crowd at the Champs Élysées Theatre was not ready for jagged rhythms, crunching discord, and the strange jerking of the dancers on stage. Over time, the infamous piece gained a place in pop culture when Walt Disney used part of it as the soundtrack to *Fantasia*. But instead of ballet dancers, Disney animators created dinosaurs stomping and volcanos erupting to the music.



(For the whole NPR article titled: the "Riotous Rite of Spring" see: http://www.npr.org/templates/story/story.php?storyId=88490677)

In Santa Rosa, Spring has sprung! What is your rite of Spring? Ours in the Church is **Easter** of course! We had a glorious Easter at the Church of the Roses with the cantata, "**Believe!**" presented beautifully by our choir with readers and sound & projection techs! We were very blessed by many voices and a wonderful musical storytelling of the events leading up to Christ's resurrection, all coordinated by our amazing Barbara McElroy.

Now we are in the season of **Eastertide** until Pentecost on June 4<sup>th</sup>. During this Eastertide we will be honoring God's glorious creation with a special Earth Sunday on April 29<sup>th</sup>. We are also planning a Sunday Forum about our Islam neighbors and a forum on Elder Abuse including how to detect and avoid scams. Plan to attend our annual Spring Fling May 20<sup>th</sup>!

This is also a time for **Spring cleaning and renewing of our church!** We need to replace our carpets and renovate our Campbell court bathrooms as part of a much overdo renewing of our large facility. If you can help us with the cost of carpet replacement or bathroom renovation we appreciate your donations very much! All tax deductible! Please see our Finance Committee report for more information about the state of our finances and contact Pastor Cindy or Chris Nelle to discuss a designated donation to improve our church hospitality and safety for all who enter our doors. And may this Eastertide bring you closer to Jesus as we celebrate Christ's resurrection. I love this hymn by Carolyn Winfrey Gillette.

### You, O Christ are Resurrection

You, O Christ are resurrection
In a world that's filled with pain.
You reach out when we are hurting
And you lift us up again.
Battered women, hungry children,
Lonely people, those in need
Find in you a hope that's living
As they're welcomed, loved and freed.

You, O Christ, are resurrection
When we're caught up in our sin,
When we grieve the road we're traveling,
When we see what might have been.
You give healing and forgiveness
In the place of sin and strife.
Christ, we're drawn to what you give us—
Resurrection and new life.

You, O Christ, are resurrection
When a loved one's memories fade,
For you never will forget us—
We're the ones you came to save.
Lord, we trust that you will guide us
When each day brings grief and stress;
Living Christ, you walk beside us
Through this shadowed wilderness.

You, O Christ, are resurrection
When an illness takes its toll,
For the promise that you give us
Is that one day we'll be whole.
So we need not fear the future
When the way seems hard to bear;
You will gently guide and lead us
To the place that you prepare.

By Carolyn Winfrey Gillette



Chris & Liz Rhodes enjoy Rosebud Preschool Easter Egg Hunt Activities with their granddaughter Wendy.



FIFTIETH ANNIVERSARY
IN THE BOY SCOUTS OF AMERICA
By Bill St. John



I celebrated fifty years as a member of the Boy Scouts on Sunday, January 22, 2017. I began with the Cub Scouts in September of 1967, and am currently an active Assistant Scoutmaster with Troop 134 of Santa Rosa. I also earned my Eagle Scout Award in Troop 6 and have helped hundreds of boys during the past fifty years become Eagle

Scouts themselves. I would like to say thank you to the following people who have helped me since I first started out in the Boy Scouts: Eldon Davis Troop 383, my family, Jim Walukones Troop 149, Scoutmaster Michael Polkinghorn Troop 134, Alan Aurdahl Troop 9, Chuck Dufner Troop 151, Brian Smith, Reverend Cindy Alloway, Larry Hansen, Scoutmaster Dick Garmen Troop 6, Scoutmaster Vern Rains Troop 6, Scoutmaster Stephen O'Leary Troop 27, Mike Bell, Associate Advisor of the Order of the Arrow, and Mark Abel Troop 58.



# Committee Updates

#### **BUILDINGS & GROUNDS**

Spring is here! Building and Grounds has been busy with landscaping, preparing the garden area, and doing needed repairs. We hopefully solved a roof leak, and have an upcoming project to mulch the rose bushes. If anyone would like to help garden, just let me know.

Steve Fenner, Chair

# DIRECTOR OF YOUNG ADULTS & FAMILY MINISTRIES

We are excited to be partnering with Door of Faith Orphanage in La Missión, Baja, Mexico!

WHEN: June 18-24

COST: \$400/ person due May 21st

MEETINGS: April 23<sup>rd</sup> and May 21<sup>st</sup> 11:30 am FIESTA FUNDRAISER: April 30<sup>th</sup> 11:30 am DONATIONS (accepted Sundays & at the fundraiser): English & Spanish Bilingual Children's Books, Spanish Children's Bibles, Laundry & Dish Soap, Shampoo, Diapers, Baby food, Box fans (3).

PRAYERS REQUESTED: for the Kids and Staff at Door of Faith Orphanage, the Safety and Health of participants, Hearts inspired by the Holy Spirit.

For information about the trip, please contact <a href="mailto:cassie@churchoftheroses.org">cassie@churchoftheroses.org</a>
For more information about DOFO please visit dofo.org



#### ROSEBUD PRESCHOOL

Rain did not stop us from enjoying our Easter Egg Hunt and activities. We had over 1,000 eggs "hidden" in the Sunday School rooms, down the hallways and throughout the school. It actually was more of a hunt than the outdoor scramble that usually happens. Thank you to the church members for your help with the event.

We are exploring metamorphosis in the main classroom and have silk worms spinning and painted lady larvae in their chrysalises. We have created large representations of the entire cycle from egg to butterfly. We have cleaned out the garden and added compost in preparation for planting.

Susan Jenkins, Director

#### **MEMBERSHIP**

We are pleased to announce that the church received nine new members on April 9<sup>th</sup>. Please be sure to welcome Barbara Basham, Tonia DeClue, Sheri Cohn-Harvey, Chelsea Howard, Norm Smith, Dana Thomas, Ken Thompson and Jack and Shirley Walton. We are also working with the Fellowship Committee to bring the Spring Fling to life on May 20<sup>th</sup>. Tickets went on sale April 23<sup>rd</sup> and please stay tuned for more details. It will be a wonderful event to raise money for our local outreach!

Bill Morgan, Chair

### **CHRISTIAN EDUCATION**

Vacation Bible School is June12-16th. Sign up your child or sign up to help! We are looking for VBS volunteers to help with crafts, music, drama, recreation, registration and check-in, and snacks! Anyone interested in volunteering can contact Diane Osten. Sign your child up at the front office.

The Most Enlightening Passages of the New Testament Video Class will continue starting on May 10th—Wednesdays at 7 pm in the Rose Rm.

# Committee Updates

# OUR CHURCH FINANCES: What you should know

#### **OPERATIONS:**

-the everyday running of our church, e.g. collecting donations from our members and visitors, facility rental (all adding up to our income); and then, paying our expenses, e.g. payroll, utilities, equipment rents, equipment maintenance, church program expenses (all adding up to our expenses)

-when you include the principle portion of our loan payments to total expenses, this totals the amount of operating cash outflow. Subtract this from the total of all income sources and you get operating cash flow. If this number is negative (more going out than is coming in) operating reserves are used to make up shortfall.

#### **CAPITAL:**

-capital is required to purchase and when necessary replace capital assets, e.g. buildings and all parts of buildings (furnaces', bathrooms, plumbing, floor covering, roofs, etc.), office equipment, cars/vans, computers

-capital comes from (1) excesses from prior operating periods that were saved in a capital reserve fund; (2) borrowed money; (3) capital campaign for a stated specific project

# WHERE ARE WE, IN REGARDS TO OPERATIONS AND CAPITAL?

-operations continue in a slight negative which is using up our operating reserve. This is not sustainable over the long term and we are working to reverse this trend. If income does not meet expectations, expenses must be reduced. Over 65% of expenses are in payroll (people)

-we have no capital reserve fund, we will not borrow anymore money, so any approved priority capital spend must be done with a successful capital campaign. A listing of prioritized projects is being developed.

#### LATEST UPDATE:

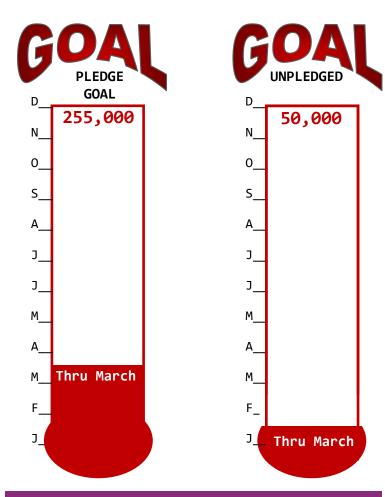
-year to date donations are behind budget. Please remember to meet your promised pledge and remit it on the frequency you committed to.

-please remember to think of gifts and bequests to

PCOR with your estate planning. We need to build a capital reserve fund

Thank you and as always, call me or see me after worship if you'd like any further clarification.

Chris Nelle, Chair







# **Prayer Requests**

### Please include in your prayers

## Those mourning the loss of a friend or family member

- Please pray for the family of Randy Pierce as they mourn his passing. March 20, 2017.
   His memorial will take place on April 29th at 11:30 am.
- Please pray for the family of Ba Hoff who passed away on March 14, 2017.
- Please pray for the family of Pede Shelton as they mourn her passing. March 9, 2017.
- Please pray for the family of Bill St. John whose father passed away March 1, 2017.

### Those facing health issues

John Baker
Judy Bello
Bob Bunting
Helen Burns
Vern Cooper
Jackie Del Carlo
Alice Crouch
Ray Foreaker
Wendy Galde

Lewis Gobble Marilyn Hilen Helen MacKenzie Ted McCarthy Bill Moberly Jason Montsier Lucrecia Muñoz Marie Patchin Albert Reil Virginia Rylett Pamela Sage Joy Steele Rhonda Patton Knoles Bob Simmons Ines Teague Bob Weber Helen Wickle

### Those serving in our military

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center, Ed and Dale Loranger serving in Afghanistan.

#### FOR THE GARDEN OF YOUR DAILY LIVING

#### PLANT THREE ROWS OF PEAS:

- 1. Peace of mind
- 2. Peace of heart
- 3. Peace of soul

#### PLANT FOUR ROWS OF SQUASH:

- 1. Squash gossip
- 2. Squash indifference
- 3. Squash grumbling
- 4. Squash selfishness

#### PLANT FOUR ROWS OF LETTUCE:

- 1. Lettuce be faithful
- 2. Lettuce be kind
- 3. Lettuce be patient
- 4. Lettuce really love one another

#### NO GARDEN IS WITHOUT TURNIPS:

- 1. Turnip for meetings
- 2. Turnip for service
- 3. Turnip to help one another

#### TO CONCLUDE OUR GARDEN YOU MUST HAVE THYME:

- 1. Thyme for God
- 2. Thyme for each other
- 3. Thyme for family
- 4. Thyme for friends

Water freely with patience and cultivate with love.

There is much fruit in your garden because
you reap what you sow.

~ Author Unknown Provided by Jeanne Recknagel

# 2nd Annual Spring Fling HELP

Would you like to help make this "S.F."

more successful than last year? We will need items for

the silent auction—including Baskets!!

Save May 20th to come and enjoy food,

fellowship and fun!!!!

Please call Jeanne Recknagel 887-9870, Deborah Baker or Bill Morgan with your donations, help, etc.

## **MEDICATION SAFETY**

by Deborah Wolff-Baker



Medication errors are one of the leading causes of adverse events and hospitalizations in older adults. Optimizing drug therapies is essential for maximizing function and quality of life.

- Do you have questions about your medications?
- Do you know why you are taking them?
- Are you sure you are taking them to make the most of their beneficial effects and minimize unwanted side effects?
- Do you ever wonder if some of them could be streamlined?
- Could you be taking a potentially inappropriate medication



Deborah will conduct comprehensive medication reviews during the Health Ministry Blood Pressure Screening clinic after worship on the 4<sup>th</sup> Sundays. If you would like a medication review, please bring your current prescription medication bottles, including eye drops, supplements, herbals and other over-the-counter medications in a brown paper bag to the Church library. She will help you understand your medications and provide you with a list of ideas and recommendations based on best practices for older adult prescribing to take to your healthcare provider for discussion.

Reference: www.uptodate.com/contents/drug-prescribing-for-older-adults

## **Buying Gifts on Amazon?**

Remember to go to smile.amazon.com we can get .5% donated from Amazon. *Choose us as your charity!* 

Request for Communion Servers for first Sunday of every month.

We need 8 every communion Sunday. Please contact Felipa Jones via email or cell phone if you are interested.

# Roses Health Ministry

#### SURVIVING GRIEF AND LOSS

### By Felipa Jones

"We shall be changed, in a moment, in the twinkling of an eye." (1 Corinthians 15:51-52)

Grief and loss are part of our human existence, unavoidable yet survivable. When we lose someone we love, or something important in our lives, it generates a whole army of thoughts, feelings, and majorly disrupts life as we know it. We may feel as if our own lives suddenly came to a painful halt, as if suspended in a cloud of unreality, veiled in fog in a dark and foreign land. It feels as if our breath has been taken away and we cannot breathe, and it hurts so much.

Loss like this can make us feel afraid, alone, abandoned, confused, or maybe even angry at ourselves, at others or at God himself. It is difficult to think clearly, yet we do have a choice over how to respond to it. Sometimes loss can remind us of things we have forgotten or put aside, like taking care of ourselves and others around us or feeling blessed for having had our loved ones with us.

So what do we do when confronted with this deep and overwhelming sense of darkness of grief and loss? How do we survive and go on? Grieving takes us to a holy place inside ourselves, where everything is possible with God, where miracles can happen, and our sorrow can be transformed into a deep gratitude and peace. However, we must take some steps ourselves and the rest leave in God's hands.

We are but pilgrims and passengers in our journey, and we all travel at different rates, but we never really lose each other, but remain within forever. We can feel our loved ones presence, just as we can feel God's presence, in everything there is ...the wind in your face, the smell of a flower, the sound of a creek...

### Things that we can do to help ourselves:

- Take care of your health and needs physical, mental, emotional, spiritual. Don't forget to eat, drink, and rest.
- Accept your holy place of grief and sorrow. Embrace it as an opportunity to improve your relationship with God.
- Don't fight your grief; there is no way but to go through it.
- Forgive yourself and others. We are not perfect human beings.
- Be thankful for what you have, for the sacred time you spent with your loved ones, and release it all into God's hands. Honor your grieving.
- Be patient with yourself one small step at a time, one breath at a time...
- Honor your loved ones by doing something in their memory - something creative, positive, like writing, painting, hiking, making a quilt.
- Don't be afraid to have fun and laugh once in a while. Practice smiling at yourself, and giving yourself a hug or 2 every day, and do it to others. Listen to music.
- Spend time helping others in need. You can be a great wounded healer to others. You are not alone in going through loss and grief.
- Pray, pray, pray. Develop a deep, personal relationship with God, and talk about your anger, your sorrow, your guilt...

Share your feelings and thoughts with others. If needed, seek help from our religious leaders and other professionals.

# Parent's Night Out



**Professor** 

Amy-Jill

Levine

May 5, 2017 5:30pm - 7:30pm Sign up to help with Diane Osten

**Interpret the Old Testament's Most Enlightening Passages** 

- 1. The Jacob Saga
- 2. Folklore Analysis
- 3. Moses and Exodus
- 4. The God of Israel

4 Classes Wed. at 7:00 p.m. starting May 10



Widow Support Group meets 11:30-1 pm 4th Thursdays monthly @ Mary's Pizza Shack (private rm) on Summerfield Rd in SR. Practical & Confidential.



EASTER SUNDAY CANTATA

Presbyterian Women in the Presbytery of the Redwoods

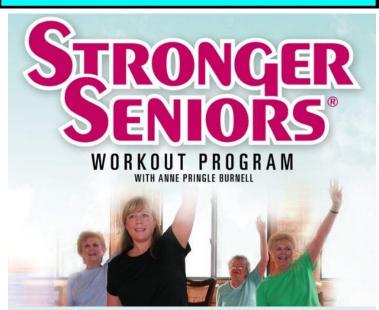




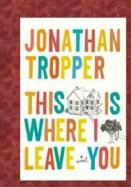


**Spring Gathering at PCOR** 

Saturday May 6, 2017 9:30 am -1:30 pm Reservations \$10.00 Call Janice Holmes 575-7484



Mondays at 10 am. Join the fun!



**Book Club** Thurs. May 18 3:30 p.m.

This is Where I Leave You by Jonathan Tropper

A disconnected family gathers to sit Shiva for Dad. Copies in the Library

"Our thanks to friends in Church of the Roses for keeping Bob and me in your prayers over these past several months.

We greatly appreciate your prayers"

**Bob & Marge Snater** 





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Our Monthly Newsletter is printed professionally, thanks to the support of the folks whose ads can be found on this page every month. Please show your appreciation for their support by patronizing these businesses.

Thank You.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:00 AM Korean Worship 9:00 AM Ukulele 10:00 AM Worship 11:30 AM Mexico Trip Fundraiser	1 MAY Office Closed 7:00 AM MHS Breakfast 10:00 AM Senior Exercise 7:00 PM Boy Scouts	2 7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Coordinating Mtg 12:30 PM Fellowship Meeting 1:30 PM Membership Meeting	3 7:00 AM MHS Breakfast 10:00 AM Staff Mtg. 12:00 PM MHS IB TESTING	4 National Day of Prayer 7:00 AM MHS Breakfast 8:00 AM MHS IB TESTING 12:00 PM Committee on Ministry 6 PM Bells Practice 7:30 PM Choir Practice	5 7:00 AM MHS Breakfast 12:00 PM Hour of Prayer 5:30 PM PARENT'S NIGHT OUT 7:00 PM Korean Youth Group	6 6:30 AM Korean Prayer 9:30 AM PRESBY- TERIAN WOMEN SPRING GATHERING
7 Communion Sunday 8:00 AM Korean Wor- ship 9:00 AM Ukulele 10:00 AM Worship 11:30 AM Young Adult Lunch	8 Office Closed 7:00 AM MHS Breakfast 10:00 AM Senior Exercise 7:00 PM Boy Scouts	9 7:00 AM MHS Breakfast 8:00 AM MHS AP Testing 8:30 AM B & G 10:00 AM PW Sewing 12:30 PM Personnel 1:00 PM MHS IB TEST-ING 4:30 PM Worship Committee 6 PM Deacon's Meeting	10 7:00 AM MHS Breakfast 8:00 AM MHS IB TESTING 10:00 AM Staff Mtg. 7:00 PM Bible Study	11 7:00 AM MHS Break- fast 12:00 PM MHS AP Testing 6:00 PM Bells Prac- tice 7:30 PM Choir Prac- tice	12 7:00 AM MHS Breakfast 12:00 PM Hour of Prayer 7:00 PM Korean Youth Group	13 6:30 AM Korean Prayer
14 Mother's Day 8:00 AM Korean Worship 9:00 AM Learn the Ukulele 10:00 AM Worship - Cassie 6:30 PM Sacred Space Evening Service	15 Office Closed 7:00 AM MHS Breakfast 10:00 AM Senior Exercise 7:00 PM Boy Scouts	16 7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds 10:30 AM PW Bible Study & Luncheon 5:30 PM Finance Meeting 7:00 PM Christian Edu. Meeting 7:30 PM Boy Scouts	17 7:00 AM MHS Breakfast 10:00 AM Staff Mtg. 7:00 PM Bible Study	18 7:00 AM MHS Break- fast 10:00 AM Leadership Cohort 3:30 PM Book Club 5:00 PM Pre-K Cele- bration s-f 6 PM Bells Practice 7:30 PM Choir Prac- tice	Breakfast	20 6:30 AM Korean Prayer 11:30-2:30 SPRING FLING
21 8:00 AM Korean Worship 9:00 AM Ukulele 10:00 AM Worship 2:00 PM CONCERT NEW HORIZONS SWING BAND 4:00 PM Taizé inspired prayer service at Westminster Woods	22 Office Closed 7:00 AM MHS Breakfast 10:00 AM Senior Exercise 7:00 PM Boy Scouts 7:00 PM Preschool Board Meeting	23 7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Sewing 12:00 PM Church and World 7:00 PM Session Meeting	24 7:00 AM MHS Breakfast 10:00 AM Staff Mtg. 7:00 PM Bible Study	25 7:00 AM MHS Breakfast 11:30 AM Widows Support at Mary's Pizza Summerfield 2:00 PM Favorite Film Series 6PM Bells Practice 7:30 PM Choir Practice	26 Special Graduation? 7:00 AM MHS Breakfast 12:00 PM Hour of Prayer 7:00 PM Korean Youth Group	27 6:30 AM Korean Prayer 9:30 AM Handicapa- bles
28 8:00 AM Korean Wor- ship 9:00 AM Ukulele 10:00 AM Worship 11:15 AM Healthy BP Screenings	29 ■ Memorial Day NO breakfast Office Closed 10:00 AM Senior Exercise 7:00 PM Boy Scouts	30 7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds	31 7:00 AM MHS Breakfast 10:00 AM Staff Mtg. 7:00 PM Bible Study	1 7:00 AM MHS Break- fast 12:00 PM Committee on Ministry 6:00 PM Bells Prac- tice 7:30 PM Choir Prac- tice	BREAKFAST	3 6:30 AM Korean Prayer

## **UPCOMING**





# COMING SOON

# VACATION BIBLE SCHOOL JUNE 12-16

Sign up to help! Donate old sheets/material in solids or Donate extra large boxes for columns

**CONTACT: DIANE OSTEN** 



Favorite Film Series Thurs. May 25 2:00 p.m.

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