## Newsletter Vol. 56 No.3



March 31	Holy Saturday sacred space 6-7 pm in Bowen Hall					
April 1	EASTER CANTATA 10 am "Upon This Rock" by Pepper Choplin					
April 2-6	NO MHS BREAKFAST OR PRESCHOOL					
April 15	Guest Preacher Rev. Dr. Gail Cafferata					
April 17	PW Bible Study and Luncheon					
April 19	Book Club "The Power of Myth" by Joseph Campbell					
April 21	APRIL IN PARIS Spring Fling 11:30-2:30 pm					
April 22	Spirituality in Writing Class 11:30 am					
April 22	Boomers and Girl Scouts make Blessing Bags 12 noon					
April 25	Voyagers Volunteer at REFB, (Kaffe Mocha & Grill after)					
April 29	Free Community Concert: SR CHILDREN'S CHORAL ACADEMY 2 pm					







PRESBYTERIAN CHURCH OF THE ROSES *Reaching Out with Nurturing Love to All God's People* HOURS: Mon. Tues. Wed. 9-3 pm, Thurs. 10-2 pm

(707) 542-4272 office@churchoftheroses.org

## **FROM THE PASTOR**

## YOUR FAITH AND PREPARATION FOR DEATH

by Pastor Cindy

The grave is empty, Jesus is Risen! We all shouted on Easter morning, "He is Risen, indeed!" This is what Christians testify. However, connecting what we shouted to how we anticipate our own resurrection is often not discussed after Easter is celebrated. How does your belief in Christ's resurrection affect what you believe about your own upcoming death and resurrection?

Death is often not a favorite topic of conversation. Yet, your ability to cope well with the inevitable that each of us must face, is enhanced by talking about death NOW before we must face it. Planning for and discussing your beliefs about death is a healthy thing to do for yourself and for your family and friends. That is why the Health Ministry at the Church of the Roses is inviting you to a Death Café in May. Keep watch for the exact location, date and time. We hope you will join a small group in discussing anything you want to talk about concerning death. See: deathcafe.com for more information.

Here are 8 passages from the bible that shape our Christian understanding of the resurrection and our personal faith as Christ followers:

1. "Let us give thanks to the God and Father of our Lord Jesus Christ! Because of his great mercy he gave us new life by raising Jesus Christ from death. This fills us with a living hope." (1 Peter 1:3)

2. "I know that my Savior lives, and at the end he will stand on this earth. My flesh may be destroyed, yet from this body I will see God." (Job 19:25-26)

3. "But God will rescue me; he will save me from the power of death." (Psalm 49:15)

4. "Jesus said to her, "I am the resurrection and the life. Those who believe in me will live, even though they die; and those who live and believe in me will never die. Do you believe this?" (John 11:25)

5. "The angel spoke to the women. "You must not be afraid," he said. "I know you are looking for Jesus, who was crucified. He is not here; he has been raised, just as he said. Come here and see the place where he was lying." (Matthew 28:5-6)

6. "Then he said to Thomas, "Put your finger here, and look at my hands; then reach out your hand and put it in my side. Stop your doubting, and believe!" Thomas answered him, "My Lord and my God!" Jesus said to him, "Do you believe because you see me? How happy are those who believe without seeing me!" (John 20:27-29)

7. "If you confess that Jesus is Lord and believe that God raised him from death, you will be saved. For it is by our faith that we are put right with God; it is by our confession that we are saved." (Romans 10:9-10)

8. "When I saw him, I fell down at his feet like a dead man. He placed his right hand on me and said, "Don't be afraid! I am the first and the last. I am the living one! I was dead, but now I am alive forever and ever. I have authority over death and the world of the dead." (Revelation 1:17-18)

As you ponder what you believe about the resurrection (and your own resurrection from the dead someday) please receive this blessing from Jan Richardson who has a beautiful, **Painted Prayerbook**, and blog at: http://paintedprayerbook.com.

#### **Easter Blessing**

If you are looking for a blessing, do not linger here. Here is only emptiness, a hollow, a husk, where a blessing used to be. This blessing was not content in its confinement. It could not abide its isolation, the unrelenting silence, the pressing stench of death. So if it is a blessing that you seek, open your own mouth. Fill your lungs with the air that this new morning brings, and then release it with a cry. Hear how the blessing breaks forth in your own voice, how your own lips form every word you never dreamed to say. See how the blessing circles back again wanting you to repeat it, but louder, how it draws you, pulls you, sends you to proclaim its only word: risen risen risen.

Remember the Easter season has just begun! Happy Easter!

## **BUILDINGS & GROUNDS**

B&G is doing preliminary planning on renovating the two Campbell court bathrooms. The plan is to use funds from the capital drive to install door locks and convert both bathrooms to gender neutral single use bathrooms, with new toilets, fixtures, resurfaced tile, instant hot water, and fresh paint. We're excited about this much needed improvement, which will largely be done by the buildings and grounds crew. Much to be done, and more information will follow.

Steve Fenner, Chair

## ROSEBUD PRESCHOOL

We are waiting for our butterfly larvae to arrive and are planning our garden. We are also watching our apple trees as they bud and are keeping watch for flowers. It seems like the school year just started but we are already planning our Pre-K Celebration and End of Year Potluck that will happen in May.

Susan Jenkins, Director

## MUSIC

The Chancel Choir will be presenting "Upon This Rock" by Pepper Choplin on Easter Sunday morning. "This cantata leads us through Peter's experience with Christ: his call, his confession, his denial, his restoration, and his sending out. As we experience the story through Peter's eyes, we are led to ask, "What is our passion? What is our call? Who do we live for?" (excerpt from the composer)

Roses Signature Concert Series invites you to attend a free concert of the SANTA ROSA CHILDREN'S CHORAL ACADEMY on SUNDAY, APRIL 29 AT 2:00 p.m.

It will be an hour of beautiful music! Barbara McElroy, Concert Coordinator Lesley Pillsbury, Roses Concert Committee

## PERSONNEL

The Personnel Committee met on March 6, 2018.

A suggestion was made that requests for work that result in a regular increase of hours for the church administrative staff first be cleared by Pastor Cindy. This is needed to help coordinate the work load and have the task completed in a timely manner.

Cassie Carroll has tendered her resignation as Sacred Space Coordinator effective March 31, 2018. Cassie will remain under care of Presbyterian Church of the Roses as she takes steps to ordination as a Presbyterian Pastor.

Next committee meeting will be April 3, 2018.

Jim Taylor, Chair Personnel Committee

## DEACONS



2018 Deacons assemble for a group photo at their March meeting

Business to date includes approval of 6 charities for bi -monthly contributions from the Deacon Fund, plans in place for Maundy Thursday hand washing and communion on March 29, and a new system for distribution of Easter plants for our homebound members. Invitations will be mailed out in April for our Second Annual **Buddy Day** on May 6. We also are pleased to welcome 4 new Deacons this year to serve our church and our community.

> Your moderator, Nancy Taylor

## FINANCE

Through February our PCOR financial status is stable! We are ahead of budget in virtually all categories and if the next 10 months follow our good start, we will again cover all required cash outflows with normal operating cash inflows and not need to dip into reserves!! What a blessing!

The Finance committee kicked off a "mini capital campaign" to fund long overdue remodeling. The new project will replace the carpet in Campbell Court through to the Sunday school rooms, Rose Room, library and part of the front office. The remodeling also includes new paint and trim in Campbell Court and adjoining hallways along with remodeling the two accessible bathrooms off Campbell Court, e.g. resurfaced tile floors, new bathroom fixtures including comfort height toilets, hot water, removal of partitions, drop ceiling, brighter lighting and fresh paint. Both bathrooms will be designated "uni-sex" bathrooms that will lock from the inside.

After well-researched planning and strategizing about how to obtain the funding for our needs, a



huge jump start came in the form of an insurance claim reimbursement for damages incurred when our church was used as an evacuation center during the wildfires.

A capital contribution from our Korean congregation friends also inspired us to move forward with a plan to replace the very worn parts of our Church of the Roses facility.

We are well aware that a refreshed facility will enhance our appeal to the community (for events and other facility use) while providing a hospitable safer/ cleaner environment for our church family to enjoy. As always, please feel free to ask questions about our church's financial affairs. We do out best to prayerfully practice good stewardship of our church's resources.

\*\*Church Capital campaign envelopes are in the pews and available in the front office. We appreciate any level of contribution you can give to participate in this historic revitalization of our beloved Church of the Roses.

> Chris Nelle, Chair Finance Committee

## CHRISTIAN EDUCATION

Vacation Bible School is just around the corner and we will need a lot of volunteers! Please mark your calendar for the beginning of June. If you're interested in helping out, please contact Diane Osten.

There will not be any Monday or Wednesday study classes in May.

Tony Burille Diane Osten

## MHS BREAKFAST RESUMES Monday, April 8!



# Saturday, April 21st

11:30am — 2:30pm

Presbyterian Church of the Roses 2500 Patio Ct. Santa Rosa, Ca 95405

## SILENT AUCTION & LUNCHEON

**FASHION SHOW** 

WINE & BEER TASTING Local

**ART SHOW & GARDEN MARKET** 

**BIRD'S NEST BOUTIQUE** 

## Timeshare: Sleeps 8 2-NIGHTS IN NORTH LAKE TAHOE

Timeshare: 1 bedroom **1 WEEK AT A VIDANTA DESTINATION** 

Choose from 6 locations in Mexico with variable fees starting from \$875. Sealed bids are accepted in the office until April 18. www.vidanta.com

## TICKETS \$20 donation

Purchase Tickets after service 3/25-4/15, during office hours M, T, W 9-3pm, Thurs 10-2pm, or at the door. PAYMENT FOR AUCTION ITEMS CAN BE MADE WITH CASH, CHECK, OR CREDIT CARD VIA 'PAYPAL HERE'.

APRIL IN PARIS SILENT AUCTION DONATIONS STILL ACCEPTED! DROP YOUR DONATIONS OFF AT THE CHURCH AND FILL OUT A DONOR FORM. DON'T FORGET TO BUY YOUR TICKETS. THANK YOU!









## ESSENCE OF THE ROSE HEALTH MINISTRY

#### THE HISTORY OF HEALTH MINISTRY AND PARISH NURSING

Deborah Wolff-Baker MSN, ACHPN, FNP-BC – Faith Community Nurse

<u>Granger Westberg</u> (1911-1999), has been known as the "father of parish nursing". He was a Lutheran pastor, chaplain, theology professor, teacher of medical students, and pioneer who broke new ground in the areas of theology, clinical pastoral education, and whole person healthcare. In 1979 he started a parish nursing model that has grown as an ecumenical movement to encompass nurses and churches throughout the Country.

His work was based on his belief that healthcare transcends physical care, because true healing involves the whole person (mind, body and spirit) within the context of family and community. At the time Westberg started Parish Nursing it was considered a new movement, but it was based upon very old and deep religious traditions of caring for the poor, the sick, the homeless, infants and the elderly as a religious duty. During the 16<sup>th</sup> Century, more than 100 female religious orders were founded specifically to do nursing. In the United States, the roots of faith and health were also seen in the establishment of hospitals by religious groups to care for immigrants and other vulnerable populations.

#### WHAT IS A PARISH NURSE

Since the term Parish is not appropriate in all faith traditions, over the past few years, the term "Parish Nurse" has been replaced by the title "Faith Community Nurse". The Faith Community Nurse is a Registered Nurse who bases her practice on five assumptions:

- 1. Health and illness are human experiences
- 2. Health is integration of spiritual, physical, psychological, and social human needs to create a sense of harmony with self, others, the environment, and God.
- 3. True health may be experienced even in the presence of disease or injury.
- 4. The presence of illness does not preclude health nor does optimal physical health preclude illness.
- 5. Healing is the process of integrating body, mind, and spirit to create wholeness, health and a sense of well-being, even when cure is not possible.

#### WHAT IS HEALTH MINISTRY

At PCOR we have developed a Health Ministry Team to assess and define congregational needs related to health, wellness, disease prevention and healthy aging. After the issues are defined the team has worked to develop programs, events and offerings to meet these identified needs. Team members include: Christie Page, Felipa Jones, Valerie Marron, Bob Yee, Anne Wong, Pastor Cindy and me. Our newest team member is Kristina Texiera.

#### HEALTH MINISTRY PROGRAMS AT PCOR:

- Blood Pressure Screenings 4<sup>th</sup> Sundays
- Medication Review and education sessions
- Monthly Newsletter articles on health related topics
- *Being Mortal* Series with *Imagine You* and Advance Directive Workshop
- CPR and Automated external defibrillator Trainings
- Purchase and restocking of Church First Aid Kits
- Health Faire and Community Resource bulletin board
- Saturday morning Tai Chi classes
- Monday afternoon Qi Gong classes
- *Music and Memory* presentation and sessions with Bob Yee on Sunday mornings
- Your Health: a Sacred Matter viewing and discussion
- Working on a church-wide Disaster Preparedness plan with Steve Fenner and others

These offerings have been intended to enhance congregational health and well-being through information, education and support for healthy living. As we continue to grow and expand our programs, there will be much more to come in the future to promote health, healing and wholeness for mind, body and spirit!



Don't forget to bring flowers for the Easter Cross!

## **PRAYER REQUESTS**

#### Those mourning the loss of a loved one

- Please pray for the family and friends of Helen Mackenzie as they mourn her passing on March 23, 2018. *Her memorial is pending.*
- Please pray for the family of Joan Payne Huntoon who passed away Feb. 21, 2018. She was a charter member and an organist at Church of the Roses.
- Please pray for the family of Betty Thornton, who passed away on March 13th. *Her memorial is pending.*

#### Those facing health issues

Jerry Alloway John Baker Judy Bello Barbara Blinn **Bob Bunting** Patrick Butler Kathryn Alloway Culver Margorie Alloway Dreger Dick Draper Laurie Fenner **Ray Foreaker** Eric Hoche Ted McCarthy Gene Michel Jason Montsier Jessica Morse Lucrecia Muñoz

Marie Patchin Rhonda Patton Knoles Polly Post Fred Recknagel Bob Simmons Marguerite St. Juste Marisa Taylor Ines Teague Norm Thornton Bob Weber Helen Wikle Betty Witchey-Ryer Jill White Roger White Jamie Yen

#### Those serving in our military

Sgt. David A. Dickens, USAF Jason Morse, Coast Guard Lt. Ian Alloway Culver, Lt. Col. David Trowbridge, M.D. is stationed at the Joint Air Force Base Elmendorf-Richardson in Anchorage, Ak and serves as a Cardiologist with the Alaska Native Medical Center, Chris Loranger serving in Afghanistan.

Buying on Amazon? Remember to start with *smile.amazon.com* so we get .5% donated from eligible Amazon purchases. Choose us as your charity!



#### PREVENT CHILD ABUSE IN SONOMA COUNTY! Pastor Cindy will be a speaker! This event is open to the public.

APRIL 26, 2018

#### FRIEDMAN EVENT CENTER

Training 8:30 -11:30 am Luncheon 12 - 2 pm 4676 Mayette Ave. SR **Keynote Speaker: Azim N. Khamisa**,

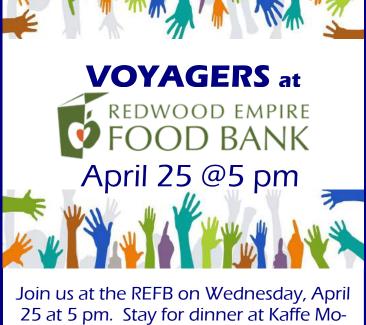
speaker and award winning author of "The Secrets of the Bulletproof Spirit: How to Bounce Back from Life's Hardest Hits"



## Quilters needed! Join us 2nd & 4th Tuesdays



## **OBERAMMERGAU PLAY 2020**



25 at 5 pm. Stay for dinner at Kaffe Mocha in Windsor! Callers will be contacting you. Any questions, call Diane Pierce or Diane Osten.



Eleanor and Bob Flandermeyer at the Voyagers March Madness Potato Fest.

#### BLESSING BAG CHECKLIST

#### FOOD AND DRINKS

- Bottled Water
- Juice Box
- Instant Coffee packets
- Hot cocoa or cider packets
- Beef Jerky
- Dried Fruit
- Tuna/cracker packets
- Raisins

TOILETRIES/PERSONAL ITEMS

- Socks
- Hand wipes
- Toothbrush
- Toothpaste
- Comb
- Brush
- EmergenC Packets
- Band-Aids
- Hand warmers
- Chapstick

GALLON BAGS



## Bestow a Blessing, Receive a Blessing

I know I have been richly blessed to have a roof over my head, a warm coat on my back, and food in my refrigerator. But not all of God's children have been so fortunate. Many are cold, hungry, and at the end of their rope. Here is an opportunity to do something to help others in need.

On April 22, Boomers are collaborating with Linda Lance and her Girl Scout Troop to create Blessing Bags. We will meet in Bowen Hall after coffee hour, about 12 noon, where we will fill 1-gallon Ziploc bags with nonperishable food, toiletries, and water, donated by the congregation and the Girl Scouts. The completed bags will be distributed between the Girl Scouts and the congregation to offer to folks in need.

After filling the bags we will enjoy a sandwich bar luncheon and each other's company! Here's the scoop:

Date & Time: April 22, 12 noon Location: Church of the Roses, Bowen Hall What to Bring: Your favorite sandwich filling, a condiment, and a beverage to drink (sandwich buns will be provided) RSVP by April 20 to Linda Lance, <u>l.lance@sbcglobal.net</u>

#### DONATIONS FOR BLESSING BAGS

Our desire is to create bags to distribute in lieu of cash when encountering those who are homeless. In addition to helping put the bags together, the girls in the troop are contributing items using some of their cookie proceeds. However, their donations won't be sufficient to create a sufficient number of bags. Please see the following list and contribute new, unused items as you are able. Please leave your donated items in the large, labeled box in Bowen Hall. If you would like bags to distribute, please let Linda Lance know how many. Thank you.



On April 15th, our guest preacher will be The Rev. Dr. Gail Cafferata, Priest Associate, at the Church of the Incarnation in Santa Rosa. Gail has been writing an important book on the results of research she completed about the experience for pastors

and parishioners when a church closes. Her book: *Mind the Tiller: Pastoral Leadership for Closing Churches* will be published by Westminster John Knox Press. The Church of the Roses has had the honor of providing a quiet space for Gail to accomplish some of her writing. The book is sure to be an excellent resource to help churches navigate the murky waters of decline that is affecting the majority of churches globally. Don't miss this chance to hear Gail's sermon while Pastor Cindy is visiting her mother.

Pastor Gail is married to Robert, a retired biologist. They have two daughters, and three grandchildren, two in the Boston area, and a year and a half-old grandson in Santa Rosa. Her book title comes from her love of sailing with the Santa Rosa Sailing Club on Spring Lake and San Francisco Bay. She also enjoys hiking and camping with her family.



## Presbyterian Women Tuesday, April 17

Bible Study 10:30 Lesson 8

In Community with the Household of Faith

## Salad Potluck at Noon

Send requests for weekly email announcements to ruth@churchoftheroses.org

## <u>Nita's Top Picks</u> Movies to Watch At Home

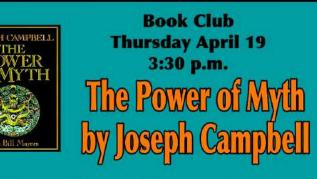


#### **VICTORIA & ABDUL**

Judi Dench fans will enjoy her portrayal of Queen Victoria in her later years. Abdul, young man from India, arrives to present a gift to the queen. He dares to look the queen in the eye and even kiss her feet! The proper Britons are outraged, especially her son

Bertie. But Victoria sees in Abdul a sensitive soul in whom she finds understanding. She makes him a confidant and a member of the household. When she plans to make this peasant a knight....well you can imagine!

Now available on Netflix



**The Stories that Influence Cultures** 

Ladies Who Lunch

Third Fridays of the Month Different locations Call Marilyn Hilen for more information CHURCH OF THE ROSES WOULD LIKE TO THANK THESE BUSINESSES FOR MAKING OUR NEWSLETTER POSSIBLE



Please show your appreciation for their support by patronizing these businesses.

Thank You.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 APRIL Easter Sunday 8:00 AM Korean Worship 9:00 AM Learn Ukulele 10:00 AM Worship - EASTER CANTATA	ment Video Class <b>12:00 PM</b> Qi Gong with Josepha Eveleigh	3 NO BREAKFAST NO PRE-K 8:30 AM Buildings & Grounds 10 AM PW Coord. Mtg. 12:30 PM Fellowship Meeting 12:30 PM Personnel 1:30 PM Membership Meeting 7:00 PM Stephen Ministry	NO PRE-K 10:30 AM Staff Mtg.	5 NO BREAKFAST NO PRE-K 12:00 PM Com- mittee on Ministry 12:00 PM Noon Hour of Prayer (not in Rose Rm) 6:00 PM Bells prac. 7:00 PM A.A. 7:00 PM Girl Scouts 7:30 PM Choir prac.	,	7 6:30 AM Korean Prayer 8:00 AM Sodel- pha USA 4 FIJI 10:30 AM Tai Chi 6:00 PM Sacred Space
8 8:00 AM Korean Worship 9:00 AM Learn Ukulele 10:00 AM Worship 11:15 AM S.S. Team Planning		-	-	12 7:00 AM MHS Breakfast 12:00 PM Noon Hour of Prayer 6:00 PM Bells pract 7:00 PM A.A. 7:30 PM Choir prac.	13 Office Closed 7:00 AM MHS Breakfast 7:00 PM Gam- blers Anonymous 7:00 PM Korean Youth Group	14 6:30 AM Korean Prayer 9:30 AM Handi- capables (moved to this Saturday) 10:30 AM Tai Chi
<b>15</b> 8:00 AM Korean Worship 9:00 AM Learn Ukulele 10:00 AM Worship - Guest Preacher Rev. Dr. Gail Cafferata		7:00 AM MHS Breakfast 8:30 AM Buildings &	18 7:00 AM MHS Breakfast 10:30 AM Staff Mtg.	19 NEWSLETTER items 7:00 AM MHS Breakfast 12:00 PM Noon Hour of Prayer 3:30 PM Book Club 6:00 PM Bells 7:00 PM A.A. 7:00 PM Girl Scouts 7:30 PM Choir prac.	20 Office Closed Set-up for event 7:00 AM MHS Breakfast 11:30 AM Ladies Who Lunch (away 7:00 PM Gam- blers Anonymous 7:00 PM Korean Youth Group	21 6:30 AM Korean Prayer 10:30 AM CAN- CELED Tai Chi 11:30 AM ANNU- AL SPRING FLING - April in Paris
22 Earth Day 8:00 AM Korean Worship 9:00 AM Learn Ukulele 10:00 AM Worship 11:15 AM Healthy BP 11:30 AM Bill St. John: Piano Recital 11:30 AM Spirituality of Writing Class 12:00 PM Boomers and Girl Scouts Make Blessing Bags	fast <b>10:30 AM</b> New Testa- ment Video Class <b>12:00 PM</b> Qi Gong with Josepha Eveleigh	7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Sewing 4:00 PM SRCA Chorus Prac-	7:00 AM MHS Breakfast 10:30 AM Staff Mtg. 5:00 PM Voy- agers at REFB	26 7:00 AM MHS Breakfast 12:00 PM Noon Hour of Prayer 6:00 PM Bells prac- tice 7:00 PM A.A. 7:30 PM Choir prac.	27 Office Closed 7:00 AM MHS Breakfast 7:00 PM Gam- blers Anonymous 7:00 PM Korean Youth Group	28 6:30 AM Korean Prayer 10:00 AM Habitat for Humanity 10:30 AM Tai Chi
29 8:00 AM Korean Worship 9:00 AM Learn Ukulele 10:00 AM Worship 2:00 PM Free Community Concert: SR Children's Choral Academy		1 7:00 AM MHS Breakfast 8:30 AM Buildings & Grounds 10:00 AM PW Coordinating Mtg 12:30 PM Fellowship Meeting 12:30 PM Personnel 1:30 PM Membership Meeting 7:00 PM Stephen Ministry	Staff Mtg.	3 National Day of Prayer 7:00 AM MHS Breakfast 12:00 PM Com- mittee on Ministry 12:00 PM Noon Hour of Prayer (not in Rose Rm) 6:00 PM Bells prac- tice 7:00 PM A.A. 7:00 PM Girl Scouts 7:30 PM Choir prac.	4 Office Closed 7:00 AM MHS Breakfast 7:00 PM Gam- blers Anonymous 7:00 PM Korean Youth Group	5 6:30 AM Korean Prayer 10:30 AM Tai Chi 6:00 PM Sacred Space



RETURN SERVICE REQUESTED

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