

APRIL

Rose Clippings

Holy Week

Holy Week tells His story

Join us

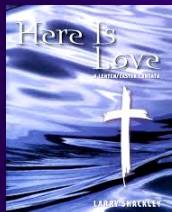
PALM SUNDAY 10 am

MAUNDY THURSDAY

Handwashing 5:15 pm Bowen Hall

GOOD FRIDAY 5:30 pm

EASTER CANTATA



"Here to Love"

By Larry Shackley

Sunday, April 21 @ 10 am

Upcoming Events

April 1 — Adult Day Respite Program begins

April 1— Qi Gong Mondays @ 11 am with Felipa

April 4 — Exploring the God Idea 10:15 am

April 4 — Tai Chi Thursdays @ 11 am with Roger

April 6 – Memorial for Bob and Marge Snater 2pm

April 6 — Sacred Space 6-7pm

April 11— NO MHS BREAKFAST

April 13— BOOMERS @ 3 Disciples Tap Room

April 14— PALM SUNDAY

April 18— MAUNDY THURSDAY 5:15 PM

April 19— GOOD FRIDAY 5:30 PM

April 21— EASTER CANTATA 10 AM

April 28— Rev. Dr. Janie Spahr

April 29— VOYAGERS @ REFB 5PM

VOYAGERS
helping @ The Food Bank
Mon., April 29th 5-7 pm



Join us at Kaffe Mocha for Dinner

PRESBYTERIAN CHURCH OF THE ROSES

Reaching Out with Nurturing Love to All

OFFICE HOURS: Mon. Tues. Wed. 9-3 pm, Thurs. 10-2 pm



Rose Clippings Newsletter Vol. 57 No.3

707) 542-4272

office@churchoftheroses.org

Easter is a Time for Renewal, Celebration and Awe!

By Pastor Cindy

I love this quote from Dr. Francis Collins, Director of the National Institutes of Health who identified himself as an atheist until age 27.

"I have found there is a wonderful harmony in the complementary truths of science and faith. The God of the Bible is also the God of the genome. God can be found in the cathedral or in the laboratory. By investigating God's majestic and awesome creation, science can actually be a means of worship."

Dr. Collins believes creation is "awesome." I love the way science complements theology. Take the yearly determination of the date of Easter, for example: it is chosen based on the phases of the moon. The history is: "in 325CE the Council of Nicaea established that Easter would be held on the first Sunday after the first Full Moon occurring on or after the Spring equinox. From that point forward, the Easter date depended on occurrence of the vernal (Spring) equinox. (An equal amount of day & night).

There are many parts of the Easter story that engenders "awe" in my soul:

- The way Jesus role-modeled love and forgiveness from the cross when he said: "Forgive them for they know not what they do!"
- The way Jesus allowed women to be the first preachers of the Good News that Christ had risen. He has risen indeed!
- The way Jesus nurtured his disciples after his resurrection by showing his patience with "doubting Thomas" and fed them a fish breakfast.

Francis Collins also said, "Faith is reason plus revelation, and the revelation part requires one to think with the spirit as well as with the mind. You have to hear the music, not just read the notes on the page. Ultimately, a leap of faith is required."



My wish for you this Easter is that you think "with the spirit" and join us at the Church of the Roses on Easter to be inspired by the amazing music sung by our choir at the Easter Cantata. I also wish that you will find reasons to be in "awe" of God this Easter season. Look around and find the revelations of God in nature, and in one another. Share the Good News of Christ's unending love with your friends and neighbors. Bring them with you to church so we can nurture them as Jesus nurtured his disciples. For he is Risen! He is Risen Indeed!

References: CNN blog by Francis Collins: <http://www.cnn.com/2007/US/04/03/collins.commentary/index.html> The definition of equinox: <https://www.timeanddate.com/calendar/spring-equinox.html>

Sacred Worth (John 12:3)

Your touch threatens
the way, they say.
When you approach the holy.
"Limits!"
"God lives in these limits!"
But you dance beyond the boundaries
to the center of your self.
You live your life like a vessel filling up
and spilling over.

"Waste!" They cry,
"Shameful gift!"
The broken jar belies the grace within.

And we laugh sometimes at the beauty that emerges
And we weep sometimes
for the jagged edges
for those who do
what they have the power to do
and are mocked
by the powers that be
For those who miss
the meaning of the act:
that this is essence
that this is all she could do.

(Inspired by a poem by Jan Richardson in *Loving Beyond the Boundaries* p. 179.)



Extravagant Gifts!

Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. — John 12:3

The same Mary who sat listening to Jesus as her sister was busy with housework now brings an expensive ointment to anoint Jesus' feet. So deep is her gratitude and love for Him. What extravagant gift can we offer to our gracious Lord?

"Jesus replied, 'I tell you the truth, whatever you did for one of the least of these..., you did for me.' (Matthew 25:40)

What you to offer? Time? Talent? Labor? Compassion? Friendship? Wealth?

Who are the "least of these" that Jesus mentioned in your world?

A neighbor who needs help? A sick friend? A lonely person? Someone in your family? A non-profit that does good work? A homeless person or family? A mission worker far away? Someone who needs clothing or food?

You will be enriched in every way for your great generosity, which will produce thanksgiving to God.
2 Corinthians 9:11

Submitted by Nita Pinney

HERE IS LOVE

The Church of the Roses Chancel Choir is pleased to present the Easter Cantata "Here is Love" by noted composer Larry Shackley during Worship services on Easter Sunday. This exciting composition blends familiar hymns with new works to create a compelling musical retelling of the Passion and Resurrection of Jesus Christ. **We hope you can join us as we celebrate our story of salvation in joyful song!**

Myles Ellis, Music Director

PRESBYTERIAN CHURCH OF THE ROSES

SACRED SPACE

EXPERIENCING THE SPIRIT IN A NEW WAY

FIRST SATURDAY OF THE MONTH
6-7 PM

Join us for an intimate, meditative service with guitar music and an opportunity to reflect in community. The first Saturdays of the month at 6 pm.

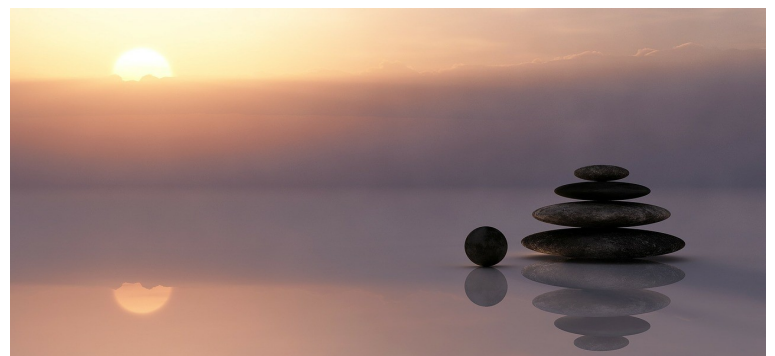
How Do You Celebrate That Which You Love?

Mary, Sister of Lazarus, purchased expensive perfume and used it to wash the feet of Jesus. It was her way of celebrating her love for him. And how do you celebrate that which you love?

On April 6, Pastor Cindy will led Sacred Service Worshippers in an exploration of the ways in which love leads us to service.

Activities include meditation, body prayer, round table discussion and a giving table. Live contemporary music will be provided by Steve Yeager, Norm Smith and Nathaniel Scoble. This event is open to everyone. **All seekers of spiritual understanding and healing are welcome!**

Submitted by Guy Cottle



FINANCE

We're off and running in 2019! After the first two months we are operating at about the same as prior year. The results to date are adequate to service both the interest and principle of our mortgage.....so we are moderately cash flow positive, yeah!!

Upon a deeper analysis though, our gross revenues which comes from your kind donations to the church, are declining. Not necessarily because you are giving less but more because of fewer members. So anything you can do to encourage friends and/or family to join our Church would be greatly appreciated.

And finally, please remember to add your "per capita" envelope plus check to the next collection basket. The "per capita" which is \$31 per member is the "tax" we owe PCUSA. To the extent we don't receive your per capita, we need to dip into general operating funds to pay our "tax". Please help in this regard.

And, as always do not hesitate to ask me anything about our church's finances.

Thank you.
Chris Nelle, Chair of Finance

COMING in APRIL! Adult Social Program

We are excited to announce that the Council on Aging will be opening a new Adult Social Program at Church of the Roses.

The program will be open to the public and offered Mondays and Wednesdays from 9:30 am to 2:00 pm.

The program, which is currently being offered in 4 other locations throughout Sonoma County, is designed to support persons living with memory loss and their caregivers.

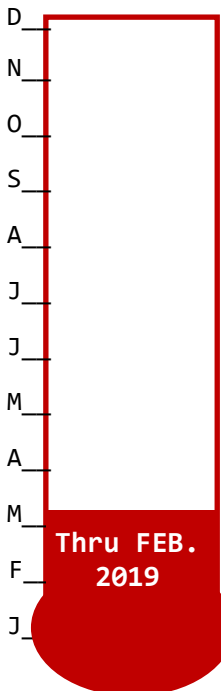
The program's participants enjoy social, cognitive and physical activities along with a nutritious lunch.

For additional information call Jamie Escoubas at 525-0143 x103.

GOAL

247,000

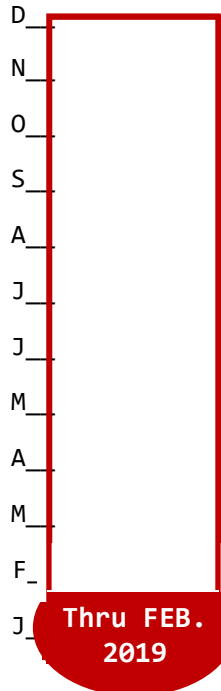
PLEDGED
GOAL



GOAL

45,000

UNPLEDGED
GOAL



ROSEBUD PRESCHOOL

We have been looking at weather in-depth for a month. We have crayon melt rain drops hanging from puff paint clouds that are attached to our ceiling. We are singing about the wind and rain. When we get to go outside, we have been playing in the puddles and transferring water from one container to another.

Our Easter Egg Hunt and Activities are scheduled for Saturday, April 20. The activities and brunch begin at 10 am in Bowen Hall and the hunt will be at 11 am. The younger kids hunt in the preschool yard and the older kids on the front lawn. In case of rain, we will hunt in the hallways, Sunday School rooms and school. All are welcome.

Susan Jenkins, Director

Welcome to
amazon smile

You shop. Amazon gives.




SAVE THE DATE!

VBS will be here before you know it!

We will have crafts, snacks, games, drama, and music!

If you're interested in volunteering for any of it, please contact Diane Osten!



Book Club
April 18
3:30 p.m.

The Handmaid's Tale
By Margaret Atwood

Copies in the Library

FOR THE DEVELOPMENTALLY DISABLED

SPIRITUAL CARE SERVICES



SUNDAYS 3-4 pm

Rose Room, Church of the Roses, 2500 Patio Ct. SR

Remember to sign up
for **EASTER MEMORIAL FLOWERS!**
Inserts will be in the next 3 bulletins!

PRAYER REQUESTS

Those mourning the loss of a friend or family member

*There will be a niche-side service for Marie Patchin on Friday, April 5th at 11am. 1900 Franklin Ave.

*The family of Bob and Marge Snater as they mourn his passing on March 21st and her passing on March 10th. **Their memorial will be on Sat., April 6th at 2 pm.**

*The family of Evelyn Radunich as they mourn her passing on March 5th.

*The family of Norm Thornton as they mourn his passing on February 28th. **His memorial will be Sunday, May 5th at 1 pm.**

*The family of Cara Kallen as they mourn her passing on February 6, 2019.

*The family of Larry Kocher who passed away recently.

Those with health issues

John Baker
Jim Bauer
Bill Beaumont
Judy Bello
Barbara Blinn
Carol Browne
Bob Bunting
Patrick Butler
Gwen Christiansen
Wes Cox
Alice Crouch
Kyle Donaldson
Margie Donaldson
Dick Draper
Helen Dunn
Barbara Flannery
Ray Foreaker
Nancy Lee
Marilyn Hilan
Tyler Holmes

Jason Montsier
Jessica Morse
Jeanette Nichols
Carolyn Kenworthy
Polly Post
Mickey Marshall
Bill Rathjen
Debbie Seat
Bob Simmons
Jim Taylor Sr.
Dr. Gershom Thompson
Norm Thornton
Sylvia Turner
Bob Weber
Helen Wikle
Evelyn Radunich
Betty Witchey-Ryer
Jill White
Avery Yudice

Those serving in our military

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center, Chris Loranger serving in Afghanistan.

WORSHIP

We are on a journey. For us it began on Ash Wednesday, March 6th, a Christian day of prayer and recognition of the beginning of Lent, the six weeks of penitence before Easter.

Jesus' journey began long before that, but our journey to Easter began in prayer and song, recognition of ways in which we have fallen short, and with the blessing of ashes. The journey has continued with communal soup suppers on Wednesday evenings, followed by a study of Handel's *Messiah* and the astonishing connections between the prophecies of the Old Testament and the events around the crucifixion of Christ.

On Palm Sunday, April 14th, we will wave palm branches and remember Jesus' entry into Jerusalem, knowing that what may have appeared as triumphant is too soon transformed into death.

On Maundy Thursday we will commemorate the washing of the feet of Jesus prior to the gathering of Jesus with his disciples for the Last Supper. We will experience a symbolic washing of hands and celebration of the Last Supper.

For Good Friday we will have on the last seven words that Jesus spoke while on the cross. The Good Friday service will take place at 5:30 pm.

On Easter we will celebrate the risen Christ, bringing flowers to decorate the otherwise empty cross on the lawn, and celebrating this Easter journey retold through the choir's cantata. Flowers ordered for the sanctuary on Easter can be shared with loved ones and shut-ins unable to celebrate Easter with us in Church. *We invite you to join us! Your participation in this journey has enriched us all.*

EXPLORING THE GOD IDEA

FIRST Thursdays 10:15 am - Rose Room
QUESTIONS: Ray Alden or Pastor Cindy

DISCUSSION GROUP

Exploring the God Idea

Looking for what works

Self-led open discussion of ideas that lead to health and happiness

1st Thursdays at 10:15 am, Rose Room

All welcome.

To receive the agenda in advance,
Speak to Pastor Cindy or Ray Alden



Thursdays in the Rose Rm.

NOON HOUR OF PRAYER & ENCOURAGEMENT

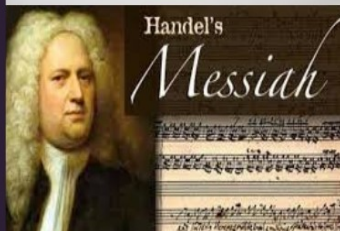
Soup & Sublime Wednesdays

5:30 pm

SOUP SUPPERS

6:30 pm Study:

Handel's *Messiah*



**3RD SUNDAYS MONTHLY
IN LIBRARY**

**BLOOD PRESSURE
SCREENINGS**

A TRIP TO THE SYNOGUE

On Friday, March 15, adventurous souls from PCoR journeyed over a mile to join Congregation Shomrei Torah for their Friday evening Shabbat service. The facility on the hill shone in the late afternoon sun, and was equally lit from within by the warm and open hearts of their members. We were joyously welcomed in and were soon engaged in the music and worship. The service was conducted in Hebrew, but the meditative strains of the music pulled us in to contemplate our love for God and our new brothers and sisters. Rabbi George had his hands full conducting the service, leading his congregation, presenting a young woman preparing for her bat mitzva; but still graciously spent considerable time with our group after the service introducing us to the Jewish faith, describing their form of Judaism, and even opened up the Ark to display their magnificent torahs. He proudly displayed their Memorial Scroll, rescued from the ashes of Jewish communities destroyed during the Holocaust in what is now the Czech Republic.

In the words of our group:

"The experience of the Jewish service was quite moving. The mix of tradition and contemporary was fresh and very inviting for us to participate. I loved the music, piano with singing in both Hebrew and English was uplifting." – L.O.

"The music was simple - all of us singing prayers together, accompanied only by piano. Through the rabbi's message I learned about Purim - and went home inspired to re-read the Book of Esther. By the end of the service I felt renewed, uplifted, refreshed and inspired. I'd love to go again" – E.B.

"I loved the upbeat music and clapping. I was impressed with their reverence for their heritage and the recovery of the torahs after WW II. How remarkable to have a remembrance of those who shared your faith kept alive in such a powerful way." – J.N.

"The Sabbath worship service seemed informal...I think it was a very interesting to visit a synagogue." – C.B.

"It was a comforting service with the music and Rabbi George comforting the congregation over the New Zealand mass killing and at the same time celebrating Sammy's bat mitzvah. We both appreciated how much time Rabbi George spend with our group explaining their religion and how it compared to parts of our religion. Jeff was very impressed with the story behind the ancient scroll and who had perished in the concentrations camps." – B.B.

All the folks from our group were so taken with the experience and hoped to meet again with our new-found Jewish brothers and sisters.

Shalom.

BOOMERS

MILLION DOLLAR QUARTET



Goodness, Gracious, GREAT BALLS OF FIRE!!

Friday night there was a whole lotta shakin' goin' on at the 6th Street Playhouse as Boomers clapped, sang, and shimmied to rockin' and rollin' tunes of Elvis Presley, Johnny Cash, Carl Perkins and Jerry Lee Lewis. All deemed Million Dollar Quartet a grand success! The evening began at Toad in the Hole pub for a cozy pint with shepherds pie, fish 'n chips, and Cornish pasties. A delightful place for a bite and stroll to the Playhouse! Many thanks to Chris Bowen for coordinating the event and Nancy Morgan for her expertise in accommodating us all at the theater.

DANCE~CONCERT~ GATHERING

Join the Boomers
@ 3 Disciples Brewing
501 Mendocino Ave.
Saturday, APRIL 13
7-11 pm



Have a Rockin Good Time & Benefit the Church!

Don't Miss Guest Preacher, Rev. Dr Janie Spahr on April 27th!



"Rev. Dr. Jane Adams Spahr is a Presbyterian minister who advocates and educates for an inclusive church, pursuing justice and seeking answers to challenges for the lesbian/gay/bisexual/transgender Christians in our community. Janie seeks to heal the divide, even after many years of significant challenge based upon

her sexual orientation. She was among the founding members of the Ministry of Light, which then became the Spectrum Center for Lesbian, Gay, Bisexual and Transgender Concerns in Marin County, California. As their Executive Director for more than 10 years, this ministry became the leading LGBTQ center where innovative and inclusive programs such as youth groups, parent groups, PFLAG, support groups, family camps, and an AIDS Ministry could take root and thrive."

From the SFTS website:

GUN VIOLENCE PREVENTION COMMUNITY FORUM



Join Congressman Mike Thompson for a Public Forum on April 25th 7-8:30 pm at Congregation Shomrei Torah

New
Time



Revised
Format

WRITING GROUP

A Support Group for Writers
You may bring a short piece to share for feedback.

Third Sunday of the month at 11:30 in the Sunday School Room



One Great Hour of Sharing
Palm Sunday April 14

Presbyterians Unite!

Disaster Relief
Hunger Programs
Self Development of People

On Palm Sunday 2019 Presbyterians across the country will be celebrating the 70th Anniversary of **One Great Hour of Sharing**, the churchwide offering that began in 1949 to support relief efforts in the aftermath of World War II. Through the years the focus of the offering has widened, providing help in disasters worldwide, providing food for the hungry, and helping people in need by giving support for projects they have envisioned for themselves.

When church members across the nation contribute what they can The Presbyterian Church USA is enabled to make an amazing difference in this troubled world. Let's do our part at Roses when the OGHHS Offering is collected on Palm Sunday, April 14.

QI GONG

with Felipa Jones

Mondays
@ 11 am



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OFF AT CHURCH FOR OUR VOLUNTEERS.

Thank you!

Living with Chronic Pain

By Felipa Jones

As we well know, part of normal aging involves loss, aches and pains. However, living with chronic pain can be exhausting and debilitating for ourselves and our loved ones. The American Chronic Pain Association (ACPA) defines chronic pain as pain that is ongoing or recurrent - not necessarily constant - that lasts beyond 6 months, and adversely affects a person's wellbeing. Although pain is definitely real, it is also a very personal and subjective experience for those experiencing it.

THE SIDE EFFECTS

Chronic pain has significant effects on our lives. It can interfere with every aspect of life (physical, emotional, mental and spiritual), and can lead to depression, isolation, and problems with relationship, sleeping, eating, and mobility. In turn, these can worsen pain and its sequelae by leading to diminished flexibility, strength, and stamina, and even disability.

Chronic pain affects 1 of 5 Americans, which is about 100 million adults, more people than cardiovascular disease, cancer and diabetes combined. Over 75 million people are partially or totally disabled by pain. Pain is the # 1 reason for seeking medical care. Estimated annual cost of chronic pain in the US (healthcare expenses, lost income, lost productivity) is about \$100 billion.

TREATMENTS

Chronic pain is complex in many ways - location, cause, characteristics, which contributes to the difficulty of diagnoses and proper treatment. The goal of treatment is to reduce pain, improve functioning and personal coping skills so that people can live productive and satisfied lives. Pain medication (oral or local) is just one of available treatment options, yet it is not as helpful in many cases and can further cause more health issues. Some of the treatment options include medication, chiropractors, acupuncture, electrical stimulation, nerve blocks, biofeedback, behavior modification, meditation, Tai Chi or Qigong, massage.

It is not advisable to start taking aspirin or any NSAID medications (Advil, Motrin, etc.) prior to discussing it with your health care provider, as they can have significant side-effects, like GI bleeding,

PRAYER FOR HEALING

God, today we lift up those who are fighting disease, whether in mind or body. When they want to give up, give them fresh strength and courage. Comfort them in times of pain, give them peace in times of fear and bless them with your healing touch. In Jesus' name, Amen!

kidney problems, etc. Other recommendations and coping skills include:

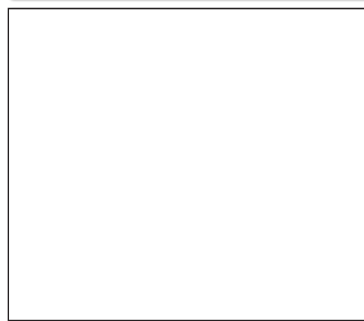
- In general, take good care of yourself - Eat well, drink plenty of fluids, exercise regularly, sleep well, reduce stress or learn coping skills to deal with stress.
- Learn ways to relax - relaxation skills, meditation, yoga, Qigong, Tai Chi. There are simple relaxation techniques such as taking cleansing breaths, doing a body scan, taken a relaxing sigh, breathing away any tension, visualization, praying.
- Prioritize your activities, and plan ahead. Break activities down into smaller, easier to perform tasks, and pace yourself.
- Take time to do pleasant activities - being outdoors, listening to music, etc.
- Invest time in improving relationships and communication. Respect your time and that of others; learn when to say "no" and "yes."
- Pay attention to thoughts and feelings. Avoid unhelpful thinking - all-or-nothing, overgeneralizing, personalizing, catastrophizing, emotional reasoning, "should" statements, blaming, jumping to conclusions, mini/maximizing, entitlement fallacy.
- Be kind to yourself. Self-compassion and forgiveness are as good as hugs and smiles!
- The two great spiritual paths to spiritual transformation have always been great love and joy, and great suffering. Use your suffering wisely, and remember, you are not your pain!

Resources: CDC, AMA, ACPA (Amer Chronic Pain Assoc), APA (Amer Pain Society), the AAPM (Amer Academy of Pain Med).

PAINTER - ARTIST
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 mmurraycortezfineart.com

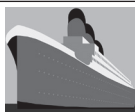


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Thank You.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8 AM Korean Wor- ship 9 AM Learn Ukulele 10 AM Worship 11:15 AM Plan Sa- cred Space 3 PM Spiritual Care for Disabled 6 PM CoDA	1—APRIL 7 AM MHS Brk- fst 9:30 AM Adult Day Respite Pro. 11 AM Qi Gong 7 PM Boy Scouts Troop #135	2 7 AM MHS Brkfst 8:30 AM B&G 10 AM PW Co Mtg 11:30 AM Health Ministry 12:30 PM Fellow- ship Com. 1:30 PM Member- ship Com. 7 PM Stephen Min.	3 7 AM MHS Brkfst 9:30 AM Adult Day Respite Pro. 10:30 AM Staff 5:30 PM Soup Sup- per Series 6:30 PM Lent Study 7 PM Women's Al- Anon Fam.	4 7 AM MHS Brkfst 11 AM Tai Chi 10:15 AM Exploring the God Idea 12 PM COM 12 PM Hr of Prayer 5 PM Worship Co 6 PM Bells Prac. 7 PM A.A. 7 PM Girl Scouts 7:15 PM Choir Pr	5 Office Closed 7 AM MHS Brk- fst 11AM Service for Marie Patchin at Franklin Cemet. 4:30 PM Troop 135 Leadership 7 PM Gamblers 7 PM Kor Youth	6 6:30 AM Korean Prayer 2pm MEMORIAL Bob & Marge Snater 6 PM SACRED SPACE
7 8 AM Korean Wor- ship 9 AM Learn Ukulele 10 AM Worship 11:15 AM Plan Sa- cred Space 3 PM Spiritual Care for Disabled 6 PM CoDA	8 7 AM MHS Brk- fst 9:30 AM Adult Day Respite Pro. 11 AM Qi Gong 7 PM Boy Scouts Troop #135	9 7 AM MHS Brkfst 8:30 AM B&G 10 AM Leadership Cohort 10 AM PW Quilt Sewing 6 PM Deacons	10 7 AM MHS Brkfst 9:30 AM Adult Day Respite Pro. 10:30 AM Staff 5:30 PM Soup Sup- per Series 6:30 PM Lent Study 7 PM Women's Al- Anon Fam.	11 NO BREAKFAST 11 AM Tai Chi 12 PM Hr of Prayer 6 PM Bells Prac. 7 PM A.A. 7:15 PM Choir Pr	12 Office Closed 7 AM MHS Brk- fst 7 PM Gamble Anon. 7 PM KorYouth	13 6:30 AM Korean Prayer 7 PM BOOMERS at Three Disciples Tap Room
14 8 AM Korean Wor- ship 9 AM Learn Ukulele 10 AM Worship - PALM SUNDAY 3 PM Spiritual Care for Dev. Disabled 6 PM CoDA	15 7 AM MHS Brk- fst 9:30 AM Adult Day Respite Pro. 11 AM Qi Gong 5 PM Finance 6 PM Cub Scouts 7 PM Boy Scouts Troop #135	16 7 AM MHS Brkfst 8:30 AM B&G 10:30 AM PW Bible Study & Luncheon 12:30 PM Person- nel 7 PM Christian Ed. 7:30 PM Boy Scouts Board	17 7 AM MHS Brkfst 9:30 AM Adult Day Respite Pro. 10:30 AM Staff 7 PM Women's Al- Anon Fam.	18 7 AM MHS Brkfst 11 AM Tai Chi 12 PM Hr of Prayer 3:30 PM Book Club 5:15 PM Maundy Thursday in Bowen 6 PM Bells Prac. 7 PM A.A. 7 PM Girl Scouts 7:15 PM Choir Pr	19 Office Closed 7 AM MHS Brk- fst 5:30 PM Good Friday 7 PM Gamble Anon. 7 PM Kor Youth	20 6:30 AM Korean Prayer 9:30 AM Handicapa- bles
21 8 AM Kor Worship 9 AM Learn Ukulele 10 AM EASTER CANTATA 11:15 AM Healthy BP Screening 11:30 AM Writing Group 3 PM Spiritual Care Disabled 6 PM CoDA	22 Earth Day 7 AM MHS Brk- fst 9:30 AM Adult Day Respite Pro. 11 AM Qi Gong 7 PM Boy Scouts 7 PM Pre-k Board	23 7 AM MHS Brkfst 8:30 AM B&G 10 AM PW Sewing 5:30 PM Church and World 7 PM Session	24 7 AM MHS Brkfst 9:30 AM Adult Day Respite Pro. 10:30 AM Staff 7 PM Women's Al- Anon Fam.	25 NEWS DUE 7 AM MHS Brkfst 11 AM Tai Chi 12 PM Hr of Prayer 6 PM Bells Prac. 7 PM A.A. 7:15 PM Choir Pr	26 Office Closed 7 AM MHS Brk- fst 7 PM Gamble Anon. 7 PM Kor Youth	27 6:30 AM Korean Prayer 12 PM Symphonic Chorus facility use
28 8 AM Kor Worship 9 AM Learn Ukulele 10 AM Rev. Dr. Janie Spahr preachin 11:15 AM Plan Sa- cred Space 3 PM Spiritual Care for Disabled 6 PM CoDA	29 7 AM MHS Brk- fst 9:30 AM Adult Day Respite Pro 11 AM Qi Gong 5pm VOYAGERS at REFB 7 PM Boy Scouts	30 7 AM MHS Brkfst 8:30 AM B&G	1—MAY 7 AM MHS Brkfst 9:30 AM Adult Day Respite Pro 10:30 AM Staff 7 PM Women's Al- Anon Fam.	2 7 AM MHS Brkfst 12 PM COM 12 PM Hr of Prayer 5 PM Worship Co. 6 PM Bells Prac. 7 PM A.A. 7 PM Girl Scouts 7:15 PM Choir Prac.	3 Office Closed 7 AM MHS Brk- fst 5 PM Set-up 7 PM Gam- bleAnon. 7 PM Kor Youth	4 6:30 AM Korean Prayer 10 AM Wedding Fa- cility use 6 PM SACRED SPACE

Presbyterian Women
April 16 10:30 a.m.
Bible Study 10:30 a.m.
Lesson 8
Salad Potluck at Noon

Holy Week tells His story
Join us



DURING THE MONTH OF APRIL
TAI CHI
with Roger Wong

Thursdays
@ 11 am
Improve Balance and Reduce Stress

DANCE~CONCERT~ GATHERING

Join the Boomers
 @ 3 Disciples Brewing
 501 Mendocino Ave.
 Saturday, APRIL 13
 7-11 pm



Have a Rockin Good Time & Benefit the Church!

SUBMIT ITEMS FOR THE NEWSLETTER AT THE OFFICE OR EMAIL RUTH@CHURCHOFTHEROSES.ORG.

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