

ROSE CLIPPINGS

PRESBYTERIAN CHURCH OF THE ROSES

PASTOR'S CORNER

Ashes and stardust

HEALTH

Alzheimer's
Medication Safety

UPCOMING EVENTS

Documentary: Before the Flood 2/1

Parent Night Out 2/10

VOLUNTEER APPRECIATION LUNCH 2/15

Voyagers Planning Mtg. 2/12

Book Club Planning Mtg. 2/16

Ash Wednesday 3/1

Lent Friday Vespers Service 3/3

Flower Arranging Workshop 3/4

Lent Study & Soup Supper 3/8-4/5

Health Faire 3/12

NEW MEMBER CLASS 3/19



OUR THREE KINGS!

Robert Cortez

Jim Taylor

Bill Morgan

ASH WEDNESDAY: Remember You are Stardust

By Pastor Cindy

Pastor's
Corner

March 1st is Ash Wednesday! Ash Wednesday marks the start of a 40-day period which commemorates Jesus going into the desert to fast and pray.

“Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness...”

During this time he was tempted. You can find the references in: Matthew 4:1–11, Mark 1:12–13, and Luke 4:1–13. The 40-day period of repentance also reflects upon the 40 days during which Moses repented and fasted in response to the making of the Golden calf. (Exodus 34:27-28) Modern Jews also follow a 40-day period of repenting in preparation for and during their High Holy Days.

PCUSA

Here is what the PCUSA resource guide for Ash Wednesday tells us: *“Friends in Christ, every year before the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to **renew** our life in the paschal mystery. We begin our journey to Easter with the sign of ashes. This ancient sign speaks of the frailty and uncertainty of human life, and marks the penitence of this community. We begin this holy season by acknowledging our need for repentance, and for the mercy and forgiveness proclaimed in the gospel of Jesus Christ. You are invited to observe a holy Lent by self-examination and penitence, by prayer and fasting, by works of love, and by reading and meditating on the Word of God.”* (Excerpted from: https://www.pcusa.org/site_media/media/uploads/theologyandworship/pdfs/ash-wednesday-service.pdf)

WE ARE CALLED

This is a time when we are called by God to be honest with ourselves and others. In this era where honesty seems rare among our nation’s leaders, this is a personal reminder (through our faith) that God calls us to be honest and humble. We are embarking once again on the season for repentance and a time to focus our faith on a real awareness of the fragility and finiteness of our lives here on earth. And on the

fragility of our Mother earth, too.

When I receive the ashes and hear: **“Remember you are dust, and to dust you shall return,”** I physically feel the dust of the earth on my forehead which reconnects me physically and psychologically to the “ground of all being” and to the fact that I will return someday to the earth from which I came.

I hope to return to the stardust of the earth after making conscious efforts to make the earth healthier for my grandchildren and all those who inherit the earth. It helps me to remember that I am still just a conglomerate of the soil and stardust that God breathed life into for the purpose of reflecting God’s love to all.

LIVING WITH THE STARS

Being made of stardust is something to ponder with wonder at God’s incredible creative powers! There is a new book that explains how we are made of stardust titled: *“Living with the Stars: How the Human Body is Connected to the Life Cycles of the Earth, the Planets, and the Stars.”*

The authors Karel and Iris Shrijver say:

“Everything we are and everything in the universe and on Earth originated from stardust, and it continually floats through us even today. It directly connects us to the universe, rebuilding our bodies over and again over our lifetimes.”

These authors explain something connected to our ponderings on Ash Wednesday: our impermanence and permanence. Our stardust lives on beyond our lives on this earth. And God is with us through it all.

Iris, is a physician specializing in genetics and pathology at Stanford and her husband, Karel, is an astrophysicist at Lockheed Martin. Together, they state: *“We really didn’t realize how impermanent we are, and that our bodies are made of remnants of stars and massive explosions in the galaxies. All the material in our bodies originates with that residual stardust, and it finds its way into plants, and from there into the nutrients that we need for everything*

we do—think, move, grow. And every few years the bulk of our bodies are newly created.”

So the idea of being “made new” through our Lenten repentance and contrition is not just psychological, it is also biological as we are constantly physically evolving. The spiritual and the scientific merge once again when we honestly realize we are stardust. With that realization and wonder we can step back and value each day as a gift, feel how we are connected to one another and to the history of the whole Universe, and appreciate how our relationship with God is the only permanent thing we can truly count on remaining through eternal life “on earth as it is in heaven.”

Please plan to start out Lent by joining us for Ash Wednesday on March 1st at 5:30pm. We hope you will experience a true awareness of your connection to Jesus and each other as you repent and humble yourself before God in awe and wonder.

Our Christian Education committee is purchasing Lenten Devotionals for you to use as in daily prayer. Here is the first prayer for Ash Wednesday, inspired by the Christ child’s mother, Mary:
“Jesus, I may not know what’s coming, but help me to trust that you’ll lead me in the ways you want me to go. Make me your servant.”

Lent: SAVE THE DATE

ASH WEDNESDAY—March 1st at 5:30 PM

FIRST FRIDAY VESPERS 5:30-6:15 pm —Mar. 3 & April 7

LENT WEDNESDAY STUDY & SOUP SUPPER BEGINS-

Feb. 8 (Supper 5:30-6:30pm with Study 6:30-8 pm)

EASTER EGG HUNT—April 8

PALM SUNDAY—April 9

MAUNDY THURSDAY—April 13

GOOD FRIDAY SERVICE—April 14

EASTER CANTATA “Believe” —April 16



Flowers and Fellowship Flower arranging class on Saturday, March 4.

Please reserve your place.
Call Kay Vick 281-386-9945

FREE COMMUNITY CONCERT SERIES

Feb. 26 - **Redwood Chordsmen**

March 19 - **Santa Rosa Children’s Chorus**

April 23 - **Song of Sonoma**

May 21 - **New Horizons Swing Band**

Performances are always Sundays at 2 pm.
Donations are appreciated!

Worship

The Worship Committee is looking at ways of streamlining the Sunday morning worship service. We will be considering how to reduce the announcements at the beginning of worship and combining the call for the offering and the prayer of dedication. We apologize when changes to worship seem troublesome and welcome your responses to these ideas.

The Worship Committee is always looking for additional ushers and greeters, choir members, Communion servers, and help with sound and projection. Talk to us on Sunday or leave a note in the red folder when you sign in.

Friday Vespers will not be held in February, but will resume March 3rd. Lent begins with Ash Wednesday, which falls on March 1st this year. Watch the Sunday bulletin for more information about programs and services during Lent.

Session voted to take Cassie Carroll "Under Care of the Session" as the first official step in her process of becoming an ordained Presbyterian Minister. Chris Rhodes has agreed to assist her as she continues this process as her liaison from our church to Presbytery.

Pastor Cindy is planning a Lenten Study with Cassie Carroll on Wednesday evenings beginning March 8th. The study will focus on creating an environment where participants can explore what's next for Christianity with video guidance by theologians and Biblical scholars. The evenings will include a soup supper. Pastor Cindy also provided copies of a book, *"Finding Our Way,"* about leadership in turbulent times which our session will be studying.

New Christian Education (adult) Chair Tony Burille is planning new CE programs for the year. There are 8-10 adult volunteers for the "Parents Night Out" for parents of Pre-School children on February 10. Vacation Bible School will be held from June 12 to 16. The Youth Council is working with Cassie Carroll to plan a "Service and Learning" trip for people of all ages the week of June 17th.

The One Great Hour of Sharing offering will be taken on Palm Sunday, April 9. Church and World Chair Jonathan Steele reported that over \$3,000 was raised through Alternative Christmas; this is approximately \$1,000 more than in 2015.

Church and World

We are looking for new members!

Are you mission-minded? We meet the 4th Tuesday of the month at noon. Come check us out!

Jonathan Steele, Chair

Buildings & Grounds

Boy Scout troop 135, which is sponsored by the church, will be doing an Eagle Scout project Saturday January 28th. Rickey Baker will be leading this project, which will help landscape the area outside the sanctuary. We're excited to have this help! It will also involve removing three diseased trees and constructing two more raised garden beds, plus spreading mulch. We wish Rickey well on this major scouting accomplishment.

Steve Fenner, Chair

Chris Nelle described some changes in the Budgeting process related to the way Committees will access funds for their programs. He noted that approximately \$16,000 of reserve funds was spent in 2016 and that approximately the same may be needed in 2017. The church staff has successfully reduced costs in many areas, and this is an ongoing priority. PCOR received a financial gift from the Jensen estate.

Session commended the Health Ministry for the "Being Mortal" series which was valuable and very well attended. A Health Fair is planned for March 12th offering "Health for All Ages." "Health Ministries" has received another grant of \$3,000 from the Synod of the Pacific. The Fellowship Committee reported the date of the Spring Fling is May 20th.

Kay Young asked for help in filling the flower calendar. First Friday Vesper Services will begin again in Lent.

Submitted by Alice Crouch, Clerk of Session

Membership

The Membership committee is happy to announce that we have a new member class scheduled for Sunday March 19, immediately following worship service. Please let us know if you are interested.

Sincerely,

Bill Morgan, Cassie Carroll and Pastor Cindy



We are on a trip around the world. So far we have visited the continents of Asia, Africa, South America, Europe, and Australia. We will conclude with

several days on our own continent, North America. We are saving Antarctica for when we look closer at the polar regions. The rain has been keeping us inside. That means we pull out the tumbling mats, tunnel, balance beam and parachutes to work off some of our energy. The pre-K kids have started on the alphabet and have celebrated the 100th day of school.

Susan Jenkins, Director

Essence of the Rose Health Ministry



This month's Essence of the Rose Health Ministry article focuses on **Alzheimer's Dementia**. There are many types of dementias but Alzheimer's is the most common – accounting for 60 – 80 % of all dementia cases.

- The number of Americans living with Alzheimer's disease is growing and is now considered the 6th leading cause of death in the United States.
- In 2016 it was estimated that 5.4 million Americans of all ages have Alzheimer's disease.
- One in nine people age 65 and older has Alzheimer's disease.
- By mid-century, someone in the United States will develop the disease every 33 seconds.
- In 2015 there were 15 million caregivers providing 18.1 billion hours of unpaid caregiving to Alzheimer's patients.

These numbers will escalate rapidly in coming years, as the baby boom generation has begun to reach age 65 and beyond. Barring the development of medical breakthroughs to prevent or cure the disease, the number of people age 65 and older with Alzheimer's disease may nearly triple by 2050. *D. Wolff-Baker*

ALZHEIMER'S DISEASE

Article by Felipa Jones

WHAT IS IT? A progressive, degenerative disorder that attacks brain nerve cells (neurons), causing memory loss, thinking and language skills and behavioral changes. It is the most common cause of

dementia (loss of intellectual function) in people 65 or older. It is not part of normal aging.

THE STAGES

- **Early (mild) stage** - forget words or misplace objects; forget something just read; ask same question over and over; increasingly have trouble making plans or organizing; don't remember names when meet people
- **Middle (moderate) stage** - increased memory loss and confusion; problems recognizing family and friends; repeat stories, favorite wants or motions; decreased ability to perform complex tasks (planning dinner) or handle personal finances; lack of concern for hygiene and appearance; needs help in choosing proper clothing to wear
- **Late (severe) stage** - almost total memory loss; recognize faces but forget names; mistake a person for someone else; delusions are common; strong need for holding something close for tactile stimulation, nurturing, companionship and comfort; fading of basic abilities (eating, walking, sitting); may no longer recognize when thirsty or hungry; needs help with all basic activities of daily living

DIAGNOSIS OF ALZHEIMER'S DISEASE

It is very important to diagnose it at beginning stages because the treatments currently available work best when an early diagnosis is made. You usually need to see a neurologist who will perform a thorough interview, including other family members, about any recent changes in memory, behavior and personality. Questions about your medical history include medications taken, history of stroke, head trauma, depression, alcohol abuse, or other possible neurological disorders.

MEDICAL TESTS FOR ALZHEIMER'S

Mini mental status examination, Neuroimaging (MRI, CAT scan or SPECT), Neuropsychological testing, Other tests

Your health care provider can perform much of the necessary testing or may refer you to a Neurologist for more in depth testing.

RISK FACTORS FOR ALZHEIMER'S DISEASE

- Increasing age
- Family history - Chances are up to 7 times greater that one may develop the disease if someone's first-degree relative (mother, father, sibling) has it
- Genetic predisposition - if have 2 APOe-4 genes
- Stroke
- Diabetes
- Depression
- Head injury
- Hypothyroidism
- Cardiovascular disease



- The best treatment is **early treatment**. Options include:

Spiritual fitness - entails socialization or being with like-minded people; acceptance and forgiveness of yourself and others; patience and allowing yourself to be in the moment; compassion and empathy towards yourself and others; purpose or meaning in life bios self-discovery and building your legacy; sense of spirituality, regardless of origin or religion, makes you happier, and volunteering or service without thought of self-reward is very beneficial, life-affirming act. Modern research suggests that some of the most striking benefits of Spiritual Fitness are reversal of amyloid plaque (which may increase risk of Alzheimer's), improvement in genes (via healthier telomeres), and slowing of Alzheimer's progression. It also contributes to brain health and helps maintain a high level of mental function as you age.

<http://www.redwoodcrc.org/help.php> Redwood Care-giver Resource Center



Support Group!

11:30 am – 1:00 pm

Fourth Thursdays

Adel's Diner, 456 College Ave. SR

Private room. Call or email the office, if interested.

Buying Gifts on Amazon?

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so we can get .5% donated from Amazon.

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Request for Communion Servers for first Sunday of every month.

We need 8 every communion Sunday.
Please contact Felipa Jones via email
or cell phone if you are interested.

ALZHEIMER'S RESOURCES: Caring for a loved one with dementia changes the lives of families and caregivers. It often produces many stressors on those providing long-term care such as financial pressures, legal quandaries, health problems, and turmoil. In Sonoma County there are resources to help families who care for a family member with dementia - two of these include:

1. **Redwood Caregiver Resource Center** is specifically designed to help families and communities master the challenges of caring for adults with brain disorders through programs and services that address the emotional, physical, and financial needs of family caregivers. This organization provides information, classes, support and assistance to families and caregivers of adults with brain impairments due to injury or disease, as well as to the caregivers of the frail elderly.

Address: 1140 Sonoma Avenue, Suite 1B, Santa Rosa, Ca, 95405 **Phone:** 707-542-0282

2. **Local Support Group** for those caring for loved ones with dementia:

Address: First Presbyterian Church, 1550 Pacific Ave, Santa Rosa **Time:** 2nd Thursday, 6-7pm

Contact: Alexis Glidewell, LCSW 707-542-0282 (x104)

References:

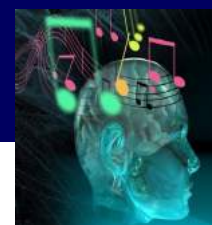
https://www.alz.org/documents_custom/2016-facts-and-figures.pdf

<https://musicandmemory.org>

<http://www.redwoodcrc.org/help.php>

MUSIC & MEMORY

Article by Dr. Robert Yee



Did you know King DAVID played the Ukulele?

"And whenever the tormenting spirit from god troubled Saul, David would play the Harp, then Saul would feel better and the tormenting spirit would go away." I Samuel 16:23.

This passage in the Bible is the first written document of the use of music therapy. Few things can match the therapeutic power of sound, voice, and music to evoke our deepest emotions and spirit. Tormenting spirits may be defined as: fear, fear of others, anger, and worry. Some gifts of a loving Spirit include: love, empathy, sound, voice, and music. These are potent tools for restoring the inner balance of the body and awakening the spirit.

There is science behind how and why sound and vibration affect us on a physiological level and outlines the sound traditions and practices that promote relaxation and body mind healing to help us achieve overall wellness, greater energy, and the realization of our higher spiritual potential.

In the Music Memory Workshop we're recommending the Ukulele because it's small and affordable. For parents with children under 5, we have a program for parents on teaching preschoolers to "TALK, READ, SING" and play the Ukulele.

Music educators will tell you students who participate in music earn 45% higher GPA in all subjects than non-music students. For senior citizens, we know learning an instrument helps prevent or at least delay the onset of dementia / Alzheimer's.

*THE MUSIC &
MEMORY
WORKSHOP MEETS
SUNDAYS AT 9 AM
IN BOWEN HALL*

COOL CAT, GUESS WHAT YOU'RE INVITED TO.

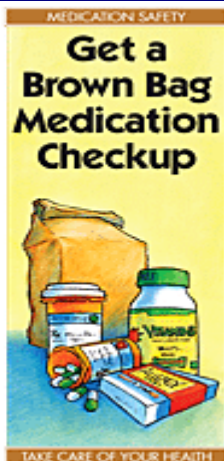
REDWOOD CHORDSMEN

FREE COMMUNITY CONCERT FEATURING LOCAL MUSICIANS!

SUNDAY, FEBRUARY 26TH AT 2 PM

MEDICATION SAFETY

by Deborah Wolff-Baker



Medication errors are one of the leading causes of adverse events and hospitalizations in older adults. Optimizing drug therapies is essential for maximizing function and quality of life.

- Do you have questions about your medications?
- Do you know why you are taking them?
- Are you sure you are taking them to make the most of their beneficial effects and minimize unwanted side effects?
- Do you ever wonder if some of them could be streamlined?
- Could you be taking a potentially inappropriate medication?

Deborah will conduct comprehensive medication reviews during the Health Ministry Blood Pressure Screening clinic after worship on the 4th Sundays. **If you would like a medication review, please bring your current prescription medication bottles, including eye drops, supplements, herbals and other over-the-counter medications in a brown paper bag to the Church library.** She will help you understand your medications and provide you with a list of ideas and recommendations based on best practices for older adult prescribing to take to your healthcare provider for discussion.

Reference: www.uptodate.com/contents/drug-prescribing-for-older-adults



Presbyterian Women
Tuesday Feb 21

Bible Study 10:30 a.m.
Who is Jesus? Lesson 6
Salad Pot Luck Lunch

Learn about Menaul School
It's where we send all those coupons.

Film Series
Thursday
Feb. 23
2:00 p.m.



Meryl Streep as Florence Foster Jenkins
The diva who couldn't sing!
A true story

< Messages

Spouse

Details

February 10, 2017
3:34pm

Babe! Did we get a
sitter for tonight?

Nope... but it's ok.
PCOR has us covered!

Parent's Night Out

February 10, 2017, 5:30PM - 7:30PM

@ Church of the Roses

Send

Look for the return of
FIRST FRIDAY VESPERS SERVICES
March 3 | April 7
5:30 pm-6:15pm



Memorials

Saturday, February 25, 2017 at 11:00 am ~ *Sam, Kevin and Jackie Imbimbo*

Prayer Requests

Please include in your prayers

Those mourning the loss of a friend or family member

- Please pray for the family of Norm Smith, as they mourn the passing of his father, Noel Smith, and his brother-in-law, Russ Gomez.
- Please pray for the family of Pastor Cindy whose aunt, Verda Tobin, passed away.
- Please pray for the family of Connie Norris who passed away January 2, 2017.
- Please pray for the family of Dottie Blades who passed away Dec. 17th.
- Please pray for the family of Sam Imbimbo who passed away on Dec. 9th.
- Please pray for the family of Barbara Semmelmeier who passed away recently.
- Please pray for the family of Betty Smith who passed away recently.
- Please pray for the family of Barbara Saunders, who passed away Nov. 19th.

Those facing health issues

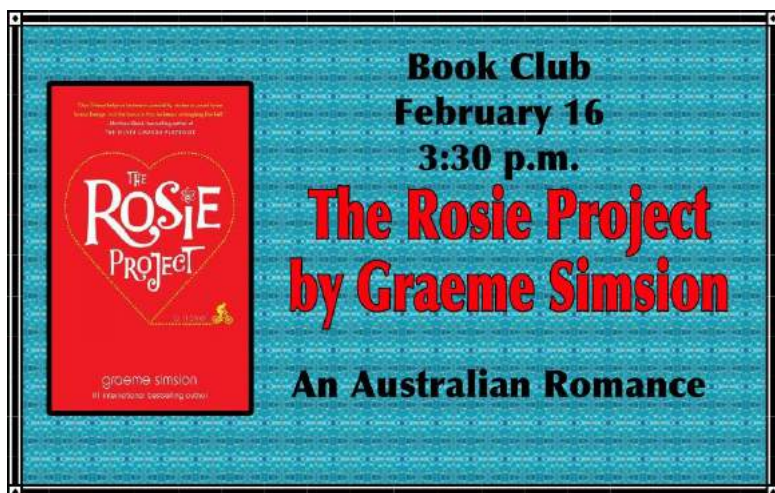
John Baker
Judy Bello
Dan Boland
Bob Bunting
Helen Burns
Jim Chestnut
Vern Cooper
Jackie Del Carlo
Ray Foreaker
Wendy Galde

Sheryl Gobble
Marilyn Hilén
Kent Hilén
Vicki Lewis
Helen MacKenzie
Ted McCarthey
Bill Moberly
Marie Patchin
Randy Pierce
Albert Reil

Virginia Rylett
Pamela Sage
Vera Patten
Rhonda Patton Knoles
Bob Simmons
Ed St. John
Ines Teague
Bob Weber
Helen Wikle

Those serving in our military

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver,
Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center,
Ed and Dale Loranger serving in Afghanistan.



BOOK GROUP PLANNING MEETING

FEBRUARY 16TH

TIME: 3:30 pm

PLACE: Jeanne Nussmeier's, 225 Webb Dr.

AGENDA: Discussion of Rosie's Place/ Schedule books for 2017 (Come with the names of 4-5 books you would like to read.)


Dinner at 5:00 pm so Choir folks can join us for Portugese Stew and a Friendship Salad.

Please bring one ingredient for a salad bar.

PAINTER - ARTIST
 Marjorie Murray-Cortez
707-527-7250
 mmurraycortez@att.net
 mmurraycortezfineart.com



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Thank You.

Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
29 8:00 AM Korean Worship 9 AM Ukulele 10 AM Worship 11:30 AM Annual Congregational Meeting & Luncheon	30 Office Closed 7 AM MHS Breakfast 10 AM Senior Exercise 7:00 PM Boy Scouts	31 7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds	FEBRUARY 1 7:00 AM MHS Breakfast 10:00 AM Staff 7:00 PM Before the Flood Documentary by Leonardo DiCaprio	2 7:00 AM MHS Breakfast 12 PM Committee on Ministry 6 PM Bells Pract. 7:30 PM Choir Practice	3 7:00 AM MHS Breakfast 9:00 AM PEO 12:00 PM Hour of Prayer 7:00 PM Korean Youth Group	4 6:30 AM Korean Prayer 3:00 PM Bird Rescue Dinner
5 8:00 AM Korean Worship 9:00 AM Learn the Ukulele 10:00 AM Worship	6 Office Closed 7:00 AM MHS Breakfast 10 AM Senior Exercise 7:00 PM Boy Scouts	7AM MHS Breakfast 8:30 AM B & G 10:00 AM PW Coordinating Mtg 12:30 PM Fellowship Mtg 1:30 PM Membership	8 7:00 AM MHS Breakfast 10:00 AM Staff Mtg.	9 7:00 AM MHS Breakfast 6 PM Bells Pract. 7:30 PM Choir Practice	10 DATE NIGHT (daycare) 7:00 AM MHS Breakfast 12:00 PM Hour of Prayer 7PM Korean Youth	11 6:30 AM Korean Prayer 2:00 PM Knox Dance Setup
12 8:00 AM Korean Worship 9:00 AM Learn the Ukulele 10:00 AM Worship 11:30 AM Voyagers Planning Mtg	13 NO Breakfast Office Closed 10:00 AM Senior Exercise 7:00 PM Boy Scouts	14 Valentine's Day 7:00 AM MHS Breakfast 8:30 AM B & G 10:00 AM PW Sewing 4:45 PM Worship Committee 7 PM Deacons Mtg	15 7:00 AM MHS Breakfast 10:00 AM Staff Mtg. 12:30 PM VOLUNTEER APPRECIATION LUNCHEON	16 7:00 AM MHS Breakfast 10 AM Leadership Cohort 3:30 PM Book Cl. 6 PM Bells Pract. 7:30 PM Choir Practice	17 7:00 AM MHS Breakfast 12:00 PM Hour of Prayer 7:00 PM Korean Youth Group NEWSLETTER SUBMISSIONS	18 6:30 AM Korean Prayer 9:30 AM Handicapped 3:00 PM Cub Scouts Blue and Gold Dinner
19 Boy Scouts #32 Annual Pancake Breakfast 8:00 AM Korean Worship 9:00 AM Learn the Ukulele 10 AM Worship – Cassie preaching	20 NO breakfast Office Closed Presidents' Day 10:00 AM Senior Exercise 7:00 PM Boy Scouts	21 7 AM MHS Breakfast 8:30 AM B & G 10:30 AM PW Bible Study & Luncheon 12:30 PM Personnel 5:30 PM Finance 7:00 PM Christian Edu. Meeting 7:30 PM Boy Scouts	22 7:00 AM MHS Breakfast 10:00 AM Staff Mtg.	23 7:00 AM MHS Breakfast 11:30 AM Widows Support Group at Adel's Diner 2 PM Film Series 6 PM Bells Pract. 7:30 PM Choir Practice	24 7:00 AM MHS Breakfast 12:00 PM Hour of Prayer 7:00 PM Korean Youth Group	25 6:30 AM Korean Prayer 11:00 AM Memorials for Imbimbo Family 3:30 PM N.A.
26 Transfiguration Sunday 8:00 AM Korean Worship 9:00 AM Learn the Ukulele 10:00 AM Worship 11:15 AM Healthy BP Screenings	27 Office Closed 7:00 AM MHS Breakfast 10 AM Senior Exercise 7 PM Boy Scouts 7 PM Preschool Board Meeting	28 7:00 AM MHS Breakfast 8:30 AM B & G 10:00 AM PW Sewing 12:00 PM Church and World 7:00 PM Session Meeting	MARCH 1 Ash Wednesday 7:00 AM MHS Breakfast 10:00 AM Staff Mtg.	MARCH 2 7:00 AM MHS Breakfast 12:00 PM Committee on Ministry 6:00 PM Bells Practice 7:30 PM Choir Practice	MARCH 3 World Day of Prayer 7 AM MHS Break. 12 PM Hr. Prayer 5:30 PM Jazz Vespers 7:00 PM Korean Youth Group	4 6:00 AM Cub Scouts Pancake Breakfast 6:30 AM Korean Prayer

MORE THAN 30 MILLION PEOPLE
WORLDWIDE HAVE JOINED THE MOVEMENT

From Academy Award Winners **Leonardo DiCaprio** and
Fisher Stevens with National Geographic

BEFORE THE FLOOD



FREE Feb.1st, Wed. 7 pm



Sunday Forum
February 26 11:30 a.m

Viewing Vietnam **With Don and Mickey Marshall**



*Roses Signature
Concert Series*

Sunday
February 26
2:00 p.m



Santa Rosa Redwood Chordsmen

Sonoma County's Premier Men's Chorus

Daniel Halle, Director

Admission is free but donations are welcomed.

A WARM NOTE TO SAY

THANK YOU VOLUNTEERS

To ALL that have volunteered in ANY capacity,
We want to thank you with an Appreciation
Luncheon on Wednesday February 15 at 12:30pm.

Our church community would not function
without your time and talents. Thank you for the
amazing ways you give of yourselves to PCOR.

- LOVE, PCOR STAFF

SUBMIT ARTICLES FOR EACH ISSUE OF *ROSE CLIPPINGS* TO

EMAIL:RUTH@CHURCHOFThEROSes.ORG OR LEAVE A COPY IN THE BOX IN THE CHURCH OFFICE.

To all that have volunteered in ANY capacity this year.
We want to thank you with an Appreciation Luncheon on Wednes-
day, February 15 at 12:30 pm. Our church community would not
function without your time and talents. Thank you for the amazing
ways you serve! Please RSVP to the office by Feb. 5th

Distributed to all members and friends
of the
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Presbyterian Church of the Roses



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